

## Secretary's Report for the Month of November 2022

### 1. IMA GOA STATE

- a. IMA GOA State Branch organized a Medico-Legal Webinar\* in association with CoverYou to discuss \*Medical Negligence and Potential actions to prevent violence against doctors. All the IMA GOA State Branch members were invited to join\*, interact and find answers to their queries from the \*Medico-Legal expert. Advocate Eeshan Usapkar. The CoverYou Team was represented by Suman Dutt Manager: Association Retention. The Topics Discussed were – 1. Insights into CoverYou, 2. The risk factors involved with violence against doctors 3. Potential Actions that are required to mitigate such risks. This was followed by a interactive Q&A session.
- b. IMA GOA STATE was represented at the National Cultural Festival ANANDOTSAV Organised by the National Cultural and Literacy committee at IMA Headquarters at Delhi on 12th November 2022 by two Performances from Goa. The dances were
  - 1) Bollywood Fusion dance ( duration—2:50 mins.)  
6 Participants were - Dr Priyanka Kamat Dhakankar , Dr Deepashri Raikar, Dr Sonali Naik, Dr Smruti Keni, Dr Superna Bhat, Dr Saispoorthi Nayak
  - 2) Dekni Goan Folk dance ( duration --4.30 mins.)  
4 participants - Dr Vandana Patankar, Dr Kalpana Chodankar, Dr Priyanka Dhakankar, Dr Sonali NaikThe program was held in the presence of Hon. National Secretary of IMA Dr Jayesh Lele. IMA National President Dr Sahajanand Prasad Singh addressed the gathering. Participants from different states like, Maharashtra, Karnataka, Andhra Pradesh, Madhya Pradesh, Delhi, Gujarat, Haryana, Punjab, Tamil Nadu, Jharkhand, etc. Presented their art in the form of Dances, Skits and songs.



c. IMA Goa State along with IMA Ponda In association with Directorate of Sports and Youth Affairs, Sports Authority of Goa organised the IMA National Racket Sports Tournament at Manohar Parrikar Indoor Stadium Navelim. The Inaugural function on 18<sup>th</sup> November 2022, was Graced by the presence of Chief Guest Dr Anil Bhaduria, Chairperson of IMA National Standing Committee for Sports 2022, Guest of Honour Dr Rufino Monteiro, President IMA Goa State, Special Invitee Dr Amol Tilve, Hon.Secretary IMA Goa State, Dr Aaron Soares, Hon.Secretary IMA Ponda . The function was compered by Dr Ajay Pednekar, Member of IMA Standing Committee for Sports from Goa.

The event witnessed participation of more than 100 doctors from all over the country taking part in Badminton and table tennis spots in various categories. A Gala Dinner was held for all participants at Cosmique Clarks Inn Suites Goa Hotels and Resort Margao on 19<sup>th</sup> November 2022.

The Prize Distribution Ceremony as Graced by Mr Govind Gawde , Minister for Sports, Government of Goa and Mr Ajay Gawde , Director



of Sports and Youth Affairs, Sports Authority of Goa with Dr Rufino Monteiro President IMA Goa State.



## 2. IMA BARDEZ

- a. Dr Sandeep Naik was interviewed by Dr Poonam Sambhaji IMA BARDEZ member on Breast Cancer Awareness On Facebook Live.
- b. A Multi Speciality Medical/ Surgical and Diagnostic camp was organised by IMA BARDEZ in Association with village panchayat of Calangute , Birla Sun Life And Lions club on the 20th of November 2022. Besides Medicine and Surgery OPD, routine blood test such as sugar /hemoglobin /cholesterol tests were done at no cost.





