



Indian Medical Association Goa

Doc Talk

Monthly Newsletter
Volume 2 Issue 8

August 2025



Care With Compassion: That's Palliation



DR. DATTARAM DESSAI
President
IMA Goa State

Message from the President

Hello Friends,

I am sure you have registered as delegates for GIMACON 2025. Please do if not till now.

CHAVATH is over. May Lord Ganesh bless us with Wisdom and Happiness. This year's conference will be replete with knowledge with fun & enjoyment not far behind.

IMA Goa's MSN wing is hosting National Youth Leadership Summit in Goa Medical College on 20th and 21st September, 2025. This is a proud moment for our MSN team as delegates from all over India will be participating. Our National leaders are supporting them. Let us wish them success.

Hoping to meet you at GIMACON 2025.



DR. VRUSHALI PRABHUDESAI
Editor
IMA Goa State

From the Editor's Desk

Hi,

As we, at IMA Ponda, approach the home stretch there is kind of a nervous excitement about hosting you at GIMACON 2025 later this month. The venue has been chosen with your comfort in mind, the menu with your appetite in mind & the scientific sessions with your hunger for knowledge in mind. We promise not to disappoint you. Requesting you for reciprocation.



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IMA Goa State

IMA Goa State & Goa Medical Council in association with GNLU Centre for Healthcare, Ethics, Legal Advocacy & Policy Research (G-HELP), Gujarat National Law University organized a day long CME on 'Overview of Legal Aspects of Medical Practice' on 03/08/2025 at Dynanada Auditorium, Dilasa Palliative Care Centre Farmagudi. The speakers were Dr. Dhanya S, Assistant Professor of Law & Head, GNLU Centre for Healthcare, Ethics, Legal Advocacy & Policy Research (G-HELP), Gujarat National Law University & Dr. Shailesh Kamat, MD, DGO, DNB, PGDMLPE, Consultant Obstetrician & Gynaecologist, Medicolegal Consultant & Chairman, Ethics & Disciplinary Committee, Goa Medical Council. It was attended by 146 members.





IMA Bardez

A Talk on Menstrual Hygiene was given 07/08/2025 from 12 pm to 1 pm at Govt. High School, Dadachiwadi Dhargal. Dr. Sunaina & Dr Shama from IMA Bardez were the resource persons.



IMA Bardez along with Asilo Hospital conducted a CME on 07/08/2025 at 2:30 pm on 'Diarrhoea and Dehydration'. Dr Sweccha Kamat was the speaker. 50 doctors attended. They were richer by 1 credit point.



IMA Bardez in association with Lokmanya Cooperative Bank organized a COLS (compression only life support) workshop on 08/08/2025. It was attended by 25 employees.



Dr Sabayaschi Mukhopadaya, Consultant Interventional Cardiologist, Manipal Hospital Dona Paula gave a talk on 'Innovations in Cardiology' on 09/08/2025 at Hotel Copper Leaf, Porvorim. It was followed by an interesting case presentation on Henoch Schölein Purpura in adults by Dr. Jessica Pereira. 58 members attended. Credit point awarded 1



IMA Bardez in association with Shree Kutch Kadav Patidar Samaj Mapusa & RG Hospital Porvorim organised a multi speciality camp at Hotel Fern Kadamba, Porvorim on 10/08/2025. Dr. Cara Saldhana (OBGYN) and Dr. Bhavesh Shah (Surgeon) participated. 89 people benefitted.





IMA Bardez

A CME on 'Parenting in times of internet' was conducted by IMA Bardez along with Asilo Hospital on 11/08/2025. The talk was given by Dr Anuradha Ghanekar. It was attended by 50 doctors & had an accreditation of 1 credit point.



As part of the session on 'Safe Campus, Strong Community' organized by the Internal Committee at Agnel Institute of Technology and Design, Assagao Goa in association with IMA Bardez, Dr. Sunaina Thakur delivered a talk on 'Menstrual Hygiene and Reproductive Health' on 19/08/2025. The session was attended by 135 girl students of the institute.



IMA Bardez assisted the Goa Samagra Shiksha & Indian Red Cross Society in organising a medical camp at DMC to identify children with special needs from schools across Bardez and Pernem Blocks. The camp was conducted on 19/08/2025. 70 students were identified who needed further tertiary care.



A training session on 'Basic Life Support' was conducted on 21/08/2025 in Asilo Hospital. The training was conducted by Dr. Gauresh Palav & attended by 40 doctors. 1 CME accreditation point was awarded by Goa Medical Council.



IMA Bicholim

IMA Bicholim in association with Goa Police, TSI & Vianaar held training sessions for the police personnel on point of care testing devices under the 'Swasth Police Sashakth Police' initiative.





IMA CQS

Dr. Deepak Lotlikar conducted his routine weekly check up of inmates of the Home for the Destitute run by the Missionaries of Charity at Igramoll, Quepem.



