

Secretary's Report for the Month of June 2022

1. IMA GOA STATE

- a. In follow up to the Adolescent Health Check up camp held at Bethesda life care orphanage, Santa Cruz, Tiswadi, Goa, organized by IMA goa state along with IAP goa, IMA Tiswadi and NGO SCAN on 8th May 2022 where children were diagnosed with Refractory errors and were advised spectacles, the IMA Goa State with IMA Tiswadi held a small function to distribute free Spectacles to needy children on 5th June 2022. Dr. Rufino Monteiro President IMA Goa State, Dr Amol Tilve, Hon.Secretary IMA Goa State, Dr Pradeep Naik, Ex. Dean, GMC, Dr. Anand Dalvi, Secretary IMA Tiswadi were present for the distribution ceremony. The spectacles were sponsored by Mukta Opticians and were distributed by Dr Rufino Monteiro, President IMA GOA STATE and Dr Pradeep Naik Ex Dean of Goa Medical College and a reputed Ophthalmologist. The event was also marked by Sapling plantings on the occasion of World Environment Day. Dr Rufino Monteiro enlightened the children about the importance of Worldz Environment Day. Children were giving Sapling to plant in the Gardens surrounding the orphanage and each child planting the Sapling was made responsible for taking care of the Saplings. The IMA office bearers would regularly follow up on the growth and well-being of the planted Saplings.



- b. The first meeting of the Oration Committee for GIMACON 2022 was held on Sunday 5th June 2022 at Cremaux- Gasper Dias , Miramar. The meeting was attended Dr. Rufino Monteiro, President IMA Goa State, Dr Amol Tilve, Hon.Secretary IMA Goa

State, Dr Dayanand Naiyan, Treasurer IMA Goa State, Dr Anand Dalvi, Secretary IMA Tiswadi, Dr Nilesh Talwadkar, Editor IMA News, Dr Rajiv Usgaonkar IMA Ponda, Dr. Mayank Prakash Nigam IMA Mormugao, and Dr Chitrlekha Nayak IMA Tiswadi. Dr Ajit Mopkar joined the meeting on phone. Dr. Vishnu Sheldekar IMA CQS expressed his inability to Attend but noted his agreement to all decisions taken by Oration Committee. Dr Mahendra Kudchadkar Organizing President GIMACON and Dr Kaustubh Patnekar IMA Bicholim were absent for the meeting. Many names and topics were enlisted and discussed and Few topics were highlighted for final consideration after confirmation with the speakers. The Oration topic has been decided as Identifying Psychological Problems In The Elderly By Dr Harish Shetty , Senior Psychiatrist , Hiranandani Hospital, Mumbai. The meeting concluded with expression of thanks to all members present by State Secretary Dr Amol Tilve.



- c. A State level CME organised by IMA Goa State in association with Manipal Hospitals Goa was held on 11th June 2022 at International Centre Goa, Dona Paula. The topic of the CME was Geriatric Orthopaedics. The Speakers and topics were

i. Fractures of the Hip and issues in management ; Medical and Social Dr Deepchand Bhandare

ii. Osteoporosis and the problems in the spine and management Dr . Sunny Kamat

iii. Issues in Joint Replacement in old Osteoporotic patients Dr. Rohan Dessai

The talks were followed by a Q and A session where there was active participation by the delegates present. The CME was accredited by Goa Medical Council for 2 points.



d. Dr Rufino Monteiro President IMA GOA STATE along with Dr Amol Tilve, Hon. Secretary IMA Goa State attended a zoom meeting with National President, Hon Secretary General and other State Presidents and Secretaries of IMA state branches and other IMA stalwarts 21st June 2022 on tissue of NMC drafts. IMA Headquarters response was drafted by Dr Vedprakash Mishra after going through all inputs received from IMA branches and members . IMA GOA STATE had a very informative information and interaction with Headquarters.



