

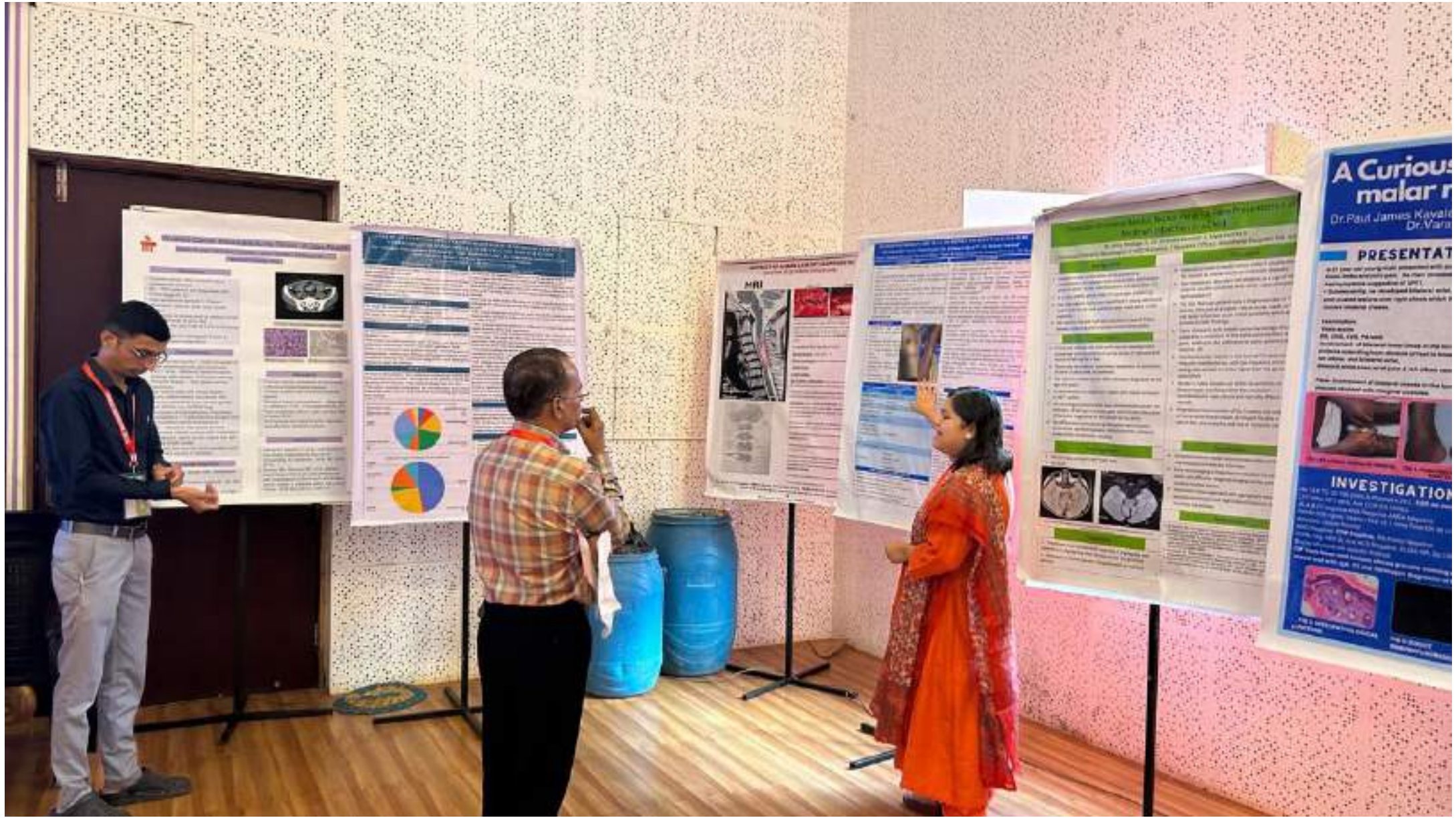


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**POSTER 1**  
[Title and abstract text]  
[Medical image: Axial CT scan of the abdomen showing a lesion in the right kidney.]

**POSTER 2**  
[Title and abstract text]  
[Pie charts showing data distribution]

**MRI**  
[Title and abstract text]  
[Medical image: MRI scan of the spine showing a vertebral fracture.]

**POSTER 3**  
[Title and abstract text]  
[Medical image: Ultrasound scan of a vessel.]

**POSTER 4**  
[Title and abstract text]  
[Medical images: Axial CT scans of the chest showing lung pathology.]

**A Curious malar nodule**  
Dr. Paul James Kavali  
Dr. Varadachari  
**PRESENTATION**  
[Text]  
**INVESTIGATION**  
[Text]  
[Medical image: Skin biopsy showing histopathology.]



