

## IMA GOA STATE SECRETARY'S REPORT MAY 2024





#### IMA GOA STATE 31<sup>st</sup> MAY'24 Unveiling ceremony of the Advanced Medical Directives (AMD) booklet



Goa became the first state to implement and operationalise "Living Will" Advanced Medical Directives in the country.

Indian Medical Association (IMA) Goa state branch along with Goa State Legal Services, authority (GSLSA) jointly, organized the unveiling ceremony of the Advanced Medical Directives (AMD) booklet at the hands of Shri Justice M.S Sonak, Shri Justice Valmiki Menezes and Shri Justice Jitendra Jain, also present were
 Dr Sandesh Chodankar President, IMA Goa state and Dr Shekhar Salkar Along with other dignitaries on 31st May 2024.

Dr Shekhar Sarkar in his welcome note mentioned how the Supreme Court of India in its judgement dated 2023 had paved a way for End of Life Care (EOLC) living will or technically known as Advanced Medical Directives (AMD) is a boon for patients who are in futile conditions and have no hope for recovery. Dr. Sandesh Chodankar in his speech explained to the members that the preliminary discussions about operationalising end-of-life care were held by the Indian Medical Association Goa State branch in the month of February 2024, after numerous meetings and continued support from the High Court of Bombay at Goa and GSLSA.

Justice M.S Sonak, Senior judge at the High Court of Bombay at Goa in his keynote address congratulated all the stakeholders involved in the process of making implementation of AMD for the state of Goa.





Dr Amol Mahaldar, gave an overview on the procedural and technical aspects of creating an advanced medical directive or the living will.

The gathering witnessed the creation of the first Advanced medical directive living will of the state of Goa. Justice MS Sonak consented to be the first person from the state of Goa to execute the living Will in the presence of Dr Sandesh Chodankar and Shri Dinesh Shetty as the witnesses and Dr Medha Sarkar CMO ophthalmic cell directorate of Health Services Goa as the gazetted officer.

Advanced medical directives have paved a new way in end-of-life care for patients having no hope of recovery and Goa is the first state to operationalise and implement advanced medical directives in the country.





























#### RELEASE OF ADVANCED MEDICAL DIRECTIVES BOOKLET

Welcome to

"FIRST AMD (LIVING WILL) IN STATE OF GOA" Indian Medical Association, goa state branch goa state legal services authority (gslsa)

DATE: 31/05/2024 VENUE: CONFERANCE HALL, HIGH COURT OF BOMBY AT GOA

BE KIND TO YOUR MIND'

17:33



#### In a big step, Goa implements its first living will as per SC directive

#### Lisa.Monteiro@timesgroup.co

Panaji: Justice Mahesh Sonak on Friday said Goa has implemented and operationalised the 'Living Will' Advanced Medical Directives (AMD) according to Supreme Court's orders. The provisions allow a person to leave instructions in advance about whether medical treatment should be continued or withdrawn if they become terminally ill or end up in a vegetative state in the future.

The Goa chapter of the Indian Medical Association (IMA) and the Goa State Legal Services Authority have taken the first step in complying with the SC's directives, Justice Sonak said.

From P1 "he AMD was gazetted by the chief medical officer of the ophthalmic cell of the directorate of health services, Dr Medha Salkar As stipulated by the pro-cess, the living will/AMD was submitted to the mamlatdar, who will send it to the no dal officer appointed by the district collector Additional copies will be kept with the person or their family, and with the person's doctor. By filling in the AMD declaration, a person decides whether life-sustaining tra atments already started sho uld be stopped if the person ends up in a comatose state in the future. These include intravenous fluids and medi cations including antibio-tics, artificial feeding, artificial respiration, chemothe

rapy, and cardiopulmonary scitation. The e-copy of the AMD

The AMD is a will made much ahead of time stating how you want to be treated in the end. Instead of prolonging patients' suffering, the AMD can save patients and their relatives from trauma when there is no hope. Patients in terminal stages are kept in the ICU and when they pass away, they leave behind a lot of debt

- Dr Sandesh Chodankar | GOA STATE IMA PRESIDENT

The SC in its judgment in when there is no hope. Pati-Jan 2023 paved the way for ents in terminal stages are the end of life care living kept in the ICU and when will, technically known as they pass away, they leave bethe AMD, for patients who hind a lot of debt." have no hope of recovery.

