INDIAN MEDICAL ASSOCIATION GOA STATE BRANCH



VOCAL Monthly Newsletter

VOLUME 1 ISSUE 5 MAY 2024



Shri Justice M.S Sonak, Senior Judge of High Court executing the first AMD in state of Goa

⁶⁶A LIVING WILL NOW OSSIBLEIN GOA⁹⁹

IMA Goa State branch paves the way...

GOA BECOMES THE FIRST STATE TO IMPLEMENT ADVANCED MEDICAL DIRECTIVES

Goa becomes the first state to implement and operationalize "Living Will" Advanced Medical Directives in the country. Indian Medical Association (IMA) Goa state branch along with Goa State legal services authority (GSLSA) jointly, organized unveiling ceremony of Advanced Medical Directives (AMD) booklet at the hands of Shri Justice M.S Sonak, Shri Justice Valmiki Menezes and Shri Justice Jitendra Jain, also present were Dr. Sandesh Chodankar President, IMA Goa state and Dr Shekhar Salkar Along with other dignitaries.







Message by IMA President

Dear Colleagues,



Warm Greetings! From IMA Goa State.

Its 5 months down the ladder ever since we took over IMA Goa State. In last 2 months we have succeeded in taking our both IMA Goa State initiatives ahead. The biggest success story of the last month is that we have finally succeeded in getting Advanced Medical Directives operational in the state of Goa. Giving logical end to such a sensitive issue that too within a record time of 4 months was not an easy task at all. It was only with the sustained effort put in by the mentors of this theme Dr Amol Mahaldar, Dr Shekhar Salkar and Dr Shailesh Kamat ,AMD saw the light of the day. I express my sincere gratitude to Hon. Shri Justice Sonak Sir for guiding us the way he did. Also big thank you to other Stake holders Dr. Bandekar Dean GMC, Dr. Geeta Kakodkar Director DHS, Health secretary Mr. Arun Mishra Ji , GSLSA member secretary Ms Vijaya Ambre, Judicial Registrar Mr. Ram Prabhudeasi and other officials from Health, law and police dept for their constant support and the cooperation.

With this Goa becomes the first state in India to do so and Shri Justice Sonak the first Goan to execute the AMD. National news and media has already taken a note of it and the central IMA and other IMA state office bearers have been already been informed.

We have already written to Hon Dr. Justice Chandrachud, Chief Justice of India to set up a mechanism for time bound operationalization and implementation of AMD in all states across the country and commission a national committee under NALSA comprising members of state legal service authority and medical practitioners to oversee the progress for a period of 5 years. We will also try and move it for legislation in Goa assembly.

This initiative will require a lot of public awareness, We plan to have at least 4 such State level programs. The first one being scheduled on 22/06/24 in association with IMA Bicholim/ Ponda/ and GSLSA wherein will have yet another AMD execution with a guest lecture on EOLC by Dr.Roop Gursahani, Neuro palliative care physician. Please do attend in large number.

Our second initiative of Mental Health awareness BE KIND TO YOUR MIND has taken another leap We are already 5 months down the line. In this 5 months we have conducted several programs under the banner Palak Mitra for counselors, teachers, parents and the judiciary staff.

In continuation with the same we have started another series under the banner Manas Mentors a program of its kind aimed at TRAINING THE TRAINERS on Stress Management and the Parenting skills for onwards propagation of knowledge on this subject to teachers (500 schools /13000 teachers) parents and students in various schools across Goa. We have conducted two state kevel programs in association with DHS/Directorate of Education/GEDC / Sangath whose cooperation and guidance has played a major role and of course Dr Shekhar IMA Bicholim President with his precision planning and execution has paved the way for success of these programs. Requesting branch executives to take up this initiative at the branch level whenever and wherever possible. DMC cell Goa has remained quiet dormant for last few years.

We have managed to revive it this year under the chairmanship of Dr. Ravikrishnan with member secretary, district coordinators and branch level committees. In fact we got a mail from National DMC last week requesting the states to form DMC at State and the branch level.

The first state level DMC program is scheduled on 30th June. That will be an orientation program with an overview of diasters and role of IMA in disaster management. Dr Chetan Patel National DMC Chairman has consented to be the chief guest and the main faculty with other experienced faculty from Goa Dr Dhaimodkar, Dr Deep Bhandare ,Dr Smita Parsekar, Dr Kalpana Mahatme and Dr Kalpana Chodankar.

