





IMA GOA STATE BRANCH ACTIVITIES FEB '24

- 
- 
- ▶ Indian Medical Association (IMA) Goa State Branch in association with Manipal Hospital (MH), Goa, organized an event to commemorate World Cancer Day on 3/2/2024.
 - ▶ The event aimed to raise awareness about cancer and to encourage a dialogue on the prevention and detection of cancer and to reduce the Care Gap.
 - ▶ Dr. Sandesh Chodankar President-IMA Goa State Branch for 2024 was the chief guest. Dr. Sandesh Chodankar said, “We stand at the forefront of a united effort to combat cancer, and IMA Goa State Branch Supports the resolution to fight this dreaded disease and reduce the Gap in Care of Cancer Patients.




- The Goa State Branch of IMA in association with GSIDC illuminated the Atal Setu , Panjim in orange and navy blue colors on the 3rd and 4th of February 2024 .
- By showcasing the colors associated with World Cancer Day on Atal setu , IMA Goa state branch aim to convey a powerful message that cancer is not only preventable but also curable .



- 
- 
- ▶ IMA Goa State branch along with Goa State Legal Service Authority and Sangat Goa, organized a program on sensitization of judicial officers on stress management at the workplace. The program was organized on 10 February 2024 at 9:30 AM in the conference hall of the High Court of Bombay at Goa.
 - ▶ The dignitaries included stalwarts from judiciary Justice M. Sonak, Justice Deshpande, Judge Vijaya Ambre, Judge Irshad Aga.
 - ▶ The event was attended by more than 50 judicial officers.
 - ▶ Dr Vikram Patel and Urvita Bhatia of Sangath were resource persons
 - ▶ IMA Goa state also launched the monthly newsletter Medi-Vocal, at the hands of distinguished guest present at the event,




- 
- ▶ Indian Medical Association Goa State and Goa State Legal Service Authority (GSLSA) organised a symposium/discussion on 16th February 2024 at 5.00 PM in the conference hall of High court of Bombay at Goa on IMA GOA STATE 2024 initiative on Medical futility and End of life care with implementation of Advanced Medical Directives (AMD) better known as “Living Will”.
 - ▶ The program was chaired by Shri Justice M.S Sonak, Shri Justice Bharat Deshpande and Dr. Sandesh Chodankar, President IMA Goa State branch.
 - ▶ Shri Justice M.S Sonak elaborated on various intricate details of the prevalent directives for Advanced Medical Directives issued by the supreme court of India and congratulated IMA Goa state branch for embracing such activities in the interest of society.



- ▶ IMA Goa State Branch in association with Manipal Hospital (MH), and Lions Club International, commemorated International Childhood Cancer Day on 16/02/2024.
- ▶ The event's objective was to raise awareness about childhood and adolescent cancer while offering support to those currently battling or who have overcome the illness.



- 
- ▶ IMA Goa State and IMA Bardez organized a state level CME in association with Arihant Hospital Belgaum on 24th Feb '24 at Hotel Fern Kadamba , Panjim on following topics
 - ▶ Complications of cirrhosis of Liver – Dr Varadraj Gokak
 - ▶ What's new in interventional cardiology – Dr Prabhu halkati
 - ▶ Demystifying Kidney transplantation – Dr Vijaykumar Patil
 - ▶ Stress management for Doctors – Dr M D Dixit
 - ▶ Over 80 members of different branches attended the session



IMA GOA CQS Branch

- ▶ Career Guidance Program by Dr Shankar Nadkarni of IMACQS at Guardian Angel High School under Aegis of Aao School Chalein on 17.02.24



Talk on Menstrual Hygiene by Dr. Pradnya Kakodkar of IMA CQS
at Somnath English High School on 28.02.24



Monthly meeting and CME on Challenges faced on OBG Practice by Dr Vishnu Sheldekar on 16.Feb.24