In a programme on Fri-"The AMD is a will made day, Justice Sonak consenmuch ahead of time stating ted to be the first in Goa to how you want to be treated in submit his living will/AMD the end," said Goa state IMA in the presence of two witpresident Dr Sandesh Chodankar, "Instead of prolong-

▶ 'Med boards', P 3 AMD can save patients and

Design: Sharmia Coucida **RESPECTING PATIENTS' WISHES** How to make a A living will, known as the co living will (AMD), allows a person to > The executor should sign decide in advance if medical the document in the presence treatment can be withdrawn of two witnesses, preferably if they develop a terminal independent. The document illness or if their condition should be attested by a leads them to a vegetative notary or gazetted officer state in the future > The witnesses and the The person can assign > AMD is activated when notary or the gazetted officer the patient is unable to someone trusted to make shall record their satisfaction communicate due to illness decisions on the medical that the document has been treatment when the > Prevents financial strain on executed voluntarily and person is in a comatose o unwanted medical care unconscious state with complete understanding of all the information and The living will permits Who can make a living will consequences family members to respect the wishes of a terminally II WILLE patient and to direct doctors > An adult older SC guidelines 10 to end the treatment than 21 years > The SC has given who is of a sound legal sanctity to the wishes of AMD highlights and healthy mind and in a the common person position to comprehend the Guides medical > The executor can revoke team on treatment purpose and consequences ( the AMD if they wish to executing the document nreferences booklet prepared by the IMA ople to downloads The book Primary and secondary Mahaldar said. Goa state branch and the Goa let highlights the intricacies medical boards will scrutini- The treating doctor can State Legal Services Autho- of the living will and offers se the AMD and implement send a letter to the additional rity is being publicised and links to documents, and the them on the merits of the case collector who will provide a circulated and will soon be draft declaration to which a se, nephrologist and expert certified copy of the AMD,

#### Pollow on: Canavhindtimes 💟 @navhind\_times 🌐 navhindtimes.in Goa becomes first state to operationalise 'living will'

Justice Sonak takes the lead to execute it Staff Reporter

Panaji Justice MS Sonak of the High Court of Bombay at Goa on Friday gave his consent for an 'End of Life Care (EOLC) will' at a function here as Goa became the first state in the country to operationalise the Advance Medical Directives (AMD) facility.

pledged to donate organs. A person can give directions about his or her end-Justice Sonak also deof-life treatment choices by clared that he has pledged executing such a document. to donate his organs after

#### Goa becomes first state to operationalise ...

>Continued from P1 alise the AMD facility in operationalise the end-Other dignitaries from the country, in line with of-life care facility, which the medical and legal fra-Supreme Court's direct- began in February this ternities also graced the ives. He urged the people occasion. The AMD booklet to come forward and un- meetings and the continprovides detailed informderstand the intricacies of ued support of the High ation on the intricacies of living wills, encouraging Court of Bombay at Goa the living will and relevant them to make informed and the GSLSA, the IMA documents. decisions. The event witnessed the Dr Shekhar Salkar, in his creation of Goa's first AMD welcome note, highlighted facility; Justice Sonak be- the Supreme Court's landcame state's first person mark judgment of January to execute living will. Dr 2023, which paved the way Sandesh Chodankar and for bringing about end-of-Dinesh Shetty served as life care wills. witnesses. Dr Medha He recounted the chal-Salkar, chief medical oflenges faced by his family cility ficer (ophthalmic cell), dirduring his father's proectorate of health services, longed illness, underscorwas present as the gazetted ing the need for such opthe presence of two witofficer as per the norms. tions. Justice Sonak congratu-President of the IMA etted officer, and forwarlated the stakeholders, say- Goa state, Dr Sandesh ded to the nodal officer ing that Goa has become Chodankar narrated the appointed by the district the first state to operation- association's journey to collector for safe custody.

brain death on the NOTTO website, urging fellow citizens to do the same. The landmark move on living will was brought about through a joint effort by the Goa branch of the Indian Medical Association (IMA) and the Goa State Legal Services Authority (GSLSA). The function, where a

booklet on AMD was re-Justice MS Sonak has also leased, was also attended by Justice Valmiki Menezes and lustice litendra lain.

vear.

Through numerous

Goa was able to set up the

Dr Amol Mahaldar, a

renowned nephrologist

and expert on end-of-life

care, provided an over-

view of the procedural and

technical aspects vis-à-vis

He emphasised that liv-

ing will must be drafted in

nesses, certified by a gaz-

the creation of an AMD fa-

facility for the state.

Continued on P10

#### Justice M S Sonak becomes first to execute 'living will' in Goa

#### PANAJI, May 31 (PTI)

**IUSTICE M S Sonak of the Bombay** High Court on Friday gave his consent for an 'End of Life Care (EOLC) will' at a function here as Goa became the first state in the country to operationalise the Advance Medical Directives (AMD) facility.

The judge, who serves on the Goa bench of the Bombay High Court. became the first to execute what is commonly known as 'living will'. A person can give directions about

his or her end-of-life treatment choices by executing such a document. Dr Sandesh Chodankar and Dinesh

Shetty served as witnesses and Dr

Medha Salkar, Chief Medical Officer at the Directorate of Services Goa was present as a gazetted officer at the function held on the High Court premises near Panaji.