Not to forget our GIMACON 2024 which is less than 4 months away from now. This time for a change we have chosen a countryside venue. We are trying our best to add Goan flavor to it. Do register in large numbers to make it a success. Jai Hind, Long Live IMA

Dr. Sandesh Chodankar



Message by Editor , Newsletter

"I am pleased to bring before you the fifth issue of MediVocal, Monthly news letter!!, we have undertaken numerous activities this month and we have tried to accommodate them in this issue, we could not have space for an article due to it....Looking forward for your cooperation and support."

Dr. Medha Salkar





IMPORTANT MEETINGS

IMA GOA STATE MEETING GOA STATE POLLUTION CONTROL BOARD ON 3/05/2024



NATIONAL MEDICAL COMMISSION MEETING ON 4/05/2024

Training cum hands on workshop for experts appointed in misconduct / appeal cases by national Medical

commission in collaboration with Goa medical council.







MEETING WITH DR RUPA NAIK, DHS GOA FOR TRAINING OF MEDICAL OFFICERS ON

MANASMENTORS INITIATIVE 6/05/2024





IMPORTANT MEETINGS

A team of members of Indian Medical Association, Goa State (IMA) and Goa State Legal Services Authority (GSLSA) visited the residence of Mr. (NAME WITHHELD).

Mr. (NAME WITHHELD) , who is suffering from Muscular Dystrophy, had made a representation to GSLSA taking assistance for active euthanasia in view of advance incurable muscular dystrophy

causing poor quality of life with complete dependence.

The team constituted by GSLSA was headed by Or Shekhar Salkar (President IMA Bicholim)

comprised of

Or Amol Mahaldar (Non Official Member GSLSA)
Or Devdutt Sail (Secretary, Telemedicine Society of Goa)
Ms Mamta Naik (Paralegal Volunteer GSLSA).



The mandate of this team was not about medical assessment or advice, but for counselling, the patient about the status of euthanasia vis-a-vis passive euthanasia or end of lifecare directives. The team apprised, Mr. (NAME WITHHELD) about the possibility of making a living will attested by Gazetted Officer and in presence of two witnesses.

GSLSA team has assured Mr. (NAME WITHHELD) of complete support in the endeavour of completing this formality.

As regards his request for Euthanasia , the Team has made him aware that as of now it is completely illegal in India.

MEETING WITH

GOA EDUCATION DEVELOPMENT

CORPORATION (GEDC)

CHAIRMAN 14/05/2024



IMPORTANT MEETINGS

21/05/2024 IMA Goa state conveyed a meeting of Director, Directorate of Education (DoE), Govt. of Goa, Nodal Officers of DoE, Nodal Health officer, Directorate of Health Services, Govt of Goa and Sangath.



Manas Mentors: Training of Trainers







29/05/2024 Training of Trainers program organized jointly by Directorate of Health Services, Govt of Goa, IMA Goa state branch and Sangath.

53 Officials of NGS Goa were trained

Release of Advanced Medical Directive Booklet

Goa becomes first state to operationalise 'living will'

Justice Sonak takes the lead to execute it

Staff Reporter

Panaji

Justice MS Sonak of the High Court of Bombay at Goa on Friday gave his consent for an 'End of Life Care (EOLC) will' at a function here as Goa became the first state in the country to operationalise the Advance Medical Directives (AMD) facility.

A person can give directions about his or her endof-life treatment choices by executing such a document.



Justice MS Sonak has also pledged to donate organs.

Justice Sonak also declared that he has pledged to donate his organs after brain death on the NOTTO website, urging fellow citizens to do the same. The landmark move on living will was brought about through a joint effort by the Goa branch of the Indian Medical Association (IMA) and the Goa State Legal Services Authority (GSLSA).

The function, where a booklet on AMD was released, was also attended by Justice Valmiki Menezes and Justice Jitendra Jain.