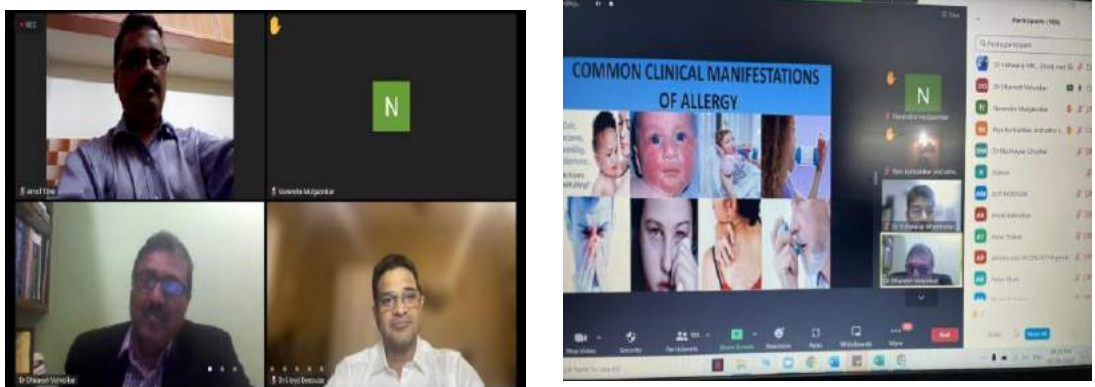
2. IMA BARDEZ

a. *IMA Bardez* in collaboration with *Association of Occupational Health Goa* and *JCI Bardez* organised a *beach cleanliness

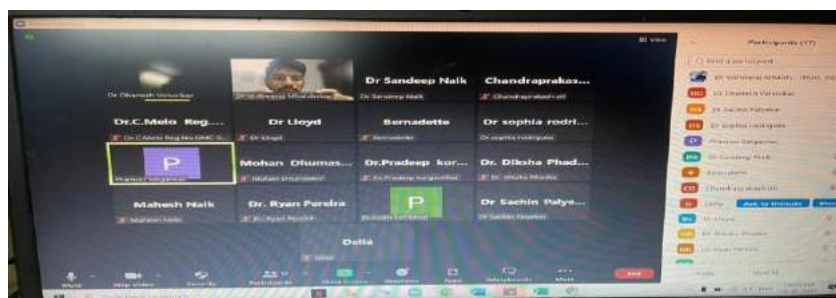


drive* on the occasion of *WORLD ENVIRONMENT DAY* at Candolim Beach Goa on 05.06.2022. The event was attended with a lot of enthusiasm and zeal by all members!

- b. IMA BARDEZ in collaboration with IMA GOA STATE & ASSOCIATION OF OCCUPATIONAL HEALTH organised an online Webinar on 7/06/2022 Time.-8 pm to 9.30 pm had 100 attendees. TOPIC - Allergies in Clinical Practice SPEAKER was Dr Dhanesh Volvoikar (MBBS, DCH, DPH, AFIH, Fellowship in allergy & Clinical Immunology). 1 Cme credit point(GMC) was awarded.



- c. Meeting of all the members of IMA Bardez was called on Friday 10.06.2022 at 9PM on a virtual platform for suggestions to be given to the Goa State IMA on the NMC Draft. The President Dr. Vishwaraj Mhalshekar chaired the meeting, The Hon. Secretary Dr. Lloyd DeSouza coordinated the session. The meeting was attended with active participation by over 20 members with several important suggestions to the draft. Members nominated to represent the IMA Bardez branch to attend the state level meeting to formulate IMA Goa State response to proposed NMC draft were . Dr. Dhanesh Volvoikar and Dr. Sachin Palyekar. Treasurer Dr. Diksha Phadke proposed the vote of thanks.



- d. 15th June 2022 is World Elder Abuse Awareness Day, when people from all over the world get together to speak out against elder abuse and show that we care. IMA BARDEZ organized a 'We Care for you' event for our Senior Citizens on the eve of World Elder Abuse Awareness Day at Arc of Good Hope, Candolim. An evening where our elders were treated to some melodious live music, snacks, tea and a delicious lunch.



- e. To commemorate World Blood Donation Day, IMA Bardez in association with Asilo Hospital and JCI Bardez Bandhan organised a Blood donation drive on Tuesday, 14 June 2022 at the Asilo Hospital Mapusa.

