



# Medi **VOCAL**

Monthly Newsletter  
VOLUME 1 ISSUE 9  
SEPTEMBER 2024

## PRESIDENT

**DR. SHEKHAR SALKAR AND BULLETIN EDITOR**

**DR. MEDHA SALKAR ATTENDED ANNUAL EXECUTIVE MEETING OF STATE I. M.A. ON 1ST SEPTEMBER 2024**

## IMA BICHOLIM



**TREE PLANTATION WAS CARRIED OUT AT MANIPAL HOSPITAL**

**TEACHERS DAY WAS CELEBRATED BY PAYING VISIT TO AILING TEACHER JUNE DAYS IN HOSPITAL**



**ORGANISED BLOOD DONATION CAMP AT MANIPAL HOSPITAL .**

**ATTENDED BY HON. CHIEF MINISTER DR. PRAMOD SAWANT AND D.G.P.GOA POLICE**





**CERVICAL CANCER  
AWARENESS AND VACCINATION DRIVE  
IN ASSOCIATION WITH  
ROTARY CLUB OF DONA PAULA  
26 DESTITUTE GIRLS( 9 YRS TO 20 YRS )  
FROM MATRUCHAYA WADEM  
PONDA WERE VACCINATED  
AGAINST CERVICAL CANCER**



# IMA BICHOLIM

**C.M.E.WAS ORGANISED ON 22  
SEPTEMBER 2024  
TOPIC: APPROACH TO  
ENDOSCOPIC SPINE SURGERY  
SPEAKER :DR SUNNY KAMAT  
CONSULTANT  
ORTHOPEDIC SURGEON**



# IMA MORMUGAO



**IMA MORMUGOA HELD A CME ON 20TH SEPTEMBER 2024 AT HOTEL REGENTA PLACE. ATTENDED BY 30 MEMBERS.**

**SPEAKER- DR SUNNY KAMAT (MBBS,MD ORTHO,FELLOWSHIP IN ENDOSCOPIC SPINE SURGERY)**

**TOPIC : APPROACH TO ENDOSCOPIC SPINE SURGERY.**

**TALK WAS GIVEN BY DR AMITA TALAULIKER AT ST JOSEPH'S INSTITUTE ON 30TH SEPT 2024 ATTENDED BY 110 STUDENTS OF CLASS 5 TO CLASS 7. TOPIC "MENSTRUAL HYGIENE".**



# IMA MARGAO

**IMA MARGAO HELD CME ON 20TH SEPTEMBER 2024 AT SGDH.**

**SPEAKERS - DR. SACHIN AMBRE**

**TOPIC- COLON CANCER**

**DR. SURAJ RANE TOPIC -SCOPE OF PLASTIC AND  
RECONSTRUCTIVE SURGERY IN  
CURRENT PRACTICE .**

**CME WAS ATTENDED BY 93 MEMBERS .**

**CME WAS ACCREDITED FOR TWO POINTS .**



**Dr. Babita Prabhudessai ,president IMA MARGAO gave a talk on menstrual hygiene and adolescent sex education at Agnel Ashram nursing school.**

**It talk also carried out  
with rotary club  
judged poster competition  
on same topic .**

**It was attended by  
35 nursing students**



**Dr Eddie ,senior member of IMA MARGAO,observed and celebrated world heart day at SGDH on 26 th September.**

**A small rally was held around hospital premises.**

**A medical screening camp consisting of sugar and blood pressure estimation was held for office staff, security personnel , veejay facility and nurses above 50 years of age .**



DIABETES CAMP – 01/09/24



A diabetes camp was organized at Keri village by Dr. Suraj Kanekar. Total participants were 18.

PLANTATION DRIVE 01/09/24



PLANTATION DRIVE IN ASSOCIATION WITH IMA PONDA – 05/09/24



## IMA PONDA UNDER AAO GAO CHALE –8/09/24 IMA PONDA

Regular health check up under Aao Gao Chale project of IMA Ponda, Matruchaya Seva 25, IAP Goa & Adolescent Health cell of IMA Goa State at Matruchaya Dhavli. Dr. Purnima examined 22 patients, of which were newborns, 3 infants, 11 older children & 4 adolescent girls.

Children were sensitized against bad habits of nail biting etc & proper body hygiene.

Children listened patiently & participated actively in the discussion.

Medicines were sponsored by IMA Ponda & the Charitable Trust.



## IMA PONDA ANNUAL HEALTH CAMP–8/09/24

The Annual Health Camp by Adolescent Health Cell of IMA Goa State, IMA Ponda & IMA Ponda Charitable Trust was held for students of Shri Ravi Sitaram PES College of Arts & Science .

In all 98 students were examined & advised. Dr. Samidha with her assistant & Dilasa attendant Laxmi Rai did the Haemoglobin & blood group over 2 days 26th & 27/09/24 for 95 students.

General check up was done by Dr. Santosh, Dr. Purnima, Dr. Vandana & Dr. Nutan. Dr. Jya Shenoy did the dental check up . Students with chronic skin problems were referred to Dr. Amritha Shenoy. Also students with gynaec problems & severe anemia related to it were

referred to Dr. Rewa & Dr. Jayashree Madkaikar. The Health record papers & vaccination details were managed by Dr. Purnima, BP was checked by staff of Usgaonker Children hospital. Dr. Santosh past Chairman of IMA Ponda Charitable Trust in absence of Dr. Dattaram Desai

addressed on Dilasa & Visava & appealed the students to be volunteers. Dr. Purnima chairperson of Adolescent Health Cell spoke on important aspects of adolescence.