> Continued on P 10



Goa has become first state to implement & operationalize "Living Will" Advanced Medical Directives in country in true letter & spirit of SC directives: Justice Mahesh Sonak

Click here to read the AMD Booklet

"Be the Amazing You" Initiative

Taking the theme BE KIND TO YOUR MIND ahead, IMA GOA STATE along with Directorate of Education, Sangath and DHS and Goa Education Development Corporation plans to have series of programs targeting almost 500 schools in Goa with sensitization of counselors and training of teachers on stress management and parenting skills.

As a curtain raiser Ima Goa State Directorate of education had produced this reel for the same.







IMA MORMUGOA

CME by IMA Mormugao was held on 17th May 2024

Attended by 33 members.

Topic: 2 interesting case presentation

Speaker: Dr. Priya Nair

Venue: Hotel Flora Grand











IMA BARDEZ

IIMA BARDEZ Medical Camp and COLS workshop

Multi specialty medical camp and COLS workshop conducted at Shree Kamleshwar High school in association with Krishnai Vishnu korgaonkar family association on 15th may'24 Medicine, Surgery, ENT, othalm, OBG, Skin, pediatrics, Ortho consultation offered 200 Patients examined and dispensed free medicines COLS workshop attended by 50 staff members of school and general public





IMA MARGAO

17th May 2024 a CME was held at VIVA hotel by IMA Margao.

75 members attended the CME.

Speakers were DR GIRISH VELIS - - Diabetic Retinopathy DR. KAUSHIK

HEGADE -Recent advances in ophthalmology.

One CME credit was awarded by medical council.





On 24th may 2024 a CME was held at SGDH by IMA Margao.

84 members attended the CME.

Speakers were ,DR BIPIN ABRAHAM who spoke on winning the battle against DM and DR MANISH KUSHE who spoke on oral semigluitide ,case based discussion.

One CME credit was awarded by medical council.



On 17th May world hypertension day was celebrated by IMA MARGAO in association with medicine department of SGDH at SGDH. BP and GLUCOMETER check was done for total 130 staff of Vijay agency, security and MTS. Talk was delivered by DR EDWARD DEMELLO

It was followed by rally around hospital OPD.





IMA BARDEZ

VENUE – HOTEL GREEN PARK

GLAUCOMA THE SILENT THIEF OF SIGHT – DR RITU CHAUDHARY

1 CME POINT GRANTED 96 MEMBERS ATTENDED



VENUE – HOTEL GREEN PARK
DR MITHUN MAHATME AND DR SANDEEP NAIK BRIEFED THE IMA BARDEZ MEMBERS ON
CEA WITH EMPHASIS ON TIMELINES AND PROCEDURE TO APPLY FOR PERMANENT
REGISTRATION, 96 MEMBERS ATTENDED



IMA BICHOLIM

SPEAKERS:

DR AMOL MAHALDAR - DIABETIC KIDNEY DISEASE DR RAGHOBA GAONKAR HYPERURICEMIA BY DR RAGHOBA

TEAM FROM DHS GAVE A PRESENTATION ON AYUSHMAN BHARAT DIGITAL MISSION

22 MEMBERS ATTENDED.

HELD IN LIONS CLUB HALL BICHOLIM







IMA BICHOLIM

IMA BICHOLIM COLS PROGRAM 25/05/2024

IMA PRESIDENT DR SHEKHAR SALKAR DELIVERED A LECTURE ON "YOUTH & ADDICTION" at GOVT. HIGH SCHOOL KUDCHIRE AT TWO DAY CAMP ORGANISED BYPRERNA PRATISHTHAN FOR ADOLESCENT BOYS ON 25 TH MAY 2024 ALSO PRESENT ON THE OCCASSION WERE PRESIDENT OF PRATISHTHAN MADAM POURNIMA KERKAR AND PAST PRESIDENT OF IMA BICHOLIM DR MEDHA SALKAR IN ALL 25 PARTICIPANTS BENEFITTED FROM THE CAMP









31st may 2024 -

World No Tobacco Day President Dr. Shekhar Salkar urged smokers & tobacco users to quit the habit through his message on social media platforms He spoke on the theme 'preventing children from tobacco industry interference



29th April to 3rd May -DR. SURAJ KANEKAR CONDUCTED A YOG SESSION

In celebration of World Health Day and Liver Day, a yog session was organized by Dr Suraj Kanekar at Borim at Pratibha Friends circle hall between 29th april- 3rd May from 5am to 6.30am Tota; 17 villagers participated