IMA Bardez Activity Report Feb 2024

Installation ceremony and CME

- Venue – Hotel Green Park, Guirim
- Date 10th Feb 2024
- Installation ceremony of IMA Bardez 2024 executive committee by Dr Avdut Thali (installation officer)
- CME on “organ preservation, conservation surgeries and reconstruction in cancer” Speakers – Dr Sachin Ambre and Dr Suraj Rane
- 1 CME point granted



COLS workshop

- Venue – Shree Shantadurga Prasanna Hish school
- Date 18th Feb 2024
- Resource Person Dr Siddharth Naik, Dr Mahendra Khandolkar



State level CME

- Venue – Hotel Fern Kadamba, Old Goa
- Date 24th Feb 2024
- Topics
 - Complications of cirrhosis of Liver – Dr Varadraj Gokak
 - What's new in interventional cardiology – Dr Prabhu halkati
 - Demystifying Kidney transplantation – Dr Vijaykumar Patil
 - Stress management for Doctors – Dr M D Dixit
- 2 CME points granted



IMA MORMUGOA

- ▶ IMA Mormugao held its 2nd CME of the year on 23rd feb at Flora Grand Hotel.
- ▶ Topic was "Management Of Non Alcoholic Fatty Liver Disease".
- ▶ CME was attended by 45 members, CME was followed by an interesting question and answer session.





ACTIVITIES FOR
FEBRUARY 2024
OF IMA PONDA

MULTISPECIALITY HEALTH CHECK UP CAMP- 04/02/24



- It was conducted by IMA Ponda in association with rotary club of Ponda at Mahatma Gandhi centenary school Gaunem for school children from std 3rd to std 10th.
- Hb check – Dr. Samidha Khandeparkar
- ENT check – Dr. Laxmikant Naik
- Eye check – Dr. Shweta Khandeparkar & Dr. Nikita Wagle
- Dental check – Dr. Siddhesh Shenoy
- General check – Dr. Kautuk Bhatikar.
- In all 120 school children were examined & treatment given or referral advised as per requirement.

HEALTH CAMP INAUGURATION PROGRAMME

04.02.2024

- It was held at **Gausavardhan Kendra Valpoi** & inaugurated in presence of IMA Ponda President Dr. Suraj Kanekar, trustee member IMA Dr. Lalana Bakhale, Dr. Omkar Amshekar, & Natasha Dhuri, President of Jai Shriram Gausavardhan Kendra Valpoi Shri Hanumant Parab.



REGULAR WEEKLY HEALTH CHECK UP AT MATRUCHAYA-07.02.2024



- It was held by IMA Ponda in association with Adolescent Health Cell of IMA Goa State.
- Dr. Purnima Usgaonker examined 21 patients in total of which 18 were children, 2 adolescents & one adult.
- She discussed with the head girl in charge of Anemia detection & treatment for adolescents which started from last year.
- Repeat Hb estimation to be taken up . Topics for short talks at every weekly camps for adolescents were planned & are to begin from next Wednesday.



MEDICAL CHECK UP CAMP – 15.02.24

- ▶ IMA Ponda had a medical check camp at Kendriya Vidhyalaya Curti Ponda between 8.15 to 10.30am.
- ▶ **Total 165 students** were examined for general check up , paediatric, dental care & skin problems.
- ▶ Participating drs were Dr. Suraj Kanekar, Dr. Santosh Usgaonkar, Dr. Purnima Usgaonkar. Dr Nutan Dev, Dr Jaya Shenoy



YOGA CAMP AT VALPOI- 15.02.24

- ▶ DR Suraj Kanekar conducted a Yoga camp & was the chief guest at Hedgewar School at Valpoi.
- ▶ **Total 127 students** took part .
- ▶ Message given was :-example of the Sun- work continuously to achieve the goal, focused, only gives, no demand, no complains, no casual leave, no holiday, never sick, never late, no partiality, equal for all & responsible for the existence of the universe.