Speaking on the occasion, Justice Sonak congratulated all the stakeholders who made the implementation of AMD possible in the state. With this. Goa became the first state in the country to implement and operationalise the living will facility in the true letter and spirit of the Supreme Court's directives, the judge noted. He also appealed people to understand the intricacies of living wills and make an informed decision.



उपचारांना प्रतिसाद न देणाऱ्या रुग्णांना मिळणार 'सन्मान मृत्यू' 'लिव्हिंग विल'द्वारे तरतूद : अंमलबजावणी करणारे गोवा ठरले पहिले राज्य पमनी, हा. ३१ (प्रतिनिधी अशी असेल प्रक्रिया white the scattered सलेखा खेरी तेटावरील बन्द्राहा O DOWN C Renak Soher लेजतेही उपहार चालत माहीत S introffere 🔨 जिल आयले स नयने

सांव प्राणः विर्णगरं गराण गिण म्मेट, अन्द्रावेजी संबंधित व्यक्तीने लिकिंग विरु' केलेले जसल्यास शता माहेवाईकांथ्या प्रजीने होंकटर कोटिलेटर करदू शकतात. and saucelle star, unfowers ufer तरा ठारतीता 'सन्दानमे माद' संपत्रस किल्प्रामे प्रथम केलकीय प्रितेश समय आहे. 'हिल्लिंग फ्रिंड' सी इस्तिकेचे (शरमती) अनावरण न्यायपूर्वी विजयमात्रणी करणाने गोता पहिते एन. एन. सोनक, न्याप्यूली शालिकी प्रिनेडीन गांवर हरते सहस्वारी स्टरण्यात इतिहन मेडिकल असोमिएसन अगले. मावेडी न्यापन्ती पम. इस. मीनम व 'सिर्वाहेन किस' का महाकरी देखाउँ गीवा वर राज्य सामवा आणि गोवा

जिस हरते आहे.

प्राण्डी प्रतियोगे अनावरण बदयाना न्याप्युली एव. एव. धोनक, न्याप्युली राजिकी विनेहीस. न्याययमी जिलेह जेन, हो अंदेश श्रीवणकर, ही श्रेमर नालकर व भाषावर (अंदीप देलाई) राज्यातील प्रतिने व्यक्ती उसने. जी. शेखा सालकर यांनी सांगिठते. सर्वोच्च न्यायाख्याने जानेवारी २०२३ व्या आराज्या Planete 'de alla entre har' (datosalt) report of tisset has

आणि येह अपि गरी अपनार्थित प्रतिपाद न गाएक के आगने होनेन inter allighterin त्रम् ह. अम्रेस ल्यांच 'ल्याने क्य' गाव statutes and one Jok Hunter admetana Burdhe Sebelar र्रावटांबरे तार्ग वालो यांश्चे दिये काणी लगेत. 🖱 तीर होवटापंच्या दोन टोप आगा केसपाओ पाला रेकरनील, राग्य क्षेत्र उपभागंना प्रतिसाद देत बसेल, त्याला जगगोड़ी असदा होत असेल ता वेखक

व कायरेशीर मार्गाचा अवशंच करून पहील प्रक्रिया

410 24 00 > actor the उपचारांना प्रतिसाद न देणाऱ्या रुग्णांना मिळणार 'सन्मान मृत्य बायांन्वित करणाने पहिले साथ्य ठरले > यान १ वसन गोव्यातील मंगई राज व्यायालयाचे आहे. जनतेने पूर्व याचे अग्रवि प्रक्रिया बहित्र न्यायाधील न्यायमुली एम. समाजून चेवान कोण्य निर्णव ध्याना. रेहेका पांची लोगा सामगानी आये आमामान त्यांनी केले. जी इएमहोनों संधाव्य अंगलवजातणी घटेश चोहणकर यांनी सांगिलसे की मरण्याच्या प्रक्रियेत महभागी इंडियन मेटिकल अमोसिएसन गोवा असलेरणा सर्व भाषधारकाचे अधिनंदन राज्य शासीने फेब्रुवारी २०२४ मध्ये केले. ते माणाले, गोगा हे मातीचा आदय के कर कार्यान्वित करण्यात्राठी न्यायालयात्म्या निर्देशांच्या देशातील जनेक बेठका आणि मंगई उस 'निधिंग बिरु' प्रगत वैद्यकीय न्यायतरुवाच्या ममर्थनानंस प्राथमिक निदेशांची अमारवजावणी आणि जवा केलो रोती.