- c. Indian Medical Association BARDEZ in Association with Caring Souls and GMC Blood Bank organised a blood donation camp on the 20th of November 2022 at Socorro, Porvorim. A total of 70 individuals registered and 50 individuals donated their blood at the camp



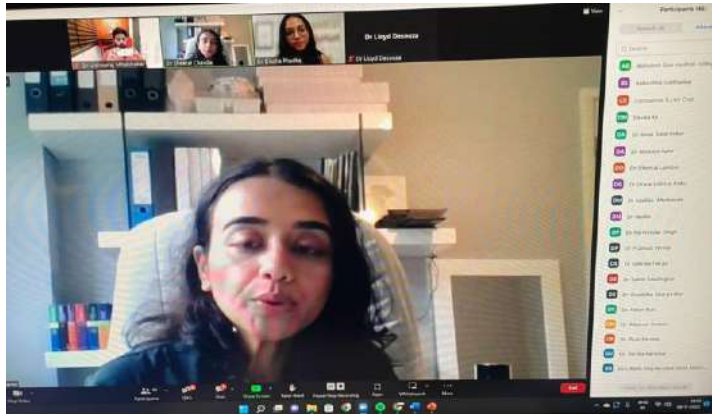
- d. IMA BARDEZ organised a physical CME on 11th November 2022 at Hotel Green Park, Mapusa from 8. 30 PM onwards. Lectures were delivered by two dynamic speakers. Dr Guru Prasad Naik, Chief Interventional Cardiologist ,spoke on Chronic Congestive Heart Failure  
Dr Vishal Sawant, Pediatric Surgeon, spoke on Caudal Duplication Syndrome. 1 CME credit Point



- e. "An Individual can make a difference. Together we make a Change"  
A Mega Health camp was organised by IMA BARDEZ in Association with the Calangute Village Panchayat on 27th November 2022. The camp included Diabetes Screening along with clinical examination by our team of doctors, Dr Sandeep Naik, Dr Harish Tople, Dr Lloyd Desouza, Dr Melissa Rodrigues, Dr Amey Pednekar, Dr Diksha Phadke and Dr Nadia Desouza. 170 patients were examined during the camp.



- f. IMA Bardez in association with IMA Goa State organised an online CME on 8th November 2022 .The lecture was delivered by Dr Sheetal Chavda. TOPIC - Sleep Apnoea . 1 CME credit Point



g. IMA BARDEZ organized a special 'Appreciation and Fellowship' event to honour some of our Senior colleagues on 11/11/2022.

\*Dr Devidas Shirodkar, Dr Suresh Raikar & Dr Chandrakant Porob were felicitated by the EC of IMA Bardez\*



h. In an attempt to facilitate proper healthcare of the elderly, IMA Bardez donated 2 oxygen concentrators to SSV Charitable Trust, Shanti Kutir,





Home for the aged for managing the medical care of unwell senior citizens on 15/11/2022.

- i. *'Be the reason for someone's heartbeat'* Indian Medical Association BARDEZ in Association with unichem Laboratories & Asilo Blood Bank organised a blood donation camp on the 16th of November 2022 at Pilerne . A total of 55 heroes donated their blood at the camp



### 3. IMA BICHOLIM

- a. On 16th November 2022 Bicholim branch of IMA Goa State in association with MPH Goa State, WDW Bicholim branch, Adhaar hospital and Innerwheel Club Bicholim conducted Anemia detection camp at Govind Gunaji High School, Bicholim. Around 70 children both boys and girls were screened for Anaemia in the presence of Dr Kashish Patnekar as a part of PanIndia Anaemia detection initiative of National MPH,IMA.



- b. On 19th November 2022 Bicholim branch of IMA Goa State in association with MPH Goa State, WDW Bicholim branch and Innerwheel



Club Bicholim conducted another Anemia detection camp at Govt. Primary School, Bordem, Bicholim, Goa. Around 80 children both boys and girls were screened for Anaemia as a part of PanIndia Anaemia detection initiative of National Mission Pink Health wing of IMA.

- c. On 19th November 2022 Bicholim branch of IMA Goa State in association with MPH Goa State, WDW Bicholim branch and Innerwheel Club Bicholim conducted another Anemia detection camp at Govt.



