

## Secretary's Report for Month of May

### 1. IMA GOA STATE

- A. IMA GOA STATE has formed the Goa Chapter of Junior Doctors Network as was requested by the National Junior Doctors Network at Headquarters. All India State Branches have Junior Doctors Network and only Goa State did not have a Local Chapter of Junior Doctors Network. As the request came at the at the 12th hour just before the national JDN webinar meeting and as GOA state had no representation no detailed discussions could be held in this regard.
- B. IMA Goa state & IMA TISWADI in collaboration with Health and Wellness Committee of GCCI organized a Registration drive with GSPCB and IT Biotic for all Clinical Establishments for Biomedical Waste Management on May 6th Friday at 930am onwards at GCCI hall. Dr. Tariq Thomas, Secretary of Science and Technology, Government of Goa was the Chief Guest. Dr Rufino Monteiro, State President IMA GOA STATE, welcomed the Gathering Dr. Ralf Dsouza, President GCCI, Dr. Levinson Martins ,Dr. Sharmila Monteiro, Member Secretary of GPCB were present On this occasion a booklet on Waste Management in Coop Societies developed by Infrastructure Committee of GCCI was released at the hands of the Chief Guest Dr. Tariq Thomas in the presence of Mr. Levinson Martins and Mrs. Sharmila Monteiro. Dr Amol Tilve, IMA GOA STATE Secretary, proposed the vote of thanks.A dedicated counter manned by representatives of the concerned departments was available from 930-530 pm for facilitating registration of all interested Health Care facilities and doctors clinics.



- C. A Gazette Notification was issued by Government as follow up to the Meeting of all stake holders held recently at Chief Secretary's office, appointing the committees at State level and North and South Goa districts level under the provisions of Goa Clinical Establishments Act on 28<sup>th</sup> April 2022. These committees are to discuss and amend the Clinical Establishments Act before final resolution.
- D. A Gazette Notification was issued on 12<sup>th</sup> May 2022, notifying the formation of a committee under Goa Medicare Act for victims of medical negligence to approach with their issues. This was a follow-up action to the Meeting of all stake holders held recently at Chief Secretary's Office.
- E. Health check up Camp at Bethesda life care orphanage, Santa Cruz, Tiswadi, Goa, was organized by IMA goa state along with IAP goa, IMA Tiswadi and NGO SCAN on 8<sup>th</sup> May 2022. Drs Anant kuni, Dr Sushma kirtani, Dr Sharad Kumar Raikar,,Dr Priti Shetye did the General Checkup of all adolescents , Dr Dinesh Deshpande attended to dermatological problems. Dr Pradeep Naik ,examined all adolescents for Visual Acuity. Free spectacles will be given to needy children with the help of a NGO. Total 85 children were examined for eye check up. Break up:Refractive errors - 12 ( 9 children freshly detected) Adherent Leucoma- 1 Pthisis Bulbi – 1 Coloboma Iris – 1 Normal eyes – 70 .Spectacles would be supplied to the nine children after 2 weeks. Courtesy: Mukta Drishti Trust.A talk on Menstrual Hygeine and Menstrual problems was given by Dr Amol Tilve. The power point presentation prepared by Panaji Obstetrics and Gynecological Society (POGS) was used to explain to all the girls about Menstrual Hygeine. The girls consulted Dr Shilpa Raikar, Dr Dayanand Naiyan, for their gynaecological issues. Free medicines were sponsored by Geno and Group pharma.Total

72 adolescents were examined which included 37 girls and boys 35.



F. IMA STATE PRESIDENT Dr Rufino Monteiro attended the Inaugural function of BMW disposal plant at kundai, IMA Goa State Secretary: Along with Chief Minister Dr Pramod Sawant, Past President IMA Goa State Dr Vinayak Buvaji and Dr Shekhar Salkar



G. Dr Amol Tilve IMA GOA STATE SECRETARY and Dr Sandeep Naik Joint Secretary IMA GOA STATE, visited the IMA GOA STATE office to search for missing files and books. Executive Committee Meeting Minutes book for the years 2011 to 2015 was found Missing. All Secretary and Treasurer files are being arranged in serial order to know missing files. A inventory of all items at the office will be made ASAP



