



IMA *News*

GOA STATE BRANCH

Vol. No. XXIII Issue 2

IMA GOA STATE Executive Committee January 2012 - December 2012

President

DR. H. P. PAI

Tel.: 0832-2510027

Cell : 9422060868

E-mail : hppaigoa@rediffmail.com

Hon. Secretary

DR. ANIL MEHNDIRATTA.

Tel.: 0832-2516569

Cell : 9823017806

E-mail : anilmehndiratta@rediffmail.com

Treasurer

DR. SUNITA H. PAI

Tel.: 0832-2510027

Cell : 9890419600

1st Vice President

DR. GLADSTONE D. COSTA

2nd Vice President

DR. JAGDISH KAKODKAR

3rd Vice President

DR. PRASAD NETRAVALKAR

Immed. Past President :

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Joint Secretary :

DR. RAHUL BORKAR

Joint Treasurer :

DR. SURAJ PRABHU DESAI

Representative To Central

Working Committee :

DR. BABAN PARULEKAR

Editor Ima News :

DR. NIMISH PILLAI

Cell : 9823132042

E-mail : nimishpillai@yahoo.com

From the Editor's Desk

From the President's Desk

From the Secretary's Desk.....

Welcome to New Members.....

Minutes of the 2nd Executive Committee Meeting.....

ABG Notice

Min of AGB Meet 2011

Amendment to the Constitution

Branch Activity

MCI Guideline regarding accreditation

High Court Order on Physiotherapists

Published by :

IMA Goa State Hon. Secretary

DR. ANIL MEHNDIRATTA,

M.B.B.S., MD, FCCP

Mehndiratta Niwas, MHN 430, W-17,

Shantinagar, Vasco da Gama, Goa 403 802.

Tel.: 0832-2516569 Cell : 9823017806

E-mail : anilmehndiratta@rediffmail.com



FROM THE EDITOR'S DESK

Dear Members,

Time has flown and as stated by WILLIAM SHAKESPEAR "Defer no time, delays have dangerous ends". We are with the second issue of IMA news. From the activity reports, I can see IMA branches vibrant and putting in hard work towards need based projects for betterment of the Society.

Recently, the medical fraternity was in media focus as Amir Khan turned the spotlight on Indian Healthcare and Malpractice in medical profession through his T.V. Show "SATYAMEV JAYATE". Every issue has two sides and majority of Doctors felt that the show was biased and projected only one side of the story. No doubt there are few black sheep in every profession. It is sad that Doctors should be made the object of such unilateral scrutiny. Although there is some credence to what the show projected, diluting the good work and service to society of majority of ethical and right practicing Doctors is just not right.

Where is Amir Khan when Doctors are assaulted?

Where is Amir Khan when we give free treatment and services for the poor and needy?

Difference of opinion, errors of judgments, medical accidents should not be linked to medical negligence.

Having said this, Amir Khan's episode on "Female Foeticide" was an eye opener and relevant to this prevalent menace in the Society.

GIMACON 2012 is fast approaching and the exotic location of "Holiday Inn" at Cavellosim awaits you all. Hope you all make it in large numbers.

Rains are at their best in Goa and the way I see it, if u want the rainbow, you got to put up with the rain.

Till we meet next time.

Dr. Nimish Pillai
Editor, IMA Goa State



FROM THE PRESIDENT'S DESK

Dear Members,

I am very happy to interact once again with you through the second issue of IMA News. IMA H.Q. had decided to go on all India Medical strike on 25th June 2012 in protest against National Commission for Human Resources in Health. After holding discussions at length with the members in our executive committee meeting we decided that though in principle we are with IMA H.Q, we shall not participate in the day long strike, in the best interest of our patients. Nevertheless, we made a representation regarding NCHRH to our Hon. Chief Minister Mr. Manohar Parrikar.