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#### 6/5/24 Meeting with Deputy director Dr Rupa Naik on Manasmentor.





#### MEETING 15/05/2024 Meeting with chairman of Goa education board Mr Parvatkar ,Managing director Mrs Varsha Naik and General Manager Mr Brijesh Shirodkar







### Meeting with Directorate of Education

A meeting with Directorate of Education, Government of Goa on 21<sup>st</sup> may 2024 Porvorim to finalise the protocols and micromanagement of "Training of Trainers (ToT)- Stress Management & Parenting Skills, initiative of Indian medical association goa state At Office of The Director, Directorate of Education, Porvorim.









## **BE THE AMAZING YOU**



Taking the theme BE KIND TO YOUR MIND ahead , IMA GOA STATE along with Directorate of Education ,Sangath and DHS and Goa Education Development Corporation plans to have series of programs targeting almost 500 schools in Goa with sensitization of councellors and training of teachers on stress management and parenting skills.

As a curtain raiser Ima Goa State Directorate of education had produced this reel for the same.









#### MANAS MENTOR Stress Management and Parenting skills.



- Taking the theme' BE KIND TO YOUR MIND 'ahead , IMA GOA STATE along with Directorate of Education ,Sangath ,DHS and Goa Education Development Corporation conducted 2 state level programs under the Banner 'MANAS MENTOR' on Stress Management and Parenting skills.
- Both this programs were aimed at training of trainers (TOT). Trainers included Headmasters, supervisors, teachers and councellors (Total 152) across the state of Goa who in turn will train school teachers (13,000 approx.) from almost 500 schools in Goa.
- Resource person for both this sensitisation programmes and workshop were Dr Abhijit Nadkarni ,Ms Urvita Bhatia ,Ms Miriann, Ms Luanna from Sangath along with Dr. Tanvi Pednekar and Dr Sneha from DHS.
- Both the programs were enthusiastically attended by the participants with pre and post test counselling and interactive to and fro interaction even though both were full day program.
- IMA GOA STATE 2024 plans to continue with its mission of Mental health awareness in various other sectors of professionalist and the community in general for the rest of the tenure.
- Requesting the Branch Presidents and secretaries to take up this sensitive topic ahead at the branch level which actually is the need of the hour.
- Let us be KIND TO MIND.....of self and others around us.



## MANAS MENTOR 29/05/2024 DHS AUDOTORIUM 53 members









# MANAS MENTOR 03/06/2024 at GEDRC auditorium Porvorim 99 members



















## IMPORTANT MEETING

Meeting with Goa Pollution control Board chairman Mr Mahesh Patil on 22 April 2024 .

Dr Sandesh Chodankar, President, Goa State I.M.A Dr. Shekhar Salkar, President IMA Bicholim , discussed the issues faced by I.M.A.members regarding Biotics.

Chairman GPCB decided to have a detailed meeting along with Biotic officials, Goa waste management CEO and IMA Goa State.





#### THE MEETING OF THE MEMBERS IMA WITH THE CHAIRMAN, GOA STATE POLLUTION CONTROL BOARD (GSPCB) ON 3RD MAY, 2024





## 4/5/2024

Training cum hands on workshop for experts appointed in misconduct / appeal cases by national Medical commission in collaboration with Goa medical council







#### 10/5/24 meeting with Mr Chokrovarti on his Euthanasia issue

A team of members of Indian Medical Association, Goa State (IMA) and Goa State Legal Services Authority (GSLSA) visited the residence of Mr. Chakravarthy.Mr. Chakravarthy, who is suffering from Muscular Dystrophy, had made a representation to GSLSA taking assistance for active euthanasia in view of advance incurable muscular dystrophy causing poor quality of life with complete dependence.

The team constituted by GSLSA was headed by Dr Shekhar Salkar (President IMA Bicholim) comprised of Dr Amol Mahaldar (Non Official Member GSLSA), Dr Devdut Sail (Secretary, Telemedicine Society of Goa) and Mamta Naik (Paralegal Volunteer GSLSA).

The mandate of this team was not about medical assessment or advice, but for counselling, the patient about the status of euthanasia vis-a-vis passive euthanasia or end of lifecare directives.

The team apprised, Mr. Chakravarthy about the possibility of making a living will attested by Gazetted Officer and in presence of two witnesses .

GSLSA team has assured Mr. Chakravarthy of complete support in the endeavour of completing this formality.

As regards his request for Euthanasia, the Team has made him aware that as of now it is completely illegal in India.