H. A zoom meeting between designated members of IMA GOA STATE and representatives of Coveryou- a company that has proposed a Medical Indemnity Insurance Tie up with IMA Goa State, was held on 27<sup>th</sup> May 2022. Dr Rufino Monteiro, President IMA Goa State, Dr Amol Tilve, Hon.Secretary IMA Goa State, Dr Mohan Dhumaskar, Dr Dattaram Desai, Dr Sandeep Naik, Dr Sushila Shenoy, Dr Vishwaraj Mhalshekar, Dr Shekhar Salkar attended the session. The company gave a brief overview of its operations and tie-up with various medical associations across the nation. A detailed presentation of the proposal to IMA Goa State was given by Mr.Yogesh Khemani Head - Strategic Tie up Coveryou. Dr Sandeep Naik, Dr Shekhar Salkar, Dr Rufino Monteiro Dr Vishwaraj Mhalshekar cleared their doubts with the company in the interactive session held after the presentations.

## 2. IMA BARDEZ

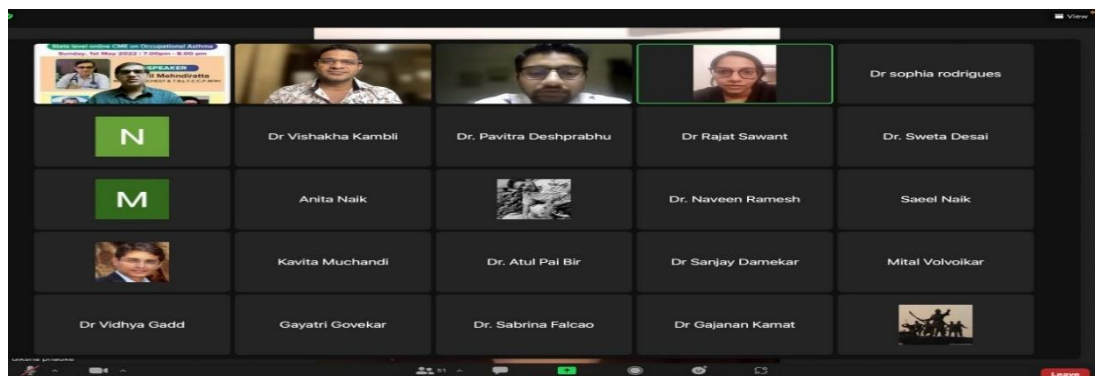
A. IMA BARDEZ in Association with Asilo Blood Bank & Dr Duklesp Hospital & Research Center organised a \*Blood Donation Camp\* on the 1st of May 2022. Numerous volunteers responded to the call for Blood donation in view of scarcity of the same.



B. IMA BARDEZ conducted a Blood Donation camp in association with Sant Sohirobanath Ambioye , College of Arts and Commerce on Monday 2.5.2022.



C. IMA Bardez in Association with IMA Goa State and Association of Occupational Health Goa conducted a webinar on Occupational Asthma on 1st of May to celebrate World Asthma Day. The Speaker for the CME was Dr Anil Mehendiratta, Consultant Pulmonologist and OHP and 1 CME credit point was awarded for the same. The online CME webinar was attended by 48 participants.



D. BREAST SCREENING CAMP was held 15/5/2022 from 2:30 to 5pm Salvador do mundo village panchayat hall. IMA BARDEZ N MPH BARDEZ N JCI BARDEZ BANDHAN IN COLLABORATION WITH YUVRAJ SINGH FOUNDATION IN ASSOCIATION WITH SALVADOR DO MUNDO PANCHAYAT . 30 women were screened for breast cancer n sugar testing was also done with an aim early detectionsaves life..Dr Sandeep Naik,Dr Kalpana Chodankar n Dr Sophia Rodrigues attended the camp.



E. IMA BARDEZ ORGANISED A MEGA HEALTH CAMP ON 15/5/2022 FROM 9 am to 12.30 pm at the Plumeria Ballroom hall, Calangute. 130 patients were examined by our panel of Doctors which included Dr Sandeep Naik, Dr Harish Tople, Dr Lloyd Desouza, Dr Shawn Dsilva, Dr Diksha Phadke, Dr Kalpana Rao and Dr Nadia Desouza, Eye testing, Sugar testing and Cholesterol testing facilities were provided at no cost to all the patients.



