



IMA GOA STATE ACTIVITIES APRIL 2024



Rheumacon - Rheumatology state level CME



- ▶ IMA Goa State in association with IMA Bardez organised state level Rheumatology CME
- ▶ Venue - Hotel Grand Kadamba
- ▶ Date 14th April 2024
- ▶ 2 CME point granted
- ▶ 100+ members attended





IMA GOA STATE LEVEL CME



▶ IMA state organized state level on 20th April 2024 at

The Fortune Miramar , Panjim .

▶ Speakers

1] Dr Debkishore Gupta
Topic-Role of Syndromic testing in managing critically ill patients

2] Dr Prabhu Prasad N.C
Topic-diagnostic stewardship in pneumonia : role of point of care molecular tests

60 members attended
1 CME point granted





IMPORTANT MEETING



Meeting with Goa Pollution control Board chairman

Mr Mahesh Patil on 22 April 2024 .

Dr Sandesh Chodankar, President, Goa State I.M.A
Dr. Shekhar Salkar, President IMA Bicholim ,
discussed the issues faced by I.M.A. members
regarding Biotics.

Chairman GPCB decided to have a detailed
meeting along with Biotic officials, Goa waste
management CEO and IMA Goa State.





IMA BARDEZ

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IMA BARDEZ

Approach to neurosurgical emergencies

- ▶ Venue - Hotel Sai kiran Mapusa
- ▶ Date 27th April 2024
- ▶ Speaker - Dr Farook Sayed Ahamed, Consultant neurosurgeon
- ▶ 1 CME point granted
- ▶ 45 members attended





IMA BICHOLIM

Organising Committee of GIMACON 2024 announced the release of Brochure and Delegate Registration Form on 23 April 2024

GIMACON will be held on
5th and 6th of October 2024
AT BIG BEE HALL
Savai Verem, Betqui Goa

XXXVI
GIMACON
OCTOBER 2024

5th & 6th
October 2024

BIG Bee Banquet Halls, Savoi-Verem, Betqui, Goa

-THEME-
BE KIND TO YOUR MIND
IMA GOA STATE BRANCH

Hosted by
IMA Bicholim Branch





IMA BICHOLIM



C.M.E. was Organised on 28 April 2024
At Lions Club Hall on the

Topic:
APPROACH TO NEUROLOGICAL EMERGENCIES

by Dr Farook Sayed Ahamed,

Consultant Neurosurgeon, Healthway
Hospital, Goa



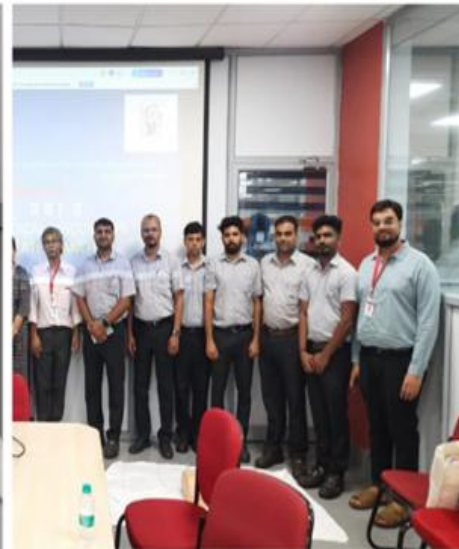


IMA MORMUGOA



- ▶ 1. COLS WORKSHOP CONDUCTED FOR IFB INDUSTRIES VERNA
- ▶ MEMBERS DR DEEPAK KUVELKER, DR AHMAR SAEED, DR SUJATA KUVELKER
- ▶ ATTENDED BY 30 MEMBERS , HELD ON 15TH APRIL.

- ▶ 2. COLS WORKSHOP HELD FOR CISF PERSONEL
- ▶ ON 29TH APRIL AT BAINA MPT HALL
- ▶ ATTENDED BY 40 PEOPLE CONDUCTED BY DR SUJATA KUVELKER.





IMA PONDA YOGA SESSION CONDUCTED BY DR. SURAJ KANEKAR - FROM 25/03/24 TO 30/03/24



- ▶ At Wangal Keri village at 5am to 6.30am. Total 26 people participated under Aao Gaon Chale Abhiyan.
- ▶ Topics - Fatty Liver, Obesity, Plastic Free Zone.





IMA PONDA DR. SURAJ KANEKAR STARTED YOGA SESSION - 01/04/24

- ▶ On the occasion of World Health Day Dr. Suraj Kanekar has started a yoga session at Municiple Garden Silva Nagar Ponda at 5am to 6.30.
- ▶ 25 people participated on 1st day.