## Organ donation

- Hon. Justice M S Sonak Senior judge, HC of Bombay @ Goa and his wife Mrs. Sangita declared that he has pledged his organs after brain death on NOTTO website on 24 May 2024
- He declared his support for a noble cause started in 2017 by IMA Goa under than leadership of Dr Medha Salkar with motto

"Keep Giving Carry on Living"



#### PLEDGE CERTIFICATE



में, विकित्सा विशेषणों से बोर्ड प्राय पुल (बेल्स्टेम/कार्डियक) प्रोफित किए जाने से बाद विकित्य प्रदेश्य से प्रिए अपने शरीर से उजिस्त्रित ज्यों और/या जातकों को निकालने के लिए स्पष्ट रूप जफिलून करता हूं।

I, hereby unequivocally authorise the removal of the mentioned Organ(s) and for Tissue(s) from my body for therapeutic purpose after being declared (BrainStern/ Cardiac) dead by the board of medical experts.





Smt. Dr. Vibhavari Sonak- Cornea donation [92 yrs], Mother of Justice Sonak

#### Mr. Sonak- Filling up form of SOTTO







AMD of Mrs Sangita Sonak Witness- Dr Sandesh Chodankar , Dr Amol Mah<mark>aldar</mark> Gazetted Officer- Dr. Medha Salkar





#### Meeting 6/6/2024

As a token of gratitude on behalf of IMA Goa state President Dr Sandesh Chodankar and IMA Bicholim President Dr Shekhar Salkar handed over hard copy of AMD to deputy director Dr Rupa for their active cooperation in operationalizing end of life care.

Other agendas discussed were CEA and Supreme Court's directives for fixation of rate in all private hospital across India.





### IMA BARDEZ Medical Camp and COLS workshop

- Multi specialty medical camp and COLS workshop conducted at shree Kamleshwar High school in association with Krishnai Vishnu korgaonkar family association on 15<sup>th</sup> may'24
- Medicine, Surgery, ENT, othalm, OBG, Skin, pediatrics, Ortho consultation offered
- > 200 Patients examined and dispensed free medicines
- COLS workshop attended by 50 staff members of school and general public







### IMA BICHOLIM





PRESIDENT DR SHEKHAR SALKAR DELIVERED A LECTURE ON "YOUTH & ADDICTION " at GOVT. HIGH SCHOOL KUDCHIRE AT TWO DAY CAMP ORGANISED BYPRERNA PRATISHTHAN FOR ADOLESCENT BOYS

ON 25 TH MAY 2024

ALSO PRESENT ON THE OCCASSION WERE

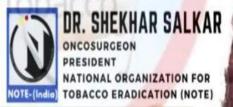
PRESIDENT OF PRATISHTHAN MADAM POURNIMA KERKAR AND PAST PRESIDENT OF IMA BICHOLIM DR MEDHA SALKAR

IN ALL 25 PARTICIPANTS BENEFITTED FROM THE CAMP



### Ima Bicholim





Goa 31st May 2024



31st may 2024 - World No Tobacco Day

President Dr. Shekhar Salkar urged smokers & tobacco users to quit the habit through his message on social media platforms

He spoke on the theme 'preventing children from tobacco industry interference '



## IMA MORMUGOA

- CME by IMA Mormugao was held on 17th May 2024
- attended by 33 members.
- Topic: 2 interesting case presentation
- Speaker: Dr. Priya Nair
- Venue: Hotel Flora Grand











## IMA MARGAO CME 17<sup>th</sup> MAY

- 17th May 2024 a CME was held at VIVA hotel by IMA Margao.
- 75 members attended the CME.
- Speakers were -DR GIRISH VELIS - -Diabetic Retinopathy DR. KAUSHIK HEGADE -Recent advances in ophthalmology.
  - One CME credit was awarded by medical council.





#### IMA MARGAO



- On 24th may 2024 a CME was held at SGDH by IMA Margao.
- 84 members attended the CME.
- Speakers were ,DR BIPIN ABRAHAM who spoke on winning the battle against DM and DR MANISH KUSHE who spoke on oral semigluitide ,case based discussion.
- One CME credit was awarded by medical council.





#### IMA MARGAO

- On 17th May world hypertension day was celebrated by IMA MARGAO in association with medicine department of SGDH at SGDH.
- BP and GLUCOMETER check was done for total 130 staff of Vijay agency, security and MTS.
- ► Talk was delivered by DR EDWARD DEMELLO
- It was followed by rally around hospital opds .