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DATE: 05/10/2024 - 06/10/2024

### THE IMPACT OF OPHTHALMIC OT SERVICES AT COMMUNITY HEALTH CENTRE, SANKHALI - GDA

BY:  
DR. RAJAY G. BARDHAN  
OPHTHALMIC SURGEON  
SCKH - SANKHALI, GDA

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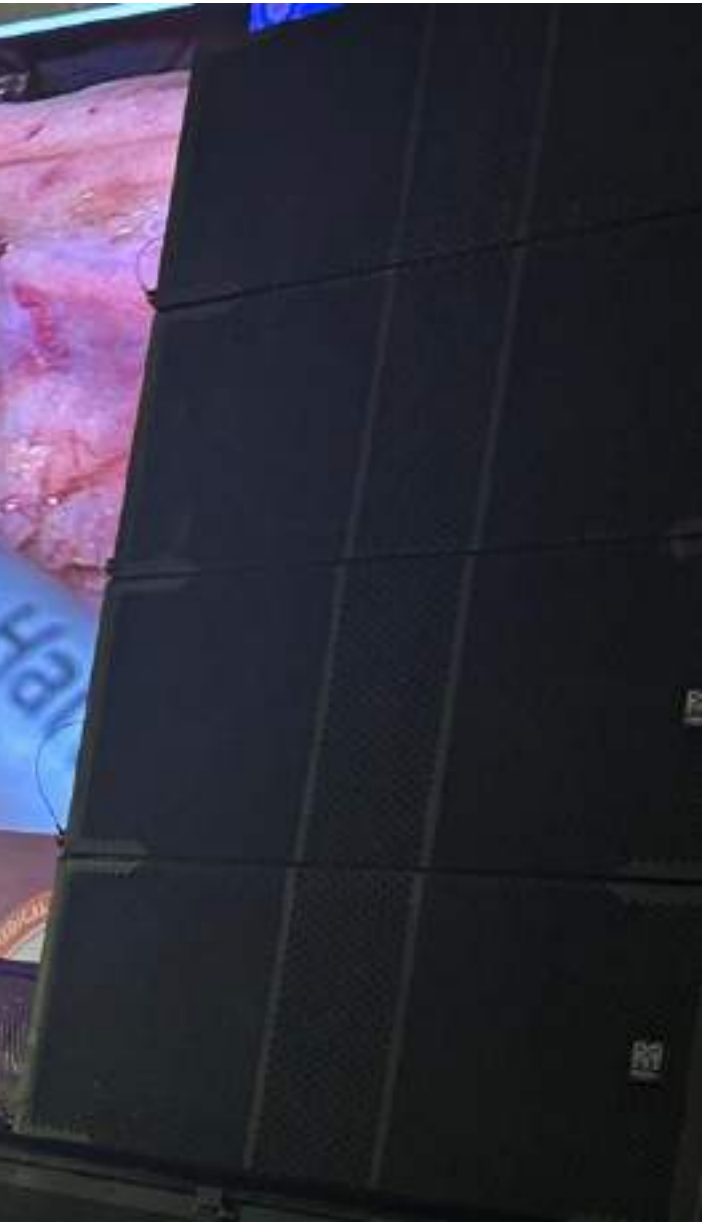








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Dental Hospital, Guangzhou  
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### MATRIX ROTATION FLAP

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**CONCLUSIONS**

- Health implications: Management of Landbody
- Challenges
- Research and Technology used: 3D scan
- Future research plans in regards to: LONG TERM JOINT FUNCTION AND QUALITY OF LIFE in 10-20 years
- Acknowledgements: (in English & Malay)

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From Despair to Hope

**Shailesh V. Shrikhande**  
MD (Mumbai), MD (Paediatrics), FRCR (UK), FRCR (Hist)

Deputy Director, Tata Memorial Hospital  
Chief, GI and HPB Surgery  
Professor & Head, Division of Cancer Surgery  
Tata Memorial Centre  
Mumbai, India

President, APHPSA  
Secretary General Elect, IHPBA

[www.shaileshshrikhande.org](http://www.shaileshshrikhande.org)  
Twitter: Shrikhande\_SV

GIMACON Director, Goa, October 5th, 2024

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- Regular attendance and active participation in camps conducted by IMA TISWADI.
- Active Participation in Establishment of Covid Care Centre and online Consultation for admitted Patients Jan 2022
- Public Awareness Online Webinars on World cancer day on Prevention of Cancers Feb. 2022
- A Cyclotron on World Kidney Day Mar. 2022
- World Day Health Care March 2022
- Adolescent Health Camp 2022

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**HEALTHY PARENTING**

HEALTHY PARENTING IS THE KEY TO A HEALTHY CHILD. IT IS THE FOUNDATION OF A CHILD'S WELL-BEING AND HAPPINESS. IT IS THE BEST WAY TO ENSURE YOUR CHILD'S FUTURE SUCCESS.