REGULAR WEEKLY HEALTH CHECK UP AT MATRUCHAYA-21.02.2024



- Regular weekly health camp by IMA Ponda under Aao Gao Chalen project ,in association with Adolescent Health Cell of IMA Goa State was held at Matruchaya on 21/2/24.
- Dr.Purnima Usgaonker examined 16 patients in total., of which 15 were children,and 2 adolescents
- She discussed with the head girl in charge topics for short talks at every weekly camps for adolescents to be taken up at 5pm from subsequent week onwards.

MENTAL HEALTH TALK ON 22.02.2024

- A talk was held for the villagers of Keri village by Dr Suraj Kanekar on 22/2/24 from 8-9pm in keeping with the IMA state theme 'be kind to your mind' the role of MatruShakti' towards home and old people was discussed. 30 villagers attended the talk



YOGA CAMP AT KERI- 21.02.24 to 23.02.2024

- A 3 day yoga session was held from 21st to 23rd February on the Role of Parents and Grandparents , this was conducted by Dr Suraj Kanekar
- 24 people attended the session



REGULAR WEEKLY HEALTH CHECK UP AT MATRUCHAYA-21.02.2024



- Regular weekly health camp by IMA Ponda under Aao Gao Chalen project ,in association with Adolescent Health Cell of IMA Goa State was held at Matruchaya on 21/2/24.
- Dr.Purnima Usgaonker examined 16 patients in total., of which 15 were children,and 2 adolescents
- She discussed with the head girl in charge topics for short talks at every weekly camps for adolescents to be taken up at 5pm from subsequent week onwards.

2ND MONTHLY MEETING AND CME ON 24.02.2024

- 2nd monthly meeting and CME was held on 24.02.2024 at IMA House Ponda
- Speaker was Dr Vaibhav Dukle, MD, DNB Endocrinology who spoke on Hypothyroidism- Diagnosis and Treatment
- The lecture was attended by 40 doctors.



YOGA CAMP AT KERI- 24.02.24

- Dr Suraj Kanekar conducted a Yoga camp in the village of Keri with IMA Ponda with Aao Gaon Chalein
- **Total 25 villagers** took part .
- Message given was :-plastic free zone in one of the wards of Keri



MATRUMELAVA AT KB HEDGEWAR HIGH SCHOOL ON 24.02.2024

- Dr Vandana Kakodkar and Dr Suraj Kanekar spoke on Nutrition and upbringing of children. DR Ashok Amshekar concluded the function .
- Sulaksha Gawas also spoke on the occasion on child psychology
- 60 ladies and teachers were present



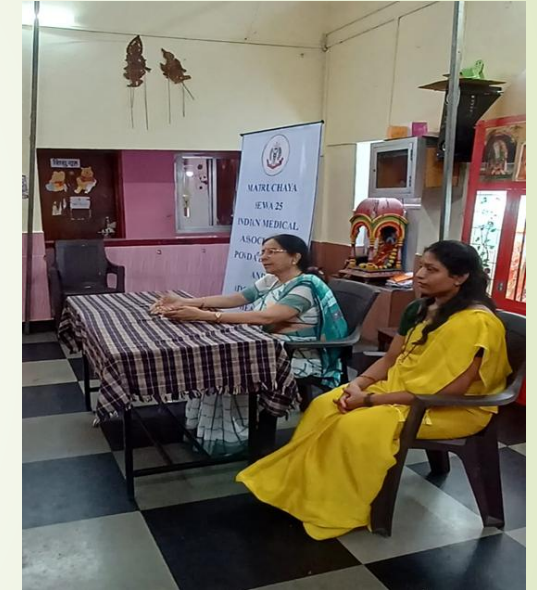
REGULAR WEEKLY HEALTH CHECK UP AT MATRUCHAYA-28.02.2024



- Regular Health check up camp under Aao Gaon Chale abhiyan by IMA Ponda and Adolescent Health Cell IMA Goa state was held on 28/2/24 at Matruchaya Dr.Purnima examined 18 kids and 4 adolescents.