#### IMA PONDA 29<sup>th</sup> April to 3<sup>rd</sup> May -DR. SURAJ KANEKAR CONDUCTED A YOG SESSION







#### IMA PONDA MEDICAL CAMP & FELICITAION OF DR. ANIL GAUNEKAR - 12/05/24



Medical team for camp
1.Dr. Suraj Kanekar
2. Dr. Vandana Patankar
3. Dr. Manish Debsikar
4. Dr. kanhopatra Pankar
5. Dr. Keshav Priolkar
6. Dr. Chitralekha Nayak
7. Dr. Marathe
8. Dr. Ajay Pednekar
9. Dr. Jagruti Nadkarni
10. Dr. Pradnya Kakodkar
11. Dr. Rajan Prookjar
12. Dr. Laxmikant Naik
13. Dr. Anil Gaunekar
14. Dr. Vallabh Dhaimodker

Support team 1. Dr. Pinak Prabhudesai 2. Dr. Pankaj Rajmane

Chief Guest Dr. Lalana Bakhale

Guest of honor Dr. Dattaram Desai

Dr. Anil Gaunekar, Mahajan of Shree Nagesh Devasthan & Senior Medical Practitioner of Ponda Taluka was felicitated by Devasthan Committee.



#### MEDICAL CAMP & FELICITAION OF DR. ANIL GAUNEKAR - 12/05/24















#### IMA PONDA WORLD CHRONIC FATIGUE DAY & ASTHMA DAY CELEBRATED - 13/05/24



World chronic fatigue day & Asthma day was celebrated at Keri village between 7pm to 8pm.

- Talk was given by Dr. Suraj Kanekar IMA Ponda.
- Total participants 37 villagers.







#### IMA PONDA HEALTH AWARENESS TALK BY DR. PURNIMA USGAONKAR - 14/05/24



- Awareness talk by Dr. Purnima Usgaonker on Sunday. International Day of Woman Health Awareness to the ladies, attending the yoga classes for living happily with diabetes , under Nave Marg.
- About 20 ladies attended the talk & the programme thereafter conducted by yoga teacher to encourage them to continue without any fees.
- They all attended 4 months of the classes & some of them spoke on the benefits of the same on their physical & mental health .
- Yoga teacher Sanjeev Naik is taking their classes very efficiently with dedication.
- Peaceful Society woman coordinator Mrs. Bharati Bandodkar & Sir Kalanand Mani are religiously supervising the proceedings everytime thrice in a week & this programme too was organized by them.







## IMA PONDA 5-18thMay -DR. SURAJ KANEKAR CONDUCTED A YOG SESSION

- Dr. Suraj kanekar conducted a Yog session & meditation on the theme of be kind to your mind at Arla ward of Keri village between 5 am to 6.30 am.
- Total participants 21 villagers.







## IMA PONDA DR. SURAJ KANEKAR HAD A MEETING AT KERI - 20/05/24



- Dr. Suraj Kanekar had a meeting at Keri village at 7pm to 8.15pm.
- Total participants 18 villagers.
- Topic discussed International Women's Day & how we can support woman's in their activities & anti tobacco day.





## IMA PONDA DR. SURAJ KANEKAR'S MEETING AT BHUT KHAMB KERI - 20/05/24

- Dr. Suraj kanekar had meeting at Bhut Khamb Keri at 8.30pm to 10pm regarding Importance of yog.
- Making Bhut Khamb area plastic free zone.
- How to be away from vices & celebration of environment day .
- From 5<sup>th</sup> June onwards target 200 plants includes Kari patta, Aamla, Aovala, Neem.
- Total participants 15 youths.



## IMA PONDA DR. SURAJ KANEKAR HAD A YOG SESSION AT KERI - 21/05/24



- > Dr. Suraj Kanekar had a yog session at Bhut Khamb Keri at 5am to 6.30am.
- Total participants 16, ninty percents were youths.
- Topic how to be disease free life.
- Plastic free ward date fixed was 2<sup>nd</sup> june & how to keep away from retirement & jobs in life.









## DR. KANEKAR HAD A YOG SESSION AT KERI-22/05/24



- Dr. Suraj Kanekar had a yog session at Bhut Khamb Keri between 5am to 6.30am
- Total participants 18 villagers .



- Topics discussed ... Diabeties camp on 9<sup>th</sup> june for Keri village between 8am to 10am.
- Surya Namaskar ..... Advantages of getting up early in the morning & importance of Sanskar's in the life.









## IMA PONDA 7<sup>TH</sup> CME and 5<sup>th</sup> monthly meeting- 24/05/24



- It was conducted on Friday at IMA House.
- The Title of the CME was " Red flag in vertigo".
- Speaker : Dr. Dr Gajanan Ashok Panandikar ,MBBS, MD (MEDICINE), DM,DNB (NEUROLOGY
- 31 doctors attended the CME.