Surajya Nyas Goa
In Collaboration with
Indian Medical Association
Invites you for a Therapeutic Yoga to reconnect with self By
Dr. Suraj Kanekar (MBBS)

We all were born healthy,
What is our status now?
Am I Responsible for it?
Can I correct Myself ?
and for many more such doubts,
Join this Therapeutic Yoga

Let's Join
Date : 1st April 2024 to 6th April 2024
Timing : 5.30 am to 6.30 am
Venue : Municipal Garden, Silvanagar, Ponda-Goa

Please carry Yoga Mat or Cotton Bedsheet Please Register at : 9823449277 (Shivanand Sawant)





IMA PONDA REGULAR HEALTH CHECK UP UNDER AAO GAON CHALE - 06/04/24



- ▶ It was held at Peaceful Society by IMA Ponda & Charitable Trust in association with SBI Karuna & Peaceful Society in the adopted village of Dhakne Madkai.
- ▶ It was attended by 33 patients.
- ▶ Dr. Purnima & Dr. Vandana examined the patients.
- ▶ Regular yoga classes are going on Tuesday, Thursday & Saturday from 5.30pm to 6.30pm since 02/04/24.
- ▶ The villagers have decided to continue.
- ▶ Yoga teacher Sanjay Naik & the founder of Nave Marg Dr. Celso Fernandes were present.





IMA PONDA

A FOLLOW UP HAEMOGLOBIN ESTIMATION CAMP AT MATRUCHAYA- 06/04/24



- ▶ It was held at Matruchaya for the adolescent girls of Matruchaya & staff & caretakers organized by IMA Ponda, Adolescent Health Cell of IMA Goa State & IAP Goa State with IAP ki Baat Community ke Saath theme.
- ▶ Around 40 total were tested .
- ▶ One year back a similar check-up was held for the same girls & staff.
- ▶ Dr. Purnima gave an awareness talk on anaemia with discussions on factors to be considered to prevent anemia & diet & medicines for anemia. They were informed.
- ▶ She declared prizes for the ones who will show improvement in their Hb status for last year.
- ▶ The results of testing revealed improvement in levels from last time in almost 90% of cases.
- ▶ The staff on the contrary revealed a further drop in most of them. They were advised diet & medicines.
- ▶ The girls enjoyed antakshari & bhaktigeet when blood checking was going on.
- ▶ They were triumphant on improvement of their Hb & were thrilled to go home happily for vacation with good wait for prizes.
- ▶ The programme started with an introduction by Mrs. Supriya Bodke of the doctors , Dr. Purnima Usgaonker, Dr. Vandana Patankar & Dr. Smita Usgaoncar.
- ▶ Hb testing was done by Dilasa staff Laxmi & Dr. Samidha Khandeparkar's staff Saby.





IMA PONDA OBSERVANCE OF WORLD HEALTH DAY 2024 07/04/24



- ▶ A talk was held by IMA Ponda & Charitable Trust where in Dr. Purnima Usgaonker spoke on the theme for the WHD 24 “ My Health My Right “.
- ▶ She stressed on Mental Health which requires attention as on today with the growing challenges in today’s life & the need of Yoga therapy as a part of other management. She also emphasized the need of palliative care to the life limiting & life threatening diseases which is their right to lead a dignified life.
- ▶ The programme was attended by around 40 people.





IMA PONDA

COL PROGRAMME - 15/04/2024



It was organized at Matruchaya Dhavli by Adolescent Health cell of IMA Goa State, Matruchaya Seva 25, IMA Ponda, IAP Goa State IAP ki baat Community ke saath for the adolescent girls of Matruchaya along with the staff & caretakers of Matruchaya.

- ▶ Around 20 people attended the programme.
- ▶ Dr. Vandana Pathankar, a member of IMA Ponda , conducted the programme with presentation followed by a demonstration along with Dr. Purnima Usgaonker chairperson Adolescent Health Cell IMA Goa State.
- ▶ The girls took great interest & enthusiastically participated in the proceedings.
- ▶ Head girl Rishwa managed the arrangements under the guidance of Matruchaya Superintendent Mrs. Supriya Bodke.
- ▶ The programme was a success since all the girls , staff & other attendants expressed satisfaction .
- ▶ Dr. Vanadana vividly did the demonstration & answered the queries.





IMA PONDA CME ON BREAST CANCER AND RECENT UPDATES- 17/04/24



- ▶ IMA Ponda organized a CME at Hotel Pan Aroma , the speaker was renowned oncologist Dr. Jeyhan Dhabar from Mumbai who spoke on Breast cancer & recent medical updates.
- ▶ The CME was attended by 35 doctors.





IMA PONDA YOG CAMP UNDER AAO GAON CHALE ABHIYAN - FROM 15/04/24 TO 20/04/24

- ▶ It was organized by Dr. Suraj Kanekar for celebrating World Health Day & World Earth Day at Laxmi temple Keri at 7.00pm to 8.30pm.