We also had another meeting with Hon. Chief Minister Mr. Manohar Parrikar and Hon. Home Minister Mr. L. Parsekar, wherein we discussed about the Clinical Establishment Act for the state of Goa, and also the necessity of 'Prevention of violence against medical personnel and medical establishment - Bill '

State IMA in association with DHS (NVBDGP) conducted a CME on vector borne diseases at NIO, Donapaula in the month of July 2012.

With the beginning of new academic year, we shall take forward our programme of Adolescent health Awareness programme for the secondary school children with the help of our branches.

Preparations for the mega event of the year GIMACON 2012 are in full swing, and the organizing committee IMA Mormugao is working hard to make the event, one of the most memorable ones in the recent times.

Looking forward to meeting you at GIMACON 2012.

Thank you,

Dr H P Pai

President, IMA Goa State



FROM THE SECRETARY'S DESK

Dear colleagues,

Greetings from the office of IMA Goa State.

It gives me immense pleasure on communicating with you after the completion of half of my tenure in the office. Besides holding a State level CME on Vector Borne Diseases, there were various other developments like meetings with the Chief Minister & Hon. Health Minister regarding the Goa State Clinical Establishment Bill. The Goa State IMA in association with Medicines Sans Frontieres, an NGO, from Delhi, had an awareness session for the executive committee.

The IMA Goa State constitution is redrafted with all the amendments and shall be presented to all the branches, before ratification by the AGB.

At this point, I would like to congratulate all the branches for organising various CME's, conducting medical camps and enrolling new members. The IMA Goa State welcomes all the 29 new members, who have joined this year.

Last but not the least, I would request all the members to please register themselves for the XXIV GIMAXCON, to be held on 29-30th September at Holiday INN, Cavelossim, Goa

Dr. Anil Mehndiratta
Hon Secretary, IMA Goa State
(M.B.B.S, M.D, F.C.C.P)



WELCOME TO NEW MEMBERS

Sr. No.	Name	Local Branch
1.	DR ABEL B DA COSTA	TISWADI
2.	DR MARIA SARA DA COSTA	TISWADI
3.	DR SHARAD KUMAR PAI RAIKAR	TISWADI
4.	DR SHILPA PAI RAIKAR	TISWADI
5.	DR GURPREET SINGH GILL	TISWADI
6.	DR AJIT A NAGARSENKAR	TISWADI
7.	DR GEETA S JOSHI	TISWADI
8.	DR PRADYUMMA KULKARNI	TISWADI
9.	DR UMA SHANKAR GARG	TISWADI
10.	DR PREETESH MOHAN KOTE	CQS
11.	DR FERNANDES CIANO A C W	CQS



Minutes of Second meeting of Executive Committee IMA Goa state held on 17th June 2012, in IMA Goa State Office, St. Inez, Panaji, Goa.

The meeting started at 11am. Since there was no sufficient quorum, meeting was adjourned for 30 minutes.

The meeting restarted at 1130am.

Following members were present :

Dr.H.P Pai , Dr. Anil Mehndiratta, Dr. Sunita Pai, Dr.Gladstone D'costa, Dr.Jagdish Kakodkar, Dr. Prasad Netravalkar, Dr.Rajendra Dev, Dr Dattarama Desai, Dr Rahul Borkar ,Dr Shekar Salkar, Dr A O Nazareth, Dr Jayant Bhandare , Dr S Korgaonkar, Dr Shailesh Hede, Dr Francis Couto, Dr Damodar Bhonsule, Dr. Pradeep R. Padwal, Dr Vikas Shirodkar, Dr Luis Ataide, Dr Satyesh Kamat, Dr. Shailesh Kamat, Dr Ajit Vaidya, Dr N P Savoikar, Dr Deepak Kuvelkar, Dr Rajiv Usgaonker, Dr Basavraj Patanshetty, Dr Purnima Usgaonker, Dr Deepak Kamat, Dr Praveen Bhat & Dr Nagesh Kakode.