## DISASTER MANAGEMENT CELL IMA GOA STATE Diabetes detection & awareness camp

DMC IMA Goa State & Inspectorate of Factories & Boilers, Altinho, Panaji conducted Diabetes detection & Awareness Camp at Bethora Industrial Estate in the premises of UB, Bethora Goa on

26<sup>th</sup> April'24







### DISASTER MANAGEMENT CELL IMA GOA STATE

- Dr. Basawraj P. and Dr. Naresh Fadte delivered a lecture on Diabetes Mellitus and created awareness on Diabetes in Industrial workers. Around 80 workers were present for the session on 26 April 2024.
- A total of 67 Blood samples were collected by Savaikar Hospital and Laparoscopic Ponda in the Industrial premises of UB.
  - Dr. Neeraj Dixit and Dr. Chirag Bhandari were present for the above said camp.





## MSN

- The second Tuesday of May is celebrated as World Asthma Day. This year the IMA-MSN Council designed the Poster to spread awareness to emphasise the need to empower people with Asthma.
- Dr. Uday Kakodkar, Prof and HOD of Respiratory Medicine helped the MSN to add the right information for the poster.





## MSN DEMONSTRATION OF USING ORS

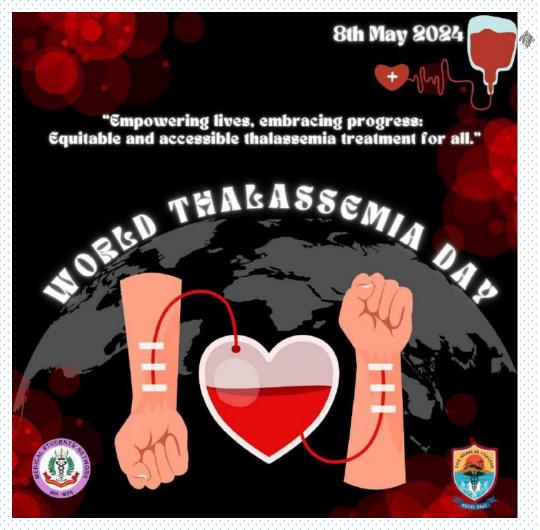
- IMA-MSN GOA Members visited the Pediatrics OPD and spoke to the parents of the children in small group discussion format informing them about the importance of ORAL REHYDRATION SOLUTION.
- Using simple language the students explained the ingredients of ORS the steps to prepare it at home from common ingredients available.





## MSN WORLD THALASSEMIA DAY



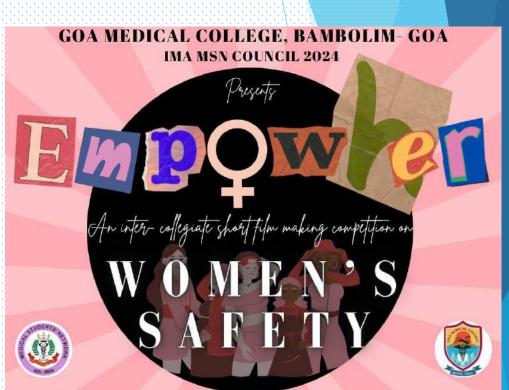


World Thalassemia Day is observed annually on May 8th to raise awareness about thalassemia, a genetic blood disorder. The IMA-MSN designed an online poster for social media to highlight the importance of early diagnosis in managing the disease



# MSN

- On 14th May 2024, IMA-MSN announced an Inter College Film Competition highlighting the issue of safety of Women in our country.
- The students from various colleges in the state have been sending their entries since 25th May.
- Their film will be portrayed in the college auditorium in the month of June 2024.



- · Judging criteria: Originality, creativity, editing, screenplay, conveyance of the message.
- Likes on the video uploaded on instagram handle @imamsn\_goa will carry 20% weightage in final score.
  No use of foul language or vulgarity of any manner, no controversial opinions, plagiarism will not be entertained.
- Do not exceed the time limit of 3-5 minutes.
- Entry submission period: 25th May 2024 31st May 2024.
- Submit your entries via telegram on 7719910666 (Arijit Kakodkar)
- Awards: 1st place: Rs. 2500/- , 2nd place: Rs. 1500/- , Special prize for the film with most likes.

# MSN WORLD NO TOBACCO DAY, 31<sup>ST</sup> MAY





Live Webinar was conducted on World no tobacco Day "Protecting Children from Tobacco "by MSN Advisor & Past State President Dr. Jagadish A. Cacodcar as Guest faculty along with MSN Past President Suryam Singh & President Arijit Kakodkar. There were over 444 delegates across India who were present for it on 31<sup>st</sup> May '24



### Glimpses of the presentation



#### BE CAREFUL OF THE DIGITAL/SOCIAL MEDIA

#### Digital/social media promote/sell e-cigarettes despite ban

· Tobacco companies promote short YouTube videos that grab attention of our children & youth

· Philip Morris - Veeba e-cloarettes, promoted the 'Foundation for a Smoke-Free World' rebranded in May 2024 as Global Action to End Smoking

· WHO, The Union & John Hopkins University not partnered with FSFW

· Fake Instagram / SnapChat groups: · Their phone numbers need to be traced

#### TOBACCO CONTROL AIN'T EASY TOBACCO INDUSTRY INTERFERENCE CONSTANT



Its no longer only about promotion & advertisement

Trade laws must be applied to social media platform related markets



Breathing second hand smoke kills!