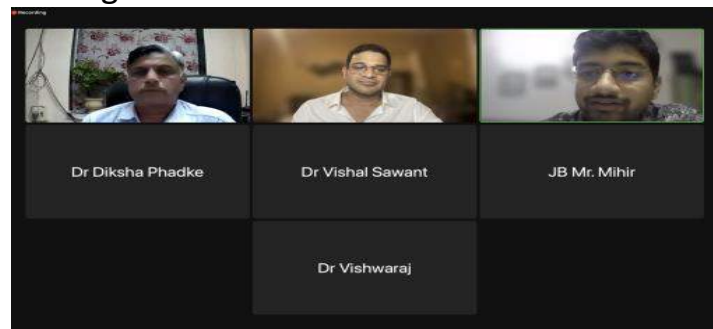


- f. IMA BARDEZ in association with SANGATH organized a Free Medical Camp at Sangolda, Bardez on the 19th of June 2022. Over 75 patients were examined by our team of Doctors and medicine



were dispensed at no cost.

- g. IMA Bardez in association with IMA Goa State organised an online webinar on the management of Fronto Basal and Encephaloceles and technical difficulties on Tuesday, 20 June 2022 at 7:30 PM. Dr Vernon Velho, professor and head Department of neurology, Grant medical College and Sir JJ group of hospitals Mumbai, was the speaker who explained various case scenarios and surgical intervention in cases Encephaloceles. The meeting was attended by 50 delegates online.



- h. Mega blood donation camp was held at Goa Reserve Police hall, Altinho, Panaji on 29th June 2022 from 9.30am to 2.00pm. MPH Goa State, IMA Goa State, IMA Bardez branch in association with JCI Bardez Bandhan and Goa Police department in collaboration with Blood Bank Goa Medical college organized this camp. The camp was graced with the presence of dignitaries like Shri Jaspal Singh DGP Goa Police; Shri Omvir Singh IGP; Dr Amol Tilve Secretary IMA Goa State; Dr Sophia Rodriguez Chairperson MPH

Goa State; Dr Vishwaraj Mashelkar President IMA Bardez branch; Dr Kalpana chodankar Member National MPH; Dr Claire D'Mello Medical officer Blood Bank GMC and Dr Nimisha from GMC. An overwhelming response was seen from the police personnel wherein both male as well as female police from Goa Police department came forward for blood donation. While 91 Registered for blood donation ,67 Units of blood was Collected and 24 Rejected.



- i. ***IMA Bardez*** in collaboration with ***Association of Occupational Health Goa*** and ***North Goa District Hospital*** organised a blood donation camp at ***3B Goa Glass Fibre***, Colvale on 30.06.2022.



- j. 1/6/2022 As a part of an ongoing online Motherhood and Health Awareness series, Dr Saroj Salelekar from IMA Bardez published an article on the newspaper highlighting the Options for Childless couples.

**Motherhood and health:
Options for childless couples**

HEALTH FIRST

- k. On the 4th of June 2022, as a part of an ongoing online Health Awareness series, Dr Amey Pednekar from IMA Bardez published an article on the newspaper highlighting First aid in a case of Burn injury.



- l. On the occasion of World Brain tumour day, an article was published to spread Health awareness about Brain tumours. It was published in the Navhind times. Dr Omkar Churi of IMA Bardez, spoke about the origin of brain tumours. June 8th is celebrated as World Brain tumour day.



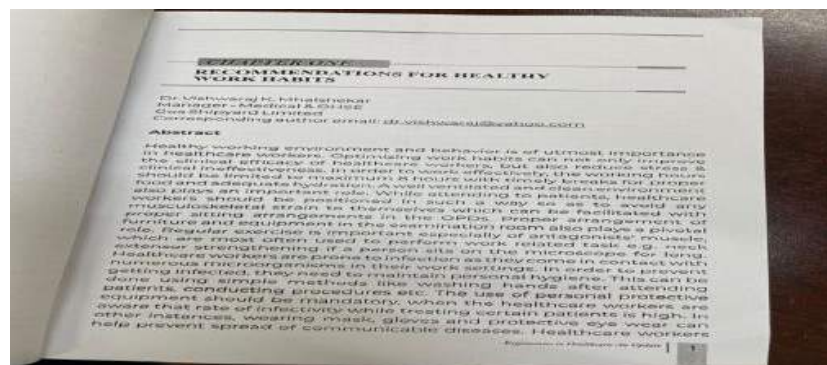
- m. 22/6/22 As a part of an ongoing online awareness series, Dr Saroj Salelekar from IMA Bardez published an article on the newspaper highlighting the long term effects of pregnancy and childbirth in a woman.