- F. A Multi-speciality camp was organised by IMA Bardez in Association with IAVDL Goa at Nerul Panchayat on 1st of May 2022. Dr. Diksha Phadke, Dr. Jayesh Rane and Dr. Rylind Periera examined over 100 patients for skin, ENT and pulmonary



problems respectively. Blood tests were conducted for the beneficiaries of the camp.

- G. IMA Bardez had a awareness presentation on Insta live on the 1<sup>st</sup> of May 2022 where Dr Diksha & Dr Dipti spread awareness on issues connected to pregnancy and skin care.



- H. on the occasion of mothers day , Dr Pinky Paliencar from IMA Bardez had a 1 hour video presentation on Television. The programme was telecast on 6/5/2022. This included a Q & A session with the audience too. This presentation is one of the many awareness sessions being organised by IMA bardez to spread health awareness amongst the common people.

<https://youtu.be/gawIWjqLkXE>

- I. \*BLOOD DONATION CAMP\* IMA BARDEZ, MPH GOA in association with AITD, JCI BARDEZ N ASILO BLOOD BANK organised a blood

donation camp on Date: 20/5/2021 at Venue: AITD(Agnel Institute of Technology and Design) Assagao

### BLOOD DONATION CAMP HELD AT AITD ASSAGAO

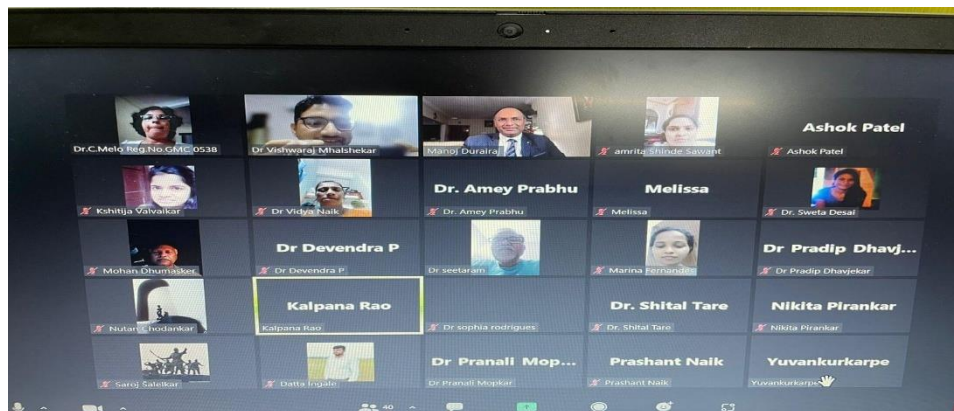


JCI Bardez Bandhan MPH state & Indian Medical Association Bardez Branch in collaboration with Agnel institute of technology and design and Asilo Blood bank Organized a Blood Donation Camp at Agnel Institute of Technology and Design.

The camp received 94 Willing Donors with 80% of the majority being first time donors with 94 Registered for blood donation and with 58 Units Collected and 36 Reject



- J. IMA BARDEZ organized an online Webinar on the occasion of \*World HTN Day 2022\*. TOPIC: Overview of Heart Transplant Surgery on DATE 17 MAY 2022, at TIME 7.30PM Speaker: Dr. Manoj Durairaj , Cardiothoracic Surgeon, Pune. 1CME credit Point was awarded.



- K. IMA Bardez in Association with Lions club of Choraog organised a talk on Menstrual Hygiene and the Menstrual Cup by Dr. Dipti Pinto, Consultant Obstetrician and Gynaecologist on 28th May on





the occasion of World Menstrual Hygiene Day 2022 for the women of Chorao.

- L. IMA Bardez continued its awareness campaign using the print media. Dr Saroj Salelkar, published an article on Motherhood and health- Age & space. The article was published in the Navhind Times daily.
- M. Date: 28/5/2022 On occasion of WORLD MENSTRUAL HYGIENE DAY IMA Bardez & MPH Bardez in association with JCI Bardez Bandhan ,Panaji Obstetrics and Gynaecology Society and AITD(agnel institute of technology n design) organised a lecture on menstruation followed by Hb estimation n distribution of Iron n folic acid supplements n deworming meds,diet n nutrition awareness at AITD Assagao. Around 40 college students attended the program n 25 to 30 had their Hb estimation done.