MEDICAL CAMP & FELICITAION OF DR. ANIL GAUNEKAR - 12/05/24

Medical team for camp 1.Dr. Suraj Kanekar 2. Dr. Vandana Patankar 3. Dr. Manish Debsikar 4. Dr. kanhopatra Pankar 5. Dr. Keshav Priolkar 6. Dr. Chitralekha Nayak 7. Dr. Marathe 8. Dr. Ajay Pednekar 9. Dr. Jagruti Nadkarni 10. Dr. Pradnya Kakodkar 11. Dr. Rajan Prookjar 12. Dr. Laxmikant Naik 13. Dr. Anil Gaunekar 14. Dr. Vallabh Dhaimodker

Dr. Anil Gaunekar, Mahajan of Shree Nagesh Devasthan & Senior Medical Practitioner of Ponda Taluka was felicitated by Devasthan Committee

Support team 1. Dr. Pinak Prabhudesai 2. Dr. Pankaj Rajmane

Chief Guest Dr. Lalana Bakhale

Guest of honor Dr. Dattaram Desai

MEDICAL CAMP & FELICITAION OF DR. ANIL GAUNEKAR - 12/05/24













WORLD CHRONIC FATIGUE DAY & ASTHMA DAY CELEBRATED – 13/05/24.



HEALTH AWARENESS TALK BY DR. PURNIMA USGAONKAR - 14/05/24

Awareness talk by Dr. Purnima Usgaonker on Sunday. International Day of Woman Health Awareness to the ladies, attending the yoga classes for living happily with diabetes, under Nave Marg. About 20 ladies attended the talk & the programme thereafter conducted by yoga teacher to encourage them to continue without any fees. They all attended 4 months of the classes & some of them spoke on the benefits of the same on their physical & mental health. Yoga teacher Sanjeev Naik is taking their classes very efficiently with dedication. Peaceful Society woman coordinator Mrs. Bharati Bandodkar & Sir Kalanand Mani are religiously supervising the proceedings everytime thrice in a week & this programme too was organized by them







15-18thMay -DR. SURAJ KANEKAR CONDUCTED A YOG SESSION





DR. SURAJ KANEKAR HAD A MEETING AT KERI - 20/05/24

Dr. Suraj Kanekar had a meeting at Keri village at 7pm to 8.15pm. Total participants 18 villagers. Topic discussed – International Women's Day & how we can support woman's in their activities & anti tobacco day



DR. SURAJ KANEKAR'S MEETING AT BHUT KHAMB KERI - 20/05/24



Dr. Suraj kanekar had meeting at Bhut Khamb Keri at 8.30pm to 10pm regarding Importance of yog. Making Bhut Khamb area plastic free zone. How to be away from vices & celebration of environment day. From 5th June onwards target 200 plants includes Kari patta, Aamla, Aovala, Neem. Total participants 15 youths.

DR. SURAJ KANEKAR HAD A YOG SESSION AT KERI - 21/05/24

Dr. Suraj Kanekar had a yog session at Bhut Khamb Keri at 5am to 6.30am. Total participants 16, ninety percent were youths.

Topic how to be disease free life.

Plastic free ward date fixed was 2nd June & how to keep away from retirement & jobs in life.







DR. KANEKAR HAD A YOG SESSION AT KERI- 22/05/24

Dr. Suraj Kanekar had a yog session at Bhut Khamb Keri between 5am to 6.30am Total participants 18 villagers.

Topics discussed Diabeties camp on 9th june for Keri village between 8am to 10am. Surya Namaskar. Advantages of getting up early in the morning & importance of Sanskar's in the life.







7TH CME and 5th monthly meeting- 24/05/24

It was conducted on Friday at IMA House.

The Title of the CME was "Red flag in vertigo".

Speaker: Dr. Dr Gajanan Ashok Panandikar, MBBS, MD (MEDICINE), DM, DNB (NEUROLOGY 31 doctors attended the CME.