HEALTH AWARENESS TALK ON 28.02.2024

- A Health awareness talk was held at Matruchaya for Adolescent girls of Matruchaya was organised by Adolescent Health Cell of IMA Goa State in association with IMA Ponda on 28/2/24 .
- Topic was " Concentration in Studies ".
- The topic was chosen by the girls themselves at the suggestion from Dr.Purnima Usgaonker chairperson Adolescent Health Cell who was the speaker herself.





IMA BICHOLIM



World Cancer day was
Celebrated
in association with
Manipal Hospitals on
2nd Feb. 2023



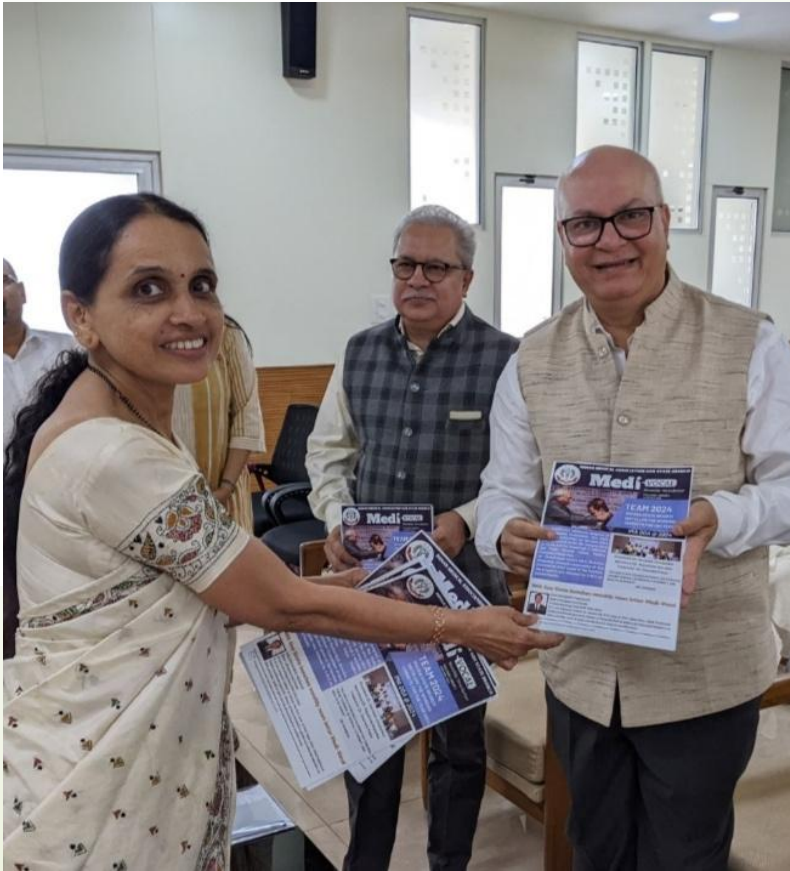
Workshop on Stress management at workplace

was organised at High Court of Bombay at Goa.

Workshop was well attended by 50 Judicial Officers and Luminaries who attended included Justice M. Sonak, Justice Deshpande, Judge Vijaya Ambre ,Judge Irshad Aga.

Dr Vikram Patel and Urvita Bhatia of Sangath were resource persons





Inaugural issue
of
Medi-vocal,
I.M.A. Goa State
monthly newsletter
was released at the
hands of Justice
M.Sonak

Dr.Medha Salkar is
the Editor of Medi -
Vocal



Workshop on Operationalizing End of Life care was Organised in association with Goa State Legal Services Authority, I.M.A. Goa State on 16 Feb. 2024



C.M.E. on
Demystifying Glaucoma
was Organised on 25 February.2024
Dr.Kaushik Dhume, Consultant
Ophthalmologist
was the Speaker