Tobacco acts as "Gateway Drug"



commonly abused substances by older children & youth, which often gateway to the use



# HEALTH EDUCATION PROGRAM on 31 may '24

- A Health education program was conducted by the students of IMA at the TB & Chest Hospital ,Taleigao.
- The students engaged with patients & hospital staff and informed them about dangers of tobacco use.
- Their efforts aimed to raise awareness & encourage tobacco free lifestyle among people.







## WALKATHON 2024 2<sup>nd</sup> June' 24

- The students of IMA organised a Walkathon on Bambolim Beach on a Sunday to promote World no tobacco day for about 3km.
- They gathered and walked around with posters and banners conveying the benefits of quitting tobacco smoking.
- Was headed by MSN Coordinators Arijit Kakodkar,Yashaswi Tulaskar,Soha Gadekar & Harshavi Govekar







- Letter to Shri Justice M. S. Sonak Senior Judge & Executive Chairman GSLSA High Court of Bombay at Goa.
- Letter of appreciation for championing the issue of Advanced Medical Directives (AMD) and implementation of "End of Life: Living Will" for the state of Goa.



**EXECUTIVE COMMITTEE 2024** 

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8668331655

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#### INDIAN MEDICAL ASSOCIATION GOA STATE BRANCH

REGISTRATION NO. 33/GOA/98 (THE SOCIETIES REGISTRATION ACT. 1860) IMA GOA OFFICE, HOUSE NO. 5-6, 2ND FLOOR, ASHIQUE SQUARE BUILDING OPPOSITE PWD OFFICE, ST INEZ, PANAJI GOA, 40300



Date- 03/06/2024 Ref: IMA/PR/0124/020

Shri Justice M. S. Sonak Senior Judge & Executive Chairman **GSLSA High Court of Bombay at Goa.** 

Subject: Letter of appreciation for championing the issue of Advanced Medical Directives (AMD) and implementation of "End of Life: Living Will" for the state of Goa.

Ref: Advance Medical Directive' issued by Hon'ble Supreme Court of India MA No. 1699/ 2019 in WP (C) No. 215/ 2005.

Respected Shri Justice M. S. Sonak Ji,

Indian Medical Association, Goa State Branch along with its members would like to extend our appreciation for your pro-active support in implementation of Advanced Medical Directives (AMD), "End of Life: Living Will" for the state of Goa.

The collective effort of your team and IMA Goa state along with other stakeholders has ensured and allowed the citizens of the state to express their wish if they become incapacitated and unable to communicate due to medical conditions and this step encompasses the dignity of the individual under Article 21 Right to life.

We hereby would like to take this opportunity to sincerely thank you and your team members Smt. Vijaya V. Ambre, Member Secretary GSLSA, Shri. Ram Subrai Prabhudessai Registrar (Judicial) for the continued support and technical guidance.

With warm regards,

EDITOR IMA NEWS Dr. Medha Salkar

EDITOR IMA WEBSITE **Dr. Anil Mehndiratta** 

**Dr Sandesh Chodankar** President Indian Medical association Goa State Branch 09422062770





Letter to Dr Pramod Sawant Chief Minster, Government of Goa

Letter of appreciation for addressing the issues pertaining to Clinical Establishment Act and granting extension period for permanent registration.



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Chief Minster Government of Goa

To.

**Dr** Pramod Sawant

Subject: Letter of appreciation for addressing the issues pertaining to Clinical Establishment Act and granting extension period for permanent registration.

Ref: Recent gazette notification vide ordinance number 4 of 2024. The Goa Clinical Establishments (Registration and Regulation) (Amendment) ordinance, 2024.

#### Respected Dr. Pramod Sawant Ji,

Indian Medical Association, Goa State Branch along with its members would like to extend our appreciation for your pro-active support in resolving issues pertaining to medical sector.

The extension for submission of applications to obtain permanent registration under the provisions of Clinical Establishment Act is a much-needed relief for medical practitioners across the state, this step is the testimony of good governance and bureaucracy under your able leadership.

We hereby would like to sincerely thank you for supporting the medical

fraternity. With warm regards,

Dr Sandesh Chodankar President Indian Medical association Goa State Branch 09422062770



Letter to Shri P.S. Sreedharan Pillai, Governor of Goa

Letter of appreciation for addressing the issues pertaining to Clinical Establishment Act and granting extension period for permanent registration.





# THANK YOU