Primary School, Bordem, Bicholim, Goa. Around 80 children both boys and girls were screened for Anaemia as a part of PanIndia Anaemia detection initiative of National Mission Pink Health wing of IMA.

- d. On 28th November 2022 Bicholim branch of IMA Goa State in association with MPH Goa State and Lions Club Sanquelim conducted another Anemia detection camp at Honda high School, Honda, Goa. Around 64 children both boys and girls of 8th & 9th Std were screened



for Anaemia as a part of PanIndia Anaemia detection initiative of National Mission Pink Health wing of IMA.



#### 4. IMA TISWADI

- a. IMA TISWADI and Mukta Dhristi Foundation in association with the Village Panchayat Poinguinim, conducted a Blood donation camp at



Shraddhanand Hall, Poinguinim on Sunday, 30th October'2022 from 9:30 am to 1 pm. 36 people attended and donated their precious blood.

- b. An online seminar was organised on Friday, 4th November'2022 at 7:30 pm by IMA TISWADI. The Guest speaker was Dr. Sanyam Falari, consultant Hepato-biliary and Liver Transplant Surgeon, who delivered a lecture on ' Surgical Management in Pancreatitis'. The talk was of 1 hour duration and followed by a good interactive question and answer session. The CME was accredited with 1 credit point by the Goa Medical Council.



- c. A specialist Breast Cancer screening camp was organised by IMA TISWADI in association with YouweCan Foundation and Vision Foundation at St. Theresa High School, St Estevam on Sunday, 6th November'2022 from 9:30 am to 1 pm. Dr. Anand Dalvi, Secretary, IMA TISWADI co-ordinated the camp. 19 women attended the camp. All were normal and no positive case was detected. An awareness Health talk was given to all the women. Refreshments were served at the end.

- d. A physical CME was organised by IMA TISWADI on Friday, 11 th November at Hotel Fortune, Miramar, Panaji 8 pm onwards. The Guest Speaker was Dr. Sarang Kanekar, Consultant Urologist, who spoke on 'Community Urology Practice'. The lecture was of 1 hour duration, followed by a question and answer session and was accredited with 1 credit point by the Goa Medical Council.



- e. On the eve of Children's day, a specialist eye camp was organised by IMA TISWADI and Mukta Dhristi Foundation on Sunday, 13th November at Mataji Mandir Hostel, Canacona from 9 am to 2 pm. 81 students were examined out of which 2 were diagnosed with refractive error. They will be provided with free spectacles.





- f. On behalf of the Indian Medical Association Tiswadi Branch, Dr. Anand Dalvi, Secretary IMA TISWADI donated a set of Foldable Wheel Chair, Regular Foldable Walker, Double Step Foldable Walker, Walking Stick, tripod and quadripod walking sticks, BP apparatus and glucometer with glucostrips to Mogadan, Missionaries of Charity, Carambolim on Friday, 18th November. Sr. Tracy and other staff of Mogadan were also present.



- g. A Blood donation camp was organised by IMA TISWADI and Dr. Monteiro's clinic on Wednesday, 16th November'2022 from 9 am to 1:30 pm at Dr. Monteiro's clinic, 1st Floor, Kamat Grande, Panaji. 54 people attended the camp and donated their precious blood.



- h. Dr. Anand Dalvi, Secretary IMA TISWADI and Dr. Swapnil Usgaonkar, Treasurer, IMA TISWADI visited Asha Mahal, Taleigao on Saturday, 19th November'2022 from 3-5 pm and donated a set of Foldable Wheel Chair, Regular Foldable Walker, Double Step Foldable Walker, Walking Stick, tripod and quadripod walking sticks, BP apparatus and glucometer with glucostrips to them. A small function was held wherein the Chairman of Asha Mahal, Mr. Nitin Maganlal spoke about the objectives of their organization and welcomed the move of IMA TISWADI in reaching out to them. Dr. Anand Dalvi spoke on the various activities conducted by IMA TISWADI and explained the theme of 'Care of the Old with a Heart of Gold '. Mrs. Seema Pednekar proposed the vote of thanks.