## **IMA PONDA TREE PLANTATION PROGRAMME – 17/09/24**

**Tree plantation programme was held by government road & highway in association with IMA Ponda at Khandepar bye pass road under EK PED MAA KE NAAM. Dr. Suraj Kanekar with his grand children's participated in the programme.**



## **PLANTATION PROGRAMME IMA PONDA – 17/09/24**

**As a continuation of plantation programme of IMA Ponda, Dr. Suraj Kanekar with Keri villagers planted 12 plants at the roadside.**

**Plants were Karipatta, Amla, Jambal, Shankar, Ovala, Bhirant, Neem & bel plant.**



## IMA PONDA

### DIABETIC CAMP- 22/09/24



IA diabetic camp was organized at baial temple at Keri morning by IMA Ponda .  
Dr. Suraj Kanekar & Dr. Gajanan Naik participated.  
Total 19 villagers attended the camp.  
General check up was done & free medicines were distributed.



### IMA PONDA TALK 22/09/24

A talk was organized by Dr. Suraj Kanekar of IMA Ponda at Bainak temple Keri evening from 6pm to 9pm.  
Subject was stress & spiritual life  
Mr. Nitin Mahajan addressed the function.  
A total of 24 villagers attended the talk.





## **IMA PONDA HEALTH CHECK UP BY DR. AJAY PEDNEKAR –22/09/24**

**Examined 12 patients during Regular Health Check up at Balkalyan Ashram Talauli**

**Two new cases , one diabetes & one Rheumatoid Arthritis were detected. Free medicines sponsored by IMA Ponda Charitable Trust were given to the patients.**



## **FREE EYE CHECK UP CAMP– 27/09/24**

**IMA Ponda along with PWD & Lawrence & Mayo opticians conducted a free eye check up camp for the staff of PWD div XV**

**Spectacles were distributed at concessional rates.**

**The camp was attended by ophthalmologist Dr. Nikita Wagle, Dr. Purnima Usgaonkar, Dr. Nutan Dev & Dr. Vandana Patankar.**

**Around 60 staff benefited from the camp.**



## **IMA PONDA 5TH MONTHLY CAMPAT MAYURESH HALL–29/09/24**

**Shree Nagesh Maharudra Arogya Seva Manch organized 5th monthly camp at Mayuresh Hall, Shree Saunsthan Nagesh Maharudra on Sunday.**

**Collaborating partners:-**

**Dr. Vallabh Dhaimodkar Foundation, Indian Medical Association Ponda  
NAPCAIM Goa Chapter IMA Ponda Charitable Trust Suraj Manch**

**Team -Dr. Suraj Kanekar ,Dr. Vandana Patankar ,Dr. Vallabh  
Dhaimodkar ,Dr. Chitralkha Nayak ,Dr. Guruprasad Antin**

**Dr. Natasha Dhuri ,Mrs. Vandana Kakodkar,Mr. Dinar Mardolkar ,Mr.  
Sameer Sardesai ,Blue cross Marketing Team**

**Mahajans of Shree Nagesh Devasthan**



## **IMA PONDA 5 TH MONTHLY CAMP AT MAYURESH HALL– 29/09/24**

**Total 63 patients were examined. BP & Blood glucose monitoring done for all patients.**

**Spirometry was done in 15 patients. HbA1c was done in 20 patients. Diet counselling was done for more than 15 patients**

**Camp was inaugurated by Shri. Shripad Naik Hon. Union Minister for state for Power & Regeneration Energy.**

**Nagesh Devasthan felicitated the entire team. Camp was sponsored by Bank of Maharashtra Nageshim Branch.**



## CANCER SCREENING AT CHC VALPOI 10/08/2024 IMA MSN

After the first Cancer Screening Camp at RHTC Mandur, IMA-MSN students participated actively in the second Camp using the Mobile Cancer detection Van at Community Health Centre, Valpoi on 10th August 2024. MSN members Chirag Dessai, Dhruv Mundhra, Vedant Majik and Divyanka Naik participated in this & volunteered to help the Medical in active screening of the villagers who came for the camp. MSN Advisor Dr. Jagadish Cacodcar was appointed as the Nodal officer of the Abhiyaan.



## THIRD CANCER SCREENING CAMP 24/08/20024

The third Cancer Screening Abhiyaan took place at CHC Curchorem on 24th August 2024. MSN students Zoheb Shaikh & Asmita Prabhudessai participated actively in the camp, engaging with the patient through a structured questionnaire designed to assist in effective cancer screening. Along with the students there was team of Goa dental College & Directorate of Health Services who carried this Abhiyaan by their staggering work for 177 Beneficiaries.



## CANCER SCREENING AT CHC VALPOI

Total Number of patients screened were 224(Males:68 & Females:156) Ultrasound of the pelvis performed:2 Digital Mammography done: 4 Sono-Mammography done :9 Pap smears performed were taken to Goa Medical College for Cervical Cancer Screening



## SUCCESS OF THE ABHIYAAN

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