On 06/08/2025, Dr. Shankar Nadkarni under the aegis of community services of IMA CQS in association with Women Empowerment Cell of V M Salgaonkar College of Law organized and conducted a powerpoint presentation on the topic of 'Women Empowerment'.



IMA CQS monthly meet was conducted on 08/08/2025. Dr. Manish Kushe gave a talk on 'DM management for GP' which was followed by a talk on 'Sleep Apnea' by Dr. Taranjit Kaur. 29 members attended.



IMA Margao

IMA Margao had its CME on 23/08/2025 at NANUTEL HOTEL, Margao. The speakers were Dr. S. Vidyadhara, Dr. K Hemanth Kumar & Dr. Sunil G. Kini. They spoke on 'Robotic Spine Surgery', 'Evolution of Robotic Surgery and its application in GI and HPB surgery', & 'Robotics in Joint Replacement Surgery'. It was attended by 82 delegates who went home happier (so did the speakers) by 2 CME credit points.



IMA Mormugao

IMA Mormugao conducted a CME on 22/08/2025 at Hotel Regenta Place, Vasco at 08.00pm. Dr. Amrut SD, Consultant Neurologist, spoke on 'Not all Parkinson's Diseases are the same'. The meeting was attended by 39 members.





IMA Tiswadi

IMA Tiswadi arranged Obesity Conclave on 10/08/2025 at Hotel Marriot, Panaji. The multispeciality conclave was an attempt to address current obesity epidemic and its implication in patient population in coming years. Doctors from various specialities discussed obesity and its impact on other health outcomes. Nearly 135 delegates attended the conclave. The CME was accredited with 3 CME points by Goa Medical Council.



IMA Ponda

Dr. Dhaimodker GGVTC First Aid Training Academy in association with IMA Ponda, IMA Ponda Disaster Management Cell and IMA Ponda Charitable Trust conducted eight hours duration First Aid and Disaster Management Orientation Programme on Saturday at Dnyanada Swatantra Senani Laxmidas Borkar Memorial Hall on 02/08/25.. Total participants were 20 doctors, 21 nurses & paramedics, 4 higher secondary colleges & 5 industries. The faculty consisted of Dr. Vallabh Dhaimodker, Dr. Vandana Patankar, Dr. Smita Parsekar. Dr. Santosh Usgaonker, Chairman IMA Ponda Charitable Trust along with other doctors inaugurated the programme. Doctors from Govt and Private Hospitals, Occupational Health Centres, private practitioners, all members of IMA participated in the deliberations and practical's. Goa Medical Council awarded four CME credit hours.



As a part of observation of breastfeeding week, a talk was given by Dr. Nutan Dev, in association with Inner Wheel Club & Directorate of Women and Child Welfare Department, Ponda, at Curti Ponda on 05/08/25. The topic was 'Importance of Breast Feeding'. It was attended by 24 ladies.



The weekly health check up organized by IMA Ponda, the IMA Ponda Charitable Trust, IAP Goa State and Adolescent Health Cell of IMA Goa State was held on 06/08/2025 at Matruchaya Dhavali. Dr. Purnima Usgaonker examined 12 kids & 2 adolescents. Medicines were sponsored by Matruchaya and IMA Ponda Charitable Trust.





IMA Ponda

A health check up of girls at Balika Kalyan Ashram, Wade Talauli was done on 12/08/25 by Dr. Purnima Usgaonker wherein she examined 15 girls.



Annual health check up camp of Ravi Sitaram Naik PES College was held by IMA Ponda with IMA Ponda Charitable Trust, Adolescent Health Cell of IMA Goa State and IAP Goa State, from 9.00am to 1.45pm at PES College Library Hall on 20/08/25. Camp started from 18th and 19th with a Haemoglobin estimation by Dr. Samidha Khandeparkar and ended with a multispeciality check-up on the 20th. Dr. Santosh Usgaonker was the Chief Guest for the inaugural function. He spoke on the importance of health and health check up. Dr. Purnima Usgaonker gave tips towards adolescent health. Dr. Santosh Usgaonker Pediatrician Chairman of IMA Ponda Charitable Trust, Dr. Purnima Usgaonker Chairperson Adolescent Health Cell IMA Goa State, Dr. Vandana Patankar Secretary IMA Ponda Charitable Trust, Dr. Nutan Dev Pediatrician, Dr. Sunita Pai Anesthesiologist, did the general check up. Dr. Jaya Shenoy Dental Surgeon, Dr. Akshata Baliga Pandey Dermatology, Dr. Swayamsidha Nagarsekar ENT did the specialized check up. Dilasa staff nurses Shivani and Akshata did the BP checking. Driver Krishna and the driver of Usgaonkers Children Hospital Shailesh assisted in the camp arrangements. Mukta Opticians did the Optometry. Around 140 students were tested for Hb estimation and 124 children were examined totally.