DISASTER MANAGEMENT CELL IMA GOA STATE Diabetes detection & awareness camp

DMC IMA Goa State & Inspectorate of Factories & Boilers, Altinho, Panaji conducted Diabetes detection & Awareness Camp at Bethora Industrial Estate in the premises of UB, Bethora Goa on 26th April'24



DISASTER MANAGEMENT CELL IMA GOA STATE

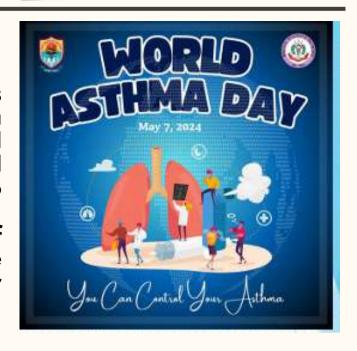


Dr. Basawraj P. and Dr. Naresh Fadte delivered a lecture on Diabetes Mellitus and created awareness on Diabetes in Industrial workers. Around 80 workers were present for the session on 26 April 2024. A total of 67 Blood samples were collected by Savaikar Hospital and Laparoscopic Ponda in the Industrial premises of UB. Dr. Neeraj Dixit and Dr. Chirag Bhandari were present for the above said camp.

MSN

The second Tuesday of May is celebrated as World Asthma Day. This year the IMA-MSN Council designed the Poster to spread awareness to emphasise the need to empower people with Asthma.

Dr. Uday Kakodkar, Prof and HOD of Respiratory Medicine helped the MSN to add the right information for the poster



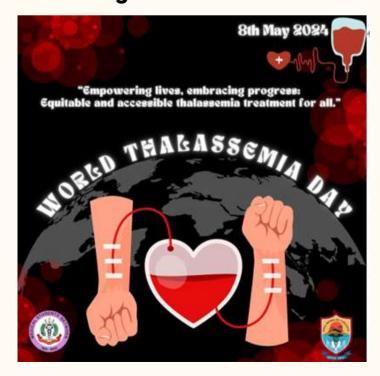
MSN DEMONSTRATION OF USING ORS

IMA-MSN GOA Members visited the Pediatrics OPD and spoke to the parents of the children in small group discussion format informing them about the importance of ORAL REHYDRATION SOLUTION.

Using simple language the students explained the ingredients of ORS the steps to prepare it at home from common ingredients available.

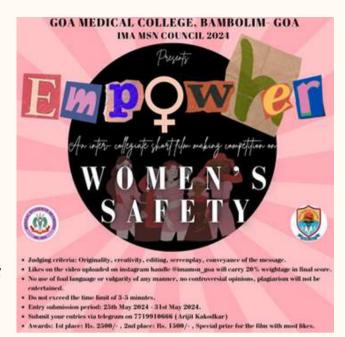
MSN WORLD THALASSEMIA DAY

World Thalassemia Day is observed annually on May 8th to raise awareness about thalassemia, a genetic blood disorder. The IMA-MSN designed an online poster for social media to highlight the importance of early diagnosis in managing the disease



MSN

On 14th May 2024, IMA-MSN announced an Inter College Film Competition highlighting the issue of safety of Women in our country. The students from various colleges in the state have been sending their entries since 25th May. Their film will be portrayed in the college auditorium in the month of June 2024.



MSN WORLD NO TOBACCO DAY, 31ST MAY

A Live Webinar was conducted on World no tobacco Day "Protecting Children from Tobacco "by MSN Advisor & Past State President Dr. Jagadish A. Cacodcar as Guest faculty along with MSN Past President Suryam Singh & President Arijit Kakodkar. There were over 444 delegates across India who were present for it on 31st May '24







HEALTH EDUCATION PROGRAM on 31 may '24

A Health education program was conducted by the students of IMA at the TB & Chest Hospital, Taleigao.

The students engaged with patients & hospital staff and informed them about dangers of tobacco use. Their efforts aimed to raise awareness & encourage tobacco free lifestyle among people



WALKATHON 2024 2nd June' 24

The students of IMA organised a Walkathon on Bambolim Beach on a Sunday to promote World no tobacco day for about 3km. They gathered and walked around with posters and banners conveying the benefits of quitting tobacco smoking. Was headed by MSN Coordinators Arijit Kakodkar, Yashaswi Tulaskar, Soha Gadekar & Harshavi Govekar



IMPORTANT CORRESPONDENCE

Letter to Shri Justice M. S. Sonak Senior Judge **Executive Chairman GSLSA** High Court of Bombay at Gog.