- i. The executive Committee of IMA TISWADI visited Recholmento de Serra, Old age home, Altinho on the evening of Saturday, 19th November'2022 5:15 pm onwards and donated a set of Foldable Wheel Chair, Regular Foldable Walker, Double Step Foldable Walker, Walking Stick, tripod and quadripod walking sticks, BP apparatus and

glucometer with glucosticks, to them. Mr. Ramanand, the incharge of the home, thanked IMA TISWADI for helping them. Dr. Anand Dalvi spoke on the various activities of IMA TISWADI to the 25 inmates and Staff of the Institute.



- j. On Saturday, 19th November 2022, IMA Tiswadi in association with MPH Goa State and Lions club Panaji conducted an Anemia detection camp at St Michael's School, Taleigao from 9 am to 1:30 pm. Around 60 girls were screened for Anaemia and Hb estimation done as a part of Pan India Anaemia detection initiative. Dr. Kalpana Chodankar and Dr Anand Dalvi conducted the camp. Deworming and Iron supplements were also distributed to the Students.





- k. Dr. Anand Dalvi, Secretary IMA TISWADI visited the Convent of St. John of God, Old age home, Old Goa on Sunday, 20th November'2022 and donated a set of Foldable Wheel Chair, Regular Foldable Walker, Double Step Foldable Walker, Walking Stick, tripod and quadripod walking sticks, BP apparatus and glucometer with glucostrips, to them. Sr. Celsa and Sr. Catherine were present on the occasion. Dr. Anand Dalvi spoke to the approx. 25-30 Elders about the various activities of IMA TISWADI.



- l. 20th November is celebrated as international world children's day .the theme this year was "inclusion for every child". A health checkup camp was organized on this occasion by IMA TISWADI BRANCH in association with IAP Goa chapter and NGO SCAN at bethseda life care centre, st cruz. 50 children 25, boys and 25 girls from 6 to 21 years age group were examined. Dr anant kini, Dr sushma kirtani , Dr chetna khemani, Dr sumant prabhudesai did General checkup of all the children. Dr ankita prabhdesai and Dr dinesh deshpande did skin checkup and Dr pradnya kakodkar did dental checkup.Free medicines were given to all kids . ima students wing attended the camp and gave a talk on physical fitness and diet "FIT HAI TOH HIT HAI". dr sushma kirtani briefed on international children's day importance and child rights.dr kini gave a motivational talk to the students.



m. A physical State level CME was organised by IMA TISWADI on Tuesday, 22nd November'2022, 8 pm onwards at International centre, Dona Paula. The theme was on 'Cardiology' and Manipal Hospital was the academic partner. The Guest Speakers and topics were : 1. Dr. Jyoti kusnur who spoke on Acute MI - a general practitioners perspective and 2. Dr. Rakesh Deshmane - High risk CABG - simplified. Lots of questions were posed by the members at the interactive session. The CME was accredited with 1 credit point by the Goa Medical council.



n. Dr. Anand Dalvi, on behalf of IMA TISWADI, visited Lar Santa Margarida, Old age home in Divar on Sunday, 20th November'2022 evening and donated a set of Foldable Wheel Chair, Regular Foldable Walker, Double Step Foldable Walker, Walking Stick, tripod and quadripod walking sticks, BP apparatus and glucometer with glucosticks, to them. Sr. Maggie and approx. 20-25 inmates were present on the occasion. Dr. Dalvi spoke to the Elders and spent quality time with them.