- n. On the 25th of June 2022, as a part of an ongoing online Health Awareness series, Dr Vishwaraj Mhalshekar from IMA Bardez published an article on the newspaper highlighting Occupational Health and safety at work.



- o. Dr Vishwaraj Mhalshekar from IMA bardez, contributed to the First Chapter titled 'Recommendations for healthy work habits' in the book 'Ergonomics in Healthcare'.



3. IMA BICHOLIM

- a. IMA Bicholim organized a monthly CME on 26/06/ 2022 Sunday from 7 pm onwards at Lions club hall, Bicholim Speakers for CME- 1] Dr. Nagnath R Khadke.. MD medicine , PDF Rheumatology ,EULAR fellow Subject- All you need to know about Rheumatoid Arthritis 2]DR. ASHAY PRAMOD KARPE- M.B.B.S., M.D. (Gen Med) , D.M. (Medical Oncology) , • D.N.B. (Medical Oncology) Subject-Cancer Treatment advances.

Dr Chandrakant Shetye , Honourable MLA from Bicholim constituency was felicitated . CME was Attended by 30 members and followed by very interactive question and answer session.



4. IMA TISWADI

- a. A state level cme was organised by IMA TISWADI on Saturday, 4th June at 8 pm at Hotel Fidalgo, Panaji. Srcc children's hospital, Mumbai were the academic partners for the meet. The Guest speakers were Dr. Pradeep Kaushik, who spoke on 'When to operate on a child with congenital heart disease' and Dr. Ruchira Misra, who spoke on Basics of Bone Marrow Transplant. The CME was accredited with 2 credit points by the Goa medical council. The lectures were followed by an interactive session.



- b. A breast cancer screening and Awareness camp was organised by IMA TISWADI in association with MPH IMA Tiswadi with WDW IMA TISWADI with YouWeCan and Unnati gram seva Sangh on Sunday, 5th June at panchayat hall, chimbel from 9 am to 1 pm. An inaugural function was held at 9:30 am. The Sarpanch of Chimbel, Mrs. Manisha Chopdekar, was the Chief Guest. Total 65 ladies participated in the camp. 3 positive cases were detected and will be referred to the district hospital for further evaluation.



- c. A general health check up and laboratory testing camp was organised by IMA TISWADI in association with Sai diagnostic laboratory at Panchayat hall, merces chimbel on Saturday, 4th June. Total 73 patients attended. A general examination was performed and Hb testing and Blood sugar testing conducted. 18 were found to be anemic and 13 had high blood sugar. The patients were accordingly advised



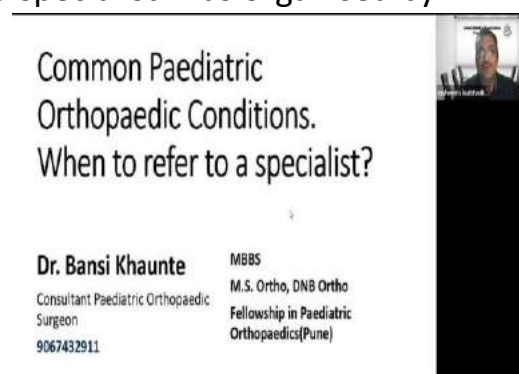
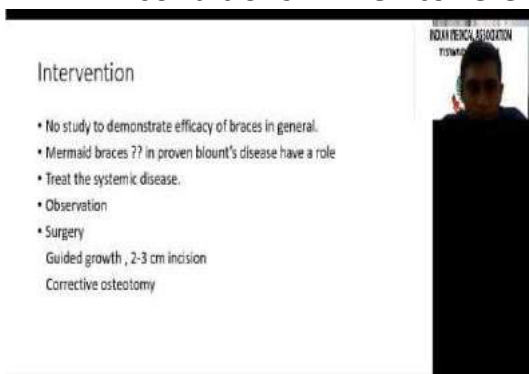
- d. World Environment week was observed on Tuesday, June 7 by IMA TISWADI. Dr. Mahendra kudchadkar and Dr. Anand Dalvi planted saplings at Miramar and Dona Paula, thereby creating awareness and initiating action for protection of the environment.