Following members were granted LOA:, Dr Kalpana Mahatme, Dr Gokuldas Sawant, Dr Govind Ghanashyam Kamat , Dr Suraj Prabhudesai, Dr Sunil Kakodkar, Dr Milagres Fernandes, Dr Anil Pai Raiker & Dr Abhijit Nadkarni

1)In the absence of Margao IMA branch President & Secretary, Dr Rahul Borkar, Margao IMA Treasurer welcomed everyone. Later Dr. H.P. Pai, President, IMA Goa State, addressed the gathering and handed over the proceedings to Dr Anil Mehndiratta, Hon Secretary IMA Goa State.

2) A minute silence was observed in memory of the sad demise of Dr Pramod Dukle & Dr Sripad Kunkoleikar, ex Tiswadi Branch IMA members.

3) In the minutes of the previous IMA Goa state Executive committee meeting held on 25-03-12, Dr Shailesh Kamat said the corrections of the previous meetings should always be specified. (Thus the corrections to minutes of first executive committee meeting are as follows: A) Page number 1 line 21- Instead of "he so devised" it should be " has devised". B) Page number 2 line 1- Instead of "conglomerated" it should be "consolidated").He also suggested that the serial number 7(F), the Secretary's Timetable was again redrafted by him in 2005 which was not mentioned. Hence it was decided to rewrite the same line as" Subsequent to change in the IMA years, the Secretary's Timetable had to be redrafted". Also, in the serial number 7(J), similar amendments was done in 2005 where CD's of the amended constitution was distributed by him. Hence the same had to be read as " since the constitution was drafted in March 1998 & redrafted in 2005 there were many amendments to the constitution due to change in the association year etc."

Dr Gladstone asked whether there was any feedback on the issue of the management of the IMA office. As the information was not available, he urged that the IMA State office supervision



committee should work under the umbrella of IMA Trust. He also read out a letter from 2002, to illustrate and emphasize the point that sooner or later there would be a stand-off between the managers of the office and the Trust unless there was an amalgamation of the two.

The addenda to the constitution were also circulated to all the members and approved. These addenda will be circulated to all the branches for discussion and approval, following which they would be formally ratified by the AGB. The minutes of the executive meet and the addenda to the constitution were then confirmed. It was proposed by Dr Prasad Netravalkar & seconded by Dr. Gladstone D'costa.

4) Matters regarding hosting of XXIV GIMACON were taken up by Dr Shailesh Kamat, President IMA Mormugao. He briefed the house regarding the details of the program, which are as follows:

Saturday 29th Sept 2012

3.30pm onwards – Registration & Tea

4.00pm – Inauguration of exhibition

04.30pm – Inauguration of conference: Chief Guest : Mr. Manohar Parrikar

6.00pm- IMA Goa State Oration Speaker : Dr Pankaj Desai, Baroda

Topic : “Doctor - Subvert your Paradigms”

7.00pm to 07.45 pm :Medical quiz :7 teams from 7 branches. Each team will have one member from student's wing, one each in every team decided by lots. Each Branch to send 3 members only. A rolling trophy will be presented to the winning team. The trophy will be returned to IMA Goa State Office after the conference and the participants will be presented with a trophy model/appropriate memento. Quiz Masters will be Dr Jagdish Kakodkar & Dr P Rataboli. The participant's names to be sent to organizing committee by 15th Sept.

8.00pm onwards: Entertainment program

9pm onwards – Banquet

Sunday 30th Sept 2012

9.00am – 10.30am – Paper presentation

10.30am-11.15am – Session 1 Topic : Common Sense in Respiratory Medicine

Speaker : Dr Sridhar Ganapati

11.15am- 11.45am – tea break

11.45am – 12.30pm – Session 2 Topic : Nuclear Medicine – Evolving role in current clinical practice

Speaker : Dr Pankaj Mhatre

12.45pm – 01.30pm – Session 3 Topic : Bone marrow Transplants –indications and outcome

Speaker : Dr. Jyoti Shankar Ray Choudhary

1.30pm – 2.30pm - LUNCH

2.30pm -- AGB

4.30pm – Valedictory function

5) Correspondence from Head quarters was discussed :