Letter of appreciation for championing the issue of **Advanced Medical Directives** (AMD) and implementation of "End of Life: Living Will" for the state of Goa.

> INDIAN MEDICAL ASSOCIATION **GOA STATE BRANCH**



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EDITOR IMA NEWS

EDITOR IMA WEBSITE

Ref: IMA/PR/0124/020

Dr Pramod Sawant Chief Minster Government of Goa

Subject: Letter of appreciation for addressing the issues pertaining to Clinical Establishment Act and granting extension period for permanent registration.

Ref: Recent parette notification vide ordinance number 4 of 2024. The Goa Clinical Establishments (Registration and Regulation) (Amendment) ordinance,

Respected Dr. Pramod Sawant Ji.

Indian Medical Association, Goa State Branch along with its members wo like to extend our appreciation for your pro-active support in resolving issues pertaining to medical sector.

The extension for submission of applications to obtain permanent registration under the provisions of Clinical Establishment Act is a much-needed relief for medical practitioners across the state, this step is the testimony of good governance and bureaucracy under your able leadership.

We hereby would like to sincerely thank you for supporting the medical

fraternity. With warm regards,

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Dr Sandesh Chodankar President Indian Medical association Goa State Branch 09422062770





INDIAN MEDICAL ASSOCIATION

GOA STATE BRANCH



Date: 03/06/2024 Ref: IMA/PR/0124/020

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EDITOR IMA NEWS

EDITOR IMA WEBSITE

Shri Justice M. S. Sonak Senior Judge & Executive Chairman GSLSA High Court of Bombay at Goa.

Subject: Letter of appreciation for championing the issue of Advanced Medical Directives (AMD) and implementation of "End of Life: Living Will" for the state of

Ref: Advance Medical Directive' issued by Hun'ble Supreme Court of India MA No. 1699/ 2019 in WP (C) No. 215/ 2005.

Respected Shri Justice M. S. Sonak Ji.

Indian Medical Association, Goa State Branch along with its members would like to extend our appreciation for your pro-active support in implementation of Advanced Medical Directives (AMD), "End of Life: Living Will" for the state of

The collective effort of your team and IMA Goa state along with other stakeholders has ensured and allowed the citizens of the state to express their wish if they become incapacitated and unable to communicate due to medical conditions and this step encompasses the dignity of the individual under Article 21 Right to life.

We hereby would like to take this opportunity to sincerely thank you and your team members Smt. Vijaya V. Ambre, Member Secretary GSLSA, Shri. Ram Subrai Prabhudessai Registrar (Judicial) for the continued support and technical guidance.

With warm regards,

Chelow

Dr Sandesh Chodankar President Indian Medical association Goa State Branch 09422062770



Letter to Dr Pramod Sawant Chief Minster, Government Goa Letter of appreciation for addressing the issues pertaining Clinical Establishment Act and granting extension period for permanent registration



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Dr. Surej Probhud

IMPORTANT CORRESPONDENCE

Shri P.S. Letter to Sreedharan Pillai Governor of Goa Letter of appreciation for addressing the issues pertaining Clinical Establishment and granting extension period for permanent registration



INDIAN MEDICAL ASSOCIATION

GOA STATE BRANCH

Date- 03/06/2024

Ref: IMA/PR/0124/020

Shri P.S. Sreedharan Pillai His Excellency Governor of Goa Raj bhavan Dona Paula Goa

Subject: Letter of appreciation for addressing the issues pertaining to Clinical Establishment Act and granting extension period for permanent registration.

Ref: Recent gazette notification vide ordinance number 4 of 2024. The Gos Cinical Establishment: (Registration and Regulation) (Amendment) ordinance, 2024.

Respected, Shri P.S. Sreedharan Pillai Ji,

Indian Medical Association, Goa State Branch along with its members would like to extend our appreciation for your pro-active support in resolving issues pertaining to medical sector.

The extension for submission of applications to obtain permanent registration under the provisions of Clinical Establishment Act is a much-needed relief for medical practitioners across the state, this step is the testimony of good governance and empathy towards issues faced by citizens under your able leadership.

We hereby would like to sincerely thank you for supporting the medical

fraternity. With warm regards,

Victor

Dr Sandesh Chodankar President Indian Medical Association Goa State Branch 00422062220