- e. A general Pediatric health camp was organised on Sunday, 5th June by IMA Tiswadi at Union High School, Chimbhel. Dr Swapnil K Usgaonkar, Paediatrician and his team examined 25 children, height weight and general checkup was conducted and advised them regarding proper nutrition as most of them were found to be underweight. Free medicines and snacks were provided to the children.



- f. A state level webinar on the topic 'Paediatric orthopedic conditions - when to refer to a specialist' was organised by IMA



TISWADI on Friday, 10th June at 7:30 pm. Paediatric orthopedic surgeon, Dr. Bansi Khaunte was the guest speaker. The talk was followed by a question and answer session. The cme was accredited with 1 credit point by the Goa medical council.

- g. A free medical camp was organised by IMA Tiswadi branch in association with Kadamba plateau Resident's Association(KAPRA) and Shri Sai Prarthana Mandir Trust (SPMT) on Sunday, 12th June 2022 at Sai Baba temple premises, in the main hall and dining hall area, kadamba plateau,Chimbel. Dr Hemchandra Maenkar (Anesthetist), Dr Swapnil K Usgaonkar (Pediatician),Dr Girish Velis(Ophthalmologist,vitro retinal surgeon) Dr Vaibhav Marathe (Ayurveda,bone,joint and spine specialist), Dr Shraddha Chari(Homeopathic consultant),Studio 32 team of dental doctors along with students of MSN wing of IMA gave their selfless service to the public. Dr. Anand Dalvi, Secretary, IMA TISWADI was also present for the camp. Free Hemoglobin and Blood sugar testing was done with the help of Sai Diagnostic Laboratory. A total of 87 people attended the camp,mostly elderly age group.They were given free medicines and children were given snacks and stationary items as a token of love.Out of 54 patients who did blood tests,11 were found to have high blood sugar levels while 5 were found to be anaemic.



- h. Ima tiswadi participated in a blood donation camp on the occasion of world blood donor Day on Tuesday, 14th June 2022 at Goa Medical College blood Bank along with aids control society and students council. Dr. Mahendra Kudchadkar, IMA TISWADI

President was one of the several donors who participated in the event.



- i. A meeting to discuss Gimacon 2022 was organised over dinner on Tuesday, 14th June 2022 at 8 pm at Ritz Gymkhana, Panaji. The delegate fees for Gimacon' 22 were finalised. The rates and other details of the souvenir were discussed. The guest speakers for the conference were also shortlisted. 16 members of IMA TISWADI attended the meeting.



- j. A state level webinar on 'Cardiac CT and MRI for clinicians' was held on Thursday, 16th June at 7:30 pm. The lecture was of one and a half hour duration. The Guest speaker was Dr. Preeti Shinde, a renowned Cardiac Radiologist from Pune. The CME was accredited with 1 credit point by the Goa Medical council. The talk was followed by an interactive question and answer session.



- k. Dr. Ramnath Nevrekar, Physician, conducted a health checkup camp for 25 inmates of a destitute shelter home MA ASROGHAR run by Jeevan Anand Sauntha, Opa Kandepar on 19th June .