- N. IMA Bardez in association with COOJ mental Health foundation organised an event \*Summer Smash\*, a day of awareness on Schizophrenia, to celebrate WORLD SCHIZOPHRENIA DAY 2022 at the hidden caves of Silver bells, Sangolda on the 22nd of May 2022 from 11AM to 8PM. It included games, stalls, awareness exhibition, food & music. The fete was well attended by many people throughout the day from all over the state of Goa.



- O. IMA BARDEZ CME at Hotel Green Park, Mapusa on DATE- 21/05/2022 at Time.-7.30 to 9.30 pm. Had 37 attendees. TOPICS were 1.Prescription errors in medical practice  
2.Approach to presenting and publishing research for medical practitioners. SPEAKERS were 1. Dr Padmanabhan Rataboli (MBBS, MD - PHARMACOLOGY) 2. Dr Jagdish Cacodkar (MBBS, MD- PSM)  
2 Cme credit point(GMC) were awarded.



- P. IMA BARDEZ organized a special 'Appreciation and Fellowship' event to honour some of our Senior colleagues on 21/05/2022.  
\*Dr Gajanan Prabhu Desai, Dr Pradip Korgaokar and Dr Semi Parob were felicitated by the EC of IMA Bardez\*



- Q. IMA Bardez organised an awareness campaign using Podcasts . Dr

Priyanka Sahasrabhojane presented a talk on do's and don'ts to prevent acute exacerbation of symptoms of Schizophrenia.



### 3. IMA BICHOLIM

A. IMA Bicholim organized a monthly CME on 1st May 2022 Sunday from 8 pm onwards at Lions club hall, Bicholim. The speaker was Dr. Ravindra Agrawal Topic--" Maternal Depression during the perinatal period ( Perinatal Depression ] "And "Mental health for Doctors." It was Attended by 18 members and followed by very interactive question and answer session

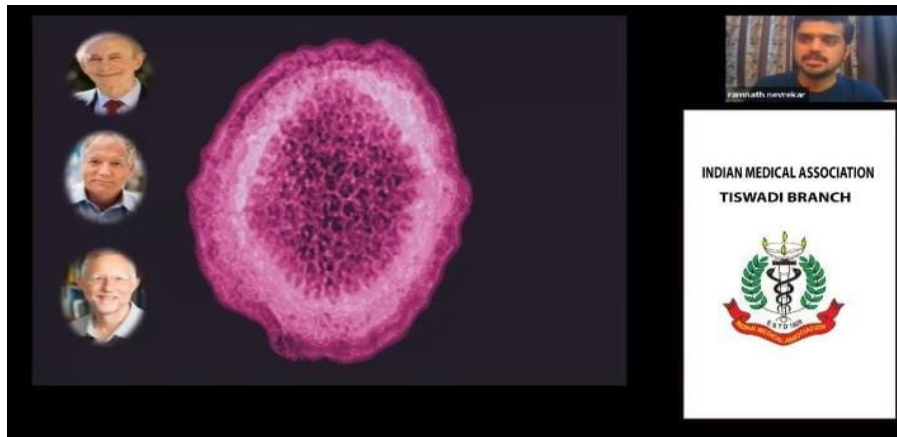


B. IMA Bicholim organized a monthly CME on 22/05/ 2022 Sunday from 8 pm onwards at Lions club hall, Bicholim. CME by speaker- Dr .Vaibhav Dukle Topic - " TYPE 2 diabetes" What's new in treatment strategies? It was Attended by 25 members and followed by very interactive question and answer session.



#### 4. IMA TISWADI

- A. A webinar was organised by IMA TISWADI on Monday, 2nd May at 7:30 pm. Dr. Ramnath Nevrekar, Physician and Asst.



Prof in Dept. Of Medicine, Goa medical college, spoke on 'Management of Hepatitis C - going for the kill!' The talk was followed by question and answer session. The CME was accredited with 1 credit point by the Goa medical council.