**LET'S START WITH MANAGING STRESS**

Stress is a natural part of life, but when it becomes chronic, it can harm your health and your child's. Managing stress is essential for a healthy family.

**WHAT ARE THE SIGNS OF MANAGING STRESS?**

- Increased irritability
- Difficulty concentrating
- Changes in sleep patterns
- Loss of interest in activities
- Increased physical symptoms (headaches, back pain)

**HOW TO MANAGE STRESS?**

- Exercise regularly
- Eat a healthy diet
- Get enough sleep
- Practice relaxation techniques (deep breathing, meditation)
- Seek support from family and friends
- Take breaks and don't overwork



**HEALTHY PARENTING**

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**WANT TO AVOID?**

- Excessive screen time
- Unhealthy eating habits
- Lack of physical activity
- Over-protectiveness
- Inconsistent discipline

**WANT TO DO MORE OF?**

- Quality time with your child
- Open communication
- Consistent discipline
- Encouraging independence
- Modeling healthy behaviors

**HEALTHY PARENTING IS THE KEY TO A HEALTHY CHILD.**

**HEALTHY PARENTING IS THE KEY TO A HEALTHY CHILD.**

**HEALTHY PARENTING IS THE KEY TO A HEALTHY CHILD.**









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- Indian Medical Association Goa State Website Editor from 2013 till date
- Member IMA HQ Standing Comm For Mental Health & De-Addiction- 2021
- Member of ORATION COMMITTEE -2024
- Central working committee IMA Goa state representative 2025-27
- Health Editor in *Frontiers India*
- Mormugao Branch secretary 2001



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It is to recognize those outstanding  
and Medical Professionals who  
of great stature for the advancement of  
an and the betterment of our society and  
WHERIAS

**Shailash V. Shrikhande**  
Professor, WHOI, Goa and Director  
Design and Head of St. JAMES Hospital &  
of the Tata Memorial Centre in Mumbai

and has established a distinguished  
in his profession, and through the years,  
of a selfless commitment to the community  
of their welfare and their advancement and  
WHERIAS

**IMA Association, Goa State,**  
to present the certificate to the  
**Shailash V. Shrikhande**  
for achieving  
**IMA Goa State Dration**

for  
International Cancer Program to fight  
CANCER and for your contribution to  
the & Director of Cancer Surgery  
and their families in a variety of ways  
IMA WHERIAS

**Sandesh Chodankar**  
IMA, GOA STATE  
of the committee and members of  
Goa State on 20th day of October 2024  
to confer to you on the occasion of  
**GIMACON 2024**  
in and heart felt appreciation of  
service and leadership  
of Tata Memorial Centre, Mumbai.

**Sandesh Chodankar**  
President  
IMA, GOA STATE




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It is proud to recognize those outstanding  
Individuals and Medical Professionals who  
of great stature for the advancement of  
Medical Professions and the betterment of our Society  
WHERIAS

**Dr. Shailash V. Shrikhande**  
Professor, WHOI, Goa and Director  
Design and Head of St. JAMES Hospital  
Member of Surgical Oncology and Head of St. JAMES  
Member of Cancer Surgery of the Tata Memorial Center

is such a Professional and has established a unique  
record of his profession to the profession, and through the  
years have demonstrated a selfless commitment to the  
and to their fellowmen that deserves attention and get  
WHERIAS

**Indian Medical Association, Goa State**  
is proud to present the certificate to the  
**Dr. Shailash V. Shrikhande**  
for achieving  
**The IMA Goa State Dration**

for  
Effective Management of Gastrointestinal Surgery, From  
on 18th October 2024 at the IMA, Goa State and for your  
of Surgical Oncology & Director of Cancer Sur  
and to helping your patients and their families in a  
NOW TRANSFORM

**Dr. Sandesh Chodankar**  
President of IMA, GOA STATE  
in behalf of executive committee and members  
Indian Medical Association, Goa State on 20th day of  
WHERIAS present this Dration to You on the  
**XXXVI GIMACON 2024**  
in fitting recognition and heartfelt appreciation  
of your service and leadership  
in terms of administration at Tata Memorial Ce

**Dr. Sandesh Chodankar**  
President  
IMA, GOA STATE





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