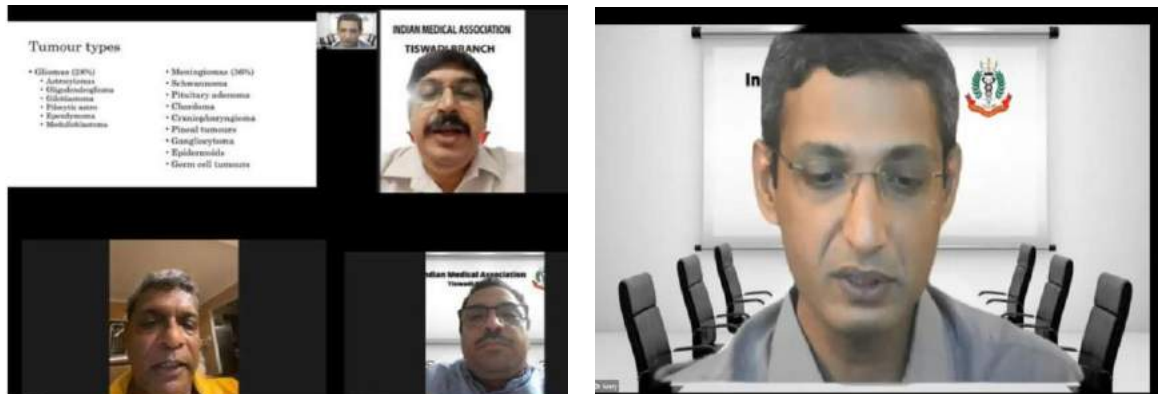
- l. World Yoga Day was observed on Tuesday, 21 June'2022 by IMA tiswadi branch along with yuva sangh patanjali and chartered accountant organization at taleigao community hall, Taleigao from 6 am to 8 am. Dr Mahendra Kudchadkar and Dr. Anupama Kudchadkar participated and the event witnessed 80-100 participants. World Yoga Day was observed on Tuesday, 21 June'2022 by IMA tiswadi branch along with yuva sangh patanjali and chartered accountant organization at taleigao community hall, Taleigao from 6 am to 8 am. Dr Mahendra Kudchadkar and Dr. Anupama Kudchadkar participated and the event witnessed



80-100 participants.



m. A State level webinar was organised on Saturday, 25th June at 7:30 pm. Dr. Amey Parab, Consultant Neurosurgeon, Goa Medical College, was the Guest Speaker. The topic was ' Revisiting Brain Tumours - clinical review and current surgical possibilities'. After the IMA prayer and flag salutation, Dr. Rufino Monteiro, IMA Goa state President addressed the members. The lecture was of 1 hour duration and followed by question and answer session. The CME was accredited with 1 credit point by the Goa Medical council.



n. A state level webinar on 'Emerging and re-emerging infectious diseases of the future' by Dr. Chitralekha Nayak was conducted on Thursday, 30 th June at 7:30 pm. The cme lecture was of 1 hour duration and followed by question and answer session. The cme was accredited with 1 credit point by the Goa medical council.



o. Membership Drive - Natasha Madkaikar was admitted as a life member of IMA tiswadi in the month of June.

5. IMA PONDA

a. As a part of regular health checkups, **Dr Ajay Pednekar** examined 14 patients at Balkalyan Ashram Talauli on Saturday 11th June 2022. General examination along with Blood Pressure and RBSL

check was done. Needy patients were given free sample medicines.



- b. Sixth camp in the series of breast cancer awareness and detection camps was organised by IMA WDW Penda in association with IMA Ponda, yuvraj singh foundation, IMA Ponda charitable trust and Goa cancer society on 12/6/2022 in association with electricity department at electricity department Ponda, Curti. Total 68 ladies were examined for breast cancer detection. Their BP and RBSL was also checked. An audio visual presentation on breast cancer awareness was shown. Any patient with need for further investigation and treatment for general checkup were referred to dr lalana Bakhale .It was attended by Dr Akshata Pandey, chairperson WDW ponda, Dr Santosh usgaonkar chairman IMA charitable trust ponda, Dr Shweta khandeparkar president IMA ponda, Mr Stefan Fernandes chief engineer electricity department, Dr kajal of yuvraj singh foundation, Dr vallabh dhaimodkar, Dr smita Usgaonkar Dr Rajiv usgaocar Dr Ajay pednekar.



- c. An urgent meeting was held by members of IMA ponda on 17/06/2022 to discuss the NMC draft and provide suggestions and

observations. Suggestions were noted and compiled to be sent to State secretary and members were encouraged to send their views personally on the given email .