- B. A general health check up and awareness camp was organised for street children at Taleigao on Saturday, 7th May from 9:30 am to 1 pm. The activity was conducted by IMA TISWADI in association with Sangath and El Shaddai, supported by village panchayat of Taleigao. The highlights of the camp were : Health check up, Awareness talk on Health, hygiene and COVID, and Talk on Mental health. Dr. Mahendra Kudchadkar,

Dr. Sabrina Vaz and Dr. Lucio Fernandes took part in the camp on behalf of IMA TISWADI.



- C. A Health educational talk on 'Cancer Awareness' was held by Dr. Sitakant Ghanekar on Sunday, 8th May in Panaji. He spoke on 1. Seven Signals Of cancer in brief. 2. Women's cancers..Breast,Cervix,...early detection, signs and symptoms, Treatments, Pap smears, Colposcopy..Nutrition...hormones....etc. Followed by question and answer session....There was a lot of interest amongst the participants and the activity was well appreciated

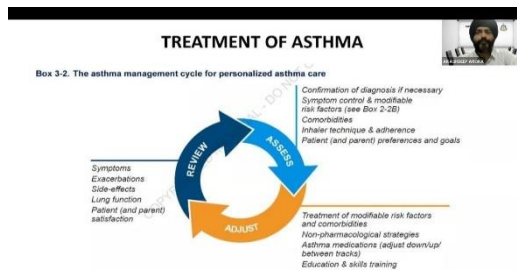


- D. A Breast Cancer screening and detection camp was held on Sunday, 8th May 2022 from 9 am to 1 pm in association with YUVA and YouWeCan at Goa College of Pharmacy, Panaji. Dr. Shekhar Salkar was the Chief Guest for the inaugural function. Dr. Rufino Monteiro, Dr. Mahendra Kudchadkar, Dr. Anand Dalvi, Dr. Sabrina Vaz, Dr. Sitakant Ghanekar, Dr. Tarna Khadpe, Dr. Dayanand Naiyan and Dr. Prashant Lawande attended the camp. 80 Ladies participated and availed free breast screening and check up by doctors of the Yuvraj Singh foundation who have been

trained to operate the equipment. Refreshments were also served.



- E. A webinar was organised by IMA TISWADI on Thursday, 5th May 2022 at 7:30 pm to commemorate World Asthma day. Dr. Akashdeep Arora, Consultant Pulmonologist in Healthway hospital, Old Goa, was the Guest Speaker and spoke on 'Bronchial Asthma- closing the gap in Asthma care'. The talk was followed by question and answer session. The CME was accredited with 1 credit point by the Goa medical council.



**BRONCHIAL ASTHMA :**  
“Lets Close the gaps in Asthma Care”

WORLD ASTHMA DAY 3<sup>RD</sup> MAY 2022

**Dr Akashdeep Singh Arora**  
Consultant Pulmonologist  
Healthway Hospitals, Goa.

- F. A physical ( offline) CME on 'Robotic surgery : the future' was organised by IMA TISWADI on Saturday, 7th May 2022 at 7:30 pm at Hotel Fidalgo, Panaji. The Guest Speaker was Dr. Kedar Padte, Consultant Gynaecologist and Obstetrician. The Cme was accredited with 1 credit point by the Goa Medical council. After



the lecture was a question and answer session and followed by dinner.

- G. A Multi-speciality camp was held by IMA TISWADI in association with Healthway hospital on Tuesday, 10th May at Santa Cruz school, Opp. Church, St. Cruz. The camp was conducted with gen medicine, orthopaedic, Gynaecology specialities and blood sugar testing. Dr. Rini Naik, Dr. Sanjay Ambagade and Dr. Nehal along with nursing staff conducted the camp. 60 people with hypertension, diabetes, joint pains and gynaec problems attended the camp. Free medicines were also distributed.



- H. A physical State level CME was organised at Hotel Varanda do



Mar, Miramar, Panaji by IMA Tiswadi in association with IMA Goa state and ASG eye hospital on Saturday, 21st May 2022 at 7 pm. The guest speakers were Dr. Aditya Kajave who spoke on Hypertensive retinopathy and Diabetic retinopathy and Dr. Sean da Silva who spoke on Refractive Surgery trends and current advances. The talks were followed by an Interactive question and answer session. The CME was accredited with 2 CME credit points by the Goa medical council.