- o. Dr. Mahendra Kudchadkar and Dr. Anand Dalvi, visited St. Jude Helping Hand, St. Estevam on behalf of IMA TISWADI, on Sunday, 20th November'2022 and donated a set of Foldable Wheel Chair, Regular Foldable Walker, Double Step Foldable Walker, Walking Stick, tripod and quadripod walking sticks, BP apparatus and glucometer with glucosticks, to Mrs. Charlotte Ferrao, incharge of the Old age home. Dr. Kudchadkar and Dr. Dalvi spoke to the 18 inmates who were present on the occasion.



- p. A Blood donation camp was organised by IMA TISWADI in association with Rotary club of Mapusa, District Hospital North Goa and GMC Blood Bank at Panchayat Hall, Latambarcem, Bicholim on Sunday, 27th November'2022 from 9:30 am to 1 pm. 28 people came forward for blood donation.





q. The 2nd Anemia detection camp was conducted in St. Minguel High School, Taleigao on Wednesday, 30th November'2022 from 9:30 am to 1:30 pm by IMA TISWADI in association with MPH Goa State and Lions Club, Panaji. Dr. Kalpana Chodankar and Dr. Anand Dalvi organised the camp. 56 students were subjected to Hb estimation. Refreshments were served at the end.



r. Bal Netra Chikitsa Camps continued in schools.  
s. Dr. Dias Eufemia Sellia was admitted as a life member of IMA TISWADI in November'2022.

## 5. IMA PONDA

- a. IMA PONDA ACTIVITY Eye checkup camp in association with Sarvajanic Ganeshotsav Mandal ,Kundai and Rotary club of Ponda at Kundai was held on Sunday 20th November 2022. 140 patient were examined. Examination of patients was done by Dr Rajesh Bhat and Optometrist Sandeep Kerkar. About 15 cataract patients were identified for free surgery. Free spectacles will be provided to all the needy people.



- b. IMA PONDA ACTIVITY

### 3 ACTIVITY REPORT

First Aid + CPR + Palliative Care orientation programs schedule .Verna

1. Monday 28th Nov at 2.30 pm at Blue Cross Labs Ltd Verna.
2. Saturday 3rd Dec at 2.30 pm at Syngenta Corlim.
3. Sat 10 th Dec 22 at Lokvishwas Prathisthan Dhavali.

These are Community Health Activity programs under IMA , Trust and Academy .No delegate fees .Voluntary donations to Trust by beneficiaries are welcome



- c. Regular health check up under \*Aao Gao Chale\* was held at Matruchaya Centre Dhavli on 16/11/22 . \*Dr.Purnima Usgaonker\* examined 21 patients 3 newborns who were newly admitted in the centre.Two of them premature ones were initially admitted at Usgaonkers Children Hospital under free medical services from Dr.Santosh and Dr.Siddhi and discharged once settled from their problems of neonatal jaundice.In all 3 newborns 16 children ,one adolescent and one adult were examined. Feeding advice was given .



- d. IMA PONDGA conducted regular monthly meeting and physical cme on 26/11/2022 CME talk on \*Infertility and Intra Uterine Insemination\* was given by Dr Milind Colvalcar , Senior Consultant Obs-Gyn and Infertility specialist from Mapusa . Dr Milind Spoke on rising cases of infertility possible causes and tips for couples and focus on healthy lifestyle . He also spoke on various treatment options and methods for infertility . Total 30 members attended the cme .



6. IMA MURMUGAO

7. IMA MARGAO



- a. IMA Margao organised a CME on 23rd November at Nanutel.  
Topic- 1) Newer Horizons in Cardiology by Dr Sabyasachi Mukhopadhyay 2) High Risk CABG simplified by Dr Rakesh Deshmanelt was Attended by 126 delegates and it was followed by Interesting interactive session.



8. IMA CQS
9. IMA WDW
10. IMA MPH
11. IMA MSN

**Dr Amol Tilve**

**Secretary**

**IMA Goa State**

**Date 3<sup>rd</sup> December 2022**