- d. ***IMA PONDA ACTIVITY***IMA PONDA organised a yoga session for it's members , held at Dilasa Palliative Care center , Farmagudi at 6-7 am on 21st June 2022 to celebrate ***International Yoga Day*** Resource Person Mr Mohan Amshekar started off with warmup and went on to basic asanas and ended with breathing exercises (pranayamas) . Members found it to be wonderful exercise and relaxing experience , hoping to inculcate this more into our routines



- e. ***IMA PONDA conducted 5th monthly meeting and CME at Menino Trade Center on *25/06/2022* from 8pm onwards Dr Shweta Khandeparkar welcomed the members CME TOPIC : APPROACH TO THROMBOCYTOPENIA SPEAKER : *DR MAHADEV SWAMY***
MBBS, MD (Internal Medicine), DNB (Clinical Hematology, Hemato-Oncology & Bone Marrow Transplant) In honour of completion of 40 years completion of Dr Usgaonkar children's hospital Dr Purnima Usgaonkar and Dr Santosh Usgaonkar were felicitated with bouquets by Dr Ajay Pednekar and Dr Shweta Mm Khandeparker and a cake cutting celebration took place . Meeting

was followed by fellowship and Short entertainment by Dr Antonio Soares TOTAL 83 members attended the meeting

6. IMA MURMUGAO



7. IMA MARGAO

- a. IMA Margao organised its Annual MIMA CME after long gap of 2 years on 4th June 2022 at Metropole Margao. The distinguished Chief Guest , Dr Geeta Kakodkar, Director of Health Services, and Goa State IMA President Dr Rufino Monteiro was Guest Of Honour. The Oration by Dr Sanjay Oak, internationally renowned Pediatric Surgeon who spoke about Romancing Covid, Dr Amdekar, Doyen Of Pediatrics, who gave an enlightening talk on Balance in life beyond Bank Balance. The 3rd speaker was Prof Dr Deepak Juman, renowned sexologist from Mumbai, who spoke on the topic of Erectile Dysfunction.... Love has no expiry date. Dr Babita gave the presidential address, Dr Priyanka presented the Activity report for the years 21 -22, Dr Geeta and Dr Rufino in their speech appreciated the IMA , and all the services that have been done by the members. Vote of thanks was given by Dr Yogesh. There was felicitation of 6 of prominent senior members of IMA Margao, who have put in yeoman services over so many years and helped the community. Dr Carmo Gracias, Dr Herlia Teles, Dr Deepak Lawande, Dr Enid Miranda, Dr Damodar Lotlikar, Dr Ninette Menezes, were felicitated at the hands of Chief Guest n Guest of Honour. The program was ccompered by Dr. Prithi Araujo and Dr Nikhil Kamat. Fellowship dinner followed the event and thereafter there was entertainment program. MIMA CME was attended by 157 delegates. It was a great event and well appreciated by all...

8. IMA CQS

9. IMA WDW

10. IMA MPH

- a. Mission Pink Health IMA Goa State in association with JCI Bardez and Team Golden Dragon celebrated International Yoga Day on 21st June from 3.00pm to 4.00pm at Agnel Institute of Design and Technology, Assagao. The program began with a Mind Body Soul Yoga session by Sonia Arondekar wherein around 30 college students of Agnel Institute of Design and Technology were introduced to different yoga poses. Dr Sophia Rodriguez and Dr Kalpana Chodankar addressed the students on the occasion about importance of Yoga , meditation and healthy Diet.



11. IMA MSN

- a. IMA-MSN conducted their annual induction ceremony on 31st May 2022 at the Goa Medical College new Auditorium. The event was attended by Dean Goa Medical College, Prof. Dr S.M Bandekar, IMA Goa State President, Dr. Rufino Monteiro, IMA-Goa Secretary Dr. Amol Tilve, Prof HoD Dept. of Community Medicine & MSN Advisor Dr. Jagadish A. Cacodcar, Joint Academic Director of GMC, Dr Mahesh Kamble, HoDs of various Departments, Faculty and Students of Goa Medical College. The outgoing MSN president, Ms. Mithila Prabhudesai presented the annual report of the activities conducted. The outgoing MSN council handed over charge to the incoming MSN council under Installation Officer IMA Goa State President Dr Rufino. Incoming MSN President, Yash Shetye shared with the gathering, his vision for his term and the activities planned. A talk was held by HoD Dept. of Urology, Dr Madhumohan Prabhudesai on 'Medical Student to Urologist and Beyond - A life long work in progress', where Madhumohan Sir

emphasised need to make their basics strong and the importance to indulge in arts, literature and poetry to become a better doctor. It was a hit among the students. Vote of thanks proposed by incoming MSN Secretary Alwin John.



Dr Amol Tilve

Hon. Secretary

IMA GOA STATE

Date – 04th July 2022