- I. A mega health camp was organised by IMA TISWADI in association with YUVA at casa de povo, old panchayat hall, Taleigao on

Sunday, 22 nd May from 9 am to 1 pm. General check up, orthopedic, gynaec, Surgical and Dental were the different specialities in which consultation was offered. In addition, ECG, blood sugar estimation and breast cancer screening were also performed. Dr. Rufino Monteiro, Dr. Amol Tilve, Dr. Mahendra Kudchakar, Dr. Oswald Fernandes, Dr. Anand Dalvi, Dr. Atmaram chodankar, Dr. Dilip kuncolikor, Dr Cajetan Sequeira, Dr. Nilesh Talwadkar, Dr. Dayanand Naiyan and Dr. Sitakant Ghanekar offered their services at the camp. Doctors of YouWeCan, Dentists and Nurses also participated. 100 people attended the camp and benefitted from the consultations.



J. A free Health Camp was organised at Our lady of Merces high school, Merces on 28 th May 2022 by IMA TISWADI in association with Healthway Hospital. Gynaecology and general medicine were the specialities in which the consultation was offered and free medicines distributed. Dr. Sanjay Ambagade and Dr. Rini Naik offered their services. Total patients who availed of the facilities were 60. Dr. Rini Naik also spoke to 25 women on menstrual hygiene.





- K. A free eye and ear camp was organised by IMA TISWADI on..... for students of Hamara school, Panaji. The camp was conducted by Dr. Pawan Rane, ENT specialist and Dr. Kuheli Rane, Ophthalmologist



- L. A free Health Camp was organised at senior citizens Ghar on 14 th May 2022 from 9:30 am to 1:30 pm by IMA TISWADI in association with Healthway Hospital. Orthopaedic and gen medicine were the specialities offered. Dr. Sanjay Ambagade, Dr. Joaquim Barbosa and nurses offered their services. Total patients who availed of the facilities were 56



## 5. IMA PONDA

- A. SWASTH MAHILA SWASTH GOA a Breast Cancer screening and detection camp was held on Sunday, 29th May 2022 from 9 am to 1 pm by IMA PONDA in association with janadhar foundation WDW PONDA IMA PONDA CHARITABLE TRUST Goa Cancer society IMA Goa State in collaboration with Yuvraj Singh Foundation Morning session at savoi verem panchayat hall where 71 patients were screened Evening session at curti had 36 patients. Sugar BP and general checkup of all patients done. Anyone needing detail

evaluation referred to corresponding specialist. Present participants. Dr Purnima usgaonkar, Dr Shweta khandeparkar, Dr



shirish mandurkar, Dr Vandana patankar, Dr dattaram dessai From Yuvraj Singh foundation sanyogita Singh and kajal. Ranjita vaghurmekar was present and coordinated on behalf of janadhar foundation .

- B. \*IMA PONDA ACTIVITY IMA Ponda organised a talk for the staff of \*Hindustan\* \*Petroleum\* on occasion of \*World No tobacco day\* on 31st May 2022 Dr Nutan Dev\* gave a detailed presentation and talk about il effects of smoking and tobacco consumption and answered questions of employees . Dr Shweta Khanderparkar IMA PONDA president was also present The talk was well received and appreciated by all in attendance . 60 employees had attended the talk .



6. IMA MURMUGAO
7. IMA MARGAO

A. IMA Margao organised a physical CME on 20th May at Hotel Nanutel , Speaker Dr Nagnath Khadke. Topic recent trends in management of Connective Tissue Disorders, n Biological Treatment. There were 75 attendees.