IMA PONDA WORLD EARTH DAY & WORLD LIVER DAY - FROM 17/04/24 TO 22/04/24

- ▶ It was observed at Nale Wada in Keri village by Dr. Suraj Kanekar at 5am to 6.30am.
- ▶ Total 40 people attended.
- ▶ Topic- how to get away from alcohol, Lets make your surroundings plastic free.





IMA PONDA CME AND 4TH MONTHLY MEETING 20/04/24



- ▶ It was conducted on Saturday at IMA House.
- ▶ Topic-“ Dealing with Silent Threats : Advances in the Treatment of DVT and Pulmonary Embolism”.
- ▶ Speaker : Dr. Charudutt Sambhaji, endovascular surgeon and interventional radiologist.
- ▶ A Workshop was also conducted
- ▶ Comprehensive Care: Understanding working of IVC filters, common thrombectomy systems and Optimizing Treatment with Compression Therapies for DVT and Venous insufficiency
- ▶ The Workshop was conducted by Dr.Charudutt Sambhaji, Dr. Uma Pankar and Dr. Rakesh Deshmane.
- ▶ 40 doctors attended the CME.





THE BOOK RELEASE CEREMONY OF DR. REWA'S BOOK, " PALI ANI BARACH KAHI"- 13/04/24



Dr. Kedar Padte , Gynaecologist , Panaji was the Chief Guest while Dr. Shekhar Salkar, onco surgeon , Manipal Hospital , Goa was the Guest of Honour.

DR. NUTAN DEV FELICITATED ON GUDI PADWA - 09/04/24





Felicitation of DR. Purnima Usgaonker at Goa College of Engineering Information & Technology on occasion of celebrating International Women's Day 24.



Felicitation of Dr. Rajendra Borkar Medical Superintendent of South Goa District Hospital was done by DHS on occasion of World Health Day.





IMA TISWADI



- ▶ IMA Tiswadi in association with Healthcare Global Enterprises Limited (HCG) organised physical CME on 19th April at Hotel Taj Vivanta Miramar
- ▶ Dr Sridhar PS spoke on MDT Approach of advanced cancer Dr Nataraj KS spoke on approach to pancytopenia through case based discussion. Dr Oscar Rebello, spoke on Approach to drowsiness. Nearly 60 delegates attended CME.
- ▶ The CME accredited 1 credit point by the Goa Medical Council





IMA TISWADI

- ▶ IMA Tiswadi in association with Healthway Hospital Goa organised physical CME program on Friday, 26th April 2024, at Hotel Delmoon Panaji, Goa.
- ▶ Dr Farook Ahamed, Consultant Neurosurgeon at Healthway Hospital, Goa, delivered lecture on approach to Neurosurgical Emergencies with real life cases.





GARD MSN MARATHON



- ▶ IMA MSN Goa conducted Marathon in association with Goa Association of Resident Doctors on 3/3/24. It saw a participation of around 1300 members of the medical fraternity, running 2km, 5km and 10km distances.
- ▶ A reel making competition was also organised as a part of this, and a total of 18 reels were submitted for the same. First 3 winners were awarded the prizes on 3rd March at Shyama Prasad Mukherjee Stadium.
- ▶ The objectives for the marathon were health promotion on physical activity and TB elimination.





MSN INDUCTION CEREMONY 2024



- ▶ The IMA-MSN organised the Induction Ceremony of the it's newly elected members for the year 2024-25.
- ▶ The function was graced by Prof.Dr.S.M Bandekar as the Chief Guest.
- ▶ Guest of Honour for the function was Dr.Sandesh Chodankar(IMA STATE PRESIDENT).
Dr. Rajashree Marathe(IMA STATE SECRETARY), Dr.Sandeep Sardessai(DIRECTOR OF ACADEMIC SECTION) Dr.Jagadish Cacodcar(MSN ADVISOR) were the dignitaries for the ceremony.
- ▶ Event included speeches by distinguished guests emphasising the importance of the occasion & concluded by an inspirational talk by Guest Speaker Dr.Michelle Viegas Parab on her life journey from MBBS to interventional Cardiology .
- ▶ The New Council Members took the Oath symbolising to the integrity of IMA-MSN.



Outgoing Council with the Incoming Council & dignitaries on the dais.



- ▶ The IMA -MSN COUNCIL consisting of 8 members.
- ▶ Office bearers include:
 - ▶ State Convenor Arijit Kakodkar
 - ▶ Secretary Yashaswi Tulaskar
 - ▶ Finance Secretary Harshavi Govekar
 - ▶ 2 Co-Convenors
 - ▶ National Council Member
 - ▶ 2 Joint Secretaries





MSN BLOOD DONATION DRIVE



- ▶ THE IMA-MSN team organized a blood donation drive from the 22nd to 27th April 2024.
- ▶ The goal of a century was crossed.





THANK YOU