8. IMA CQS
9. IMA WDW
10. IMA WDW

A. A breast cancer screening Camp was organised by IMA WDW PONDA and Asra foundation in association with \*Yuvraj Singh Foundation\* and IMA Ponda Charitable Trust in collaboration with IMA GOA STATE and IMA PONDA , GOA CANCER SOCIETY at Dilasa on 4/5/2022. Dr Purnima Usgaonkar , Dr Shweta Khandeparkar , Dr Akshata Baliga Dr. Akshaya Pavwaskar and Dr. Vandana Patankar along with president of Asara foundation Mrs. Aneeta Sudesh Kavlekar inaugurated the camp. 85 ladies were examined. Inaugural camp of the series was held at Dilasa Palliative care Centre Farmagudi on 3/4/2022, attended by 103 beneficiaries, followed by second camp in association with Peaceful Society , at Madkai held on 27/4/2022, beneficiaries being 56. Video on Breast cancer awareness was shown in

all the camps for the attendees. Blood glucose and blood pressure examinations were also done .

B. Fourth camp in the series of breast cancer awareness and detection camps was organised by IMA WDW Ponda in



association with yuvraj singh foundation, IMA Ponda charitable trust and Goa cancer society on 15/5/2022 at volvoi - gajantlaxmi temple hall in collaboration with gajantlaxmi sports n cultural club volvoi. Dr Purnima usgaonkar, Member of Ex.Com.National IMA WDW, Dr Dattaram dessai IMA ponda, Dr Shweta khandeparkar president IMA ponda were present along with dr reshma and dr mhambrey from yuvi foundation did the examination. Total 65 ladies were examined for breast cancer detection. Their BP and RBSL was also checked. A audio visual presentation on breast cancer awareness was shown. Any patient with need for further investigation and treatment for general checkup were referred to dr lalana Bakhale . Welcome and vote of thanks was given by Mr vengurlekar of gajantlaxmi sports n cultural club.



11. IMA MPH

A. Mission Pink Health goa state in association with IMA Bardez & Panaji Obstetrics & Gynaecological Society POGS & JCI Bandan Bardez & VO Village Organisation Guirim Bardez Goa. A talk was held by Dr Sophia Rodrigues Obstetrician and Gynaecologist on 14th May 2022 4.00pm to 5.30pm at Guirim panchayat hall bardez goa for around 60 women Followed by sugar testing for all . A talk was on the topic Menstrual Hygiene on occasion of Menstrual Hygiene Day which is celebrated on 28th May.



## 12. IMA MSN-

A. IMA-MSN in association with the Department of Pediatrics and Department of Community Medicine along with blood bank GMC, observed World Thalassemia Day on the 10th May 2022..The event was attended by Prof. and Dean Dr. S.M Bandekar, Prof. and HoD Community Medicine and MSN advisor Dr. Jagadish Cacodcar, Prof. and HoD Dept. Of Pediatrics Dr. Vaishali Joshi, Dr.Mimi Silveira who was the chief guest for the event, students of GMC and thalassemic children



along with their parents. A talk on 'Blood transfusion in Thalassaemia' was given by Dr Merlyn of the blood Bank, followed by a talk on thalassaemia Awareness by Dr. Lorraine D'Sa of department of paediatrics. Thalassaemic Patients and parents shared their experience of life with thalassaemia. Various fun and entertaining activities were organised for the children and their parents like drawing competition, fun games, talent demonstration etc.

- B. IMA MSN / JDN with IMA Goa State and SCERT successfully conducted a Webinar to commemorate World Menstrual



health day & World No Tobacco Day. JDN Mentor Dr Rini Naik OBG Consultant spoke on Menstrual health and DTO S Goa Dr Govind Desai spoke on Tobacco and its health issues and control measures. 1006 School teachers were educated from 3 to 5pm on 27th May 2022 at SCERT. Dr Amol Tilve State IMA Secretary, Dr Jagadish Kakodkar IMA MSN / JDN Advisor, Dr Diksha Phadke State Convenor JDN were present at the program besides IMA MSN Team GMC and Director SCERT & staff. Excellent interactive session was held with over 50 questions from the teachers who were present throughout the great educational sessions by both the eloquent and experienced Guest Faculty.

### 13. IMA JDN

- A. IMA JDN Goa Mentor Dr Anika Parrikar, Pulmonologist commemorated World No Tobacco Day by conducting Awareness session for 50 staff of Taj Fort Aguada at Sinquerim Goa on 31st May..

**Dr Amol Tilve**

**IMA GOA STATE SECRETARY**

**Date - 12<sup>th</sup> June 2022**