It was informed to the house that IMA HQ has asked all the IMA members to go on one day token



strike on 25th June 2012 opposing the NCHRH Bill, Clinical Establishment Act and MCI dissolution. After thorough discussion it was decided that IMA representatives shall meet the Chief Minister of Goa and present him a memorandum, which would emphasize that though the IMA had called for a strike, and the reasons were

2
genuine, in the interests of the patients we were not engaging in a total shut down. Dr Shekar Salkar informed the house that he had taken an appointment with the CM. The members agreed to suggestion by Dr Gladstone that there is no point in opposing NCHRH Bill, as well as Clinical Establishment Bill in totality. Instead the specific provisions against interest of members should be challenged if required through a writ petition. The National IMA should be informed regarding this stand of Goa State IMA Ex. Comm.

6) Synopsis of the meet with the Chief Minister & Health Minister of Goa.

The IMA representatives had met the Health Minister & Chief Minister and had appraised them of the Clinical Establishment Act, the Anti Assault Bill and the NCHRH bill.

7) Following business was conducted under AOB:-

A) Following members were confirmed by the Executive Committee for the various posts for 2013

Goa State IMA Executive Committee:

- i) Joint Secretary : Dr Vinayak Buvaji
- ii) Joint Treasurer : Dr Atchut Kakodkar
- iii) 3rd Vice President : Dr P Rataboli
- iv) Editor IMA News : Dr
- v) Representative to CWC : Dr Deepa Correia Afonso

The above names were to be ratified by the AGB

vi) Representative to the Felicitation Committee from the Tiswadi Branch for 2012- Dr Deep Bhandare

B) Dr Gladstone had presented a quotation from a printer regarding the printing of the Goa State IMA Constitution. It was decided to print 500 copies, but the printing of the same to be done once the addenda are ratified by the AGB in September 2012.

C) Regarding Aaon Gaon Chalein, the house decided that Dr Purnima Usgaonkar shall continue as the Chairman of the project.

D) The house was informed that the MOU with NIO, Goa shall be extended for another two years.

E) NOC to be given to Dr Jeevan Joshi, IMA CQS member, who has sought transfer to IMA Belgaum Branch.

F) Regarding a letter from Dr Uday Nagarseker, who had written that DHS should not insist on a Trade licence from the Municipality/Panchayat for registration of the doctor, Medical profession being a noble one, detailed discussion was held among the members. Since the trade license is for any trade or profession, it was decided that no action should be taken on this letter.



F) Dr H P Pai informed that DHS Goa has sanctioned Rs 50000/- for CME's on vector borne diseases, it was decided that Dr Jagdish Kakodakar will be the coordinator for the same. He will discuss the same with the Goa Medical College Education Cell, for getting the logistics of the speaker and have two CME's

3

one each in North & South Goa. It was also decided that since the funds won't be sufficient, the local branches should contribute for the same.

G) Regarding a query on the adolescent program sponsor from DHS, it was informed that DR HP Pai will discuss with the new Director of DHS.

H) Dr Gladstone informed the house that the updated guidelines for CME accreditation were finalized by the Goa Medical Council and have been sent for printing. He had requested the same to be printed either in the GIMACON souvenir as well as the IMA bulletin for wider circulation.

I) The house was informed that Dr Shekar Salkar was appointed as a member of Planning Commission, Goa. The house congratulated Dr Shekar Salkar for the same.

J) The IMA Goa State was in receipt of a letter from IMA CQS stating that a lot of loose remarks are being passed by the Resident Doctors of Goa Medical College when patients are being referred to GMC for any treatment by Private practitioners. It was decided to write a letter to the Dean of GMC regarding the same.

K) A meeting with members of Medicine Sans Frontiers, an NGO based in Delhi, with Head quarters in France has been fixed on 18th June. All members were requested to attend the same

Meeting concluded at 2.10 p.m. with vote of thanks by Dr.Sunita Pai, Treasurer, IMA Goa State, thanking the host IMA Margao & Dr Prasad Netrvalkar & Dr F Couto for making all the arrangements. This was followed by fellowship & Lunch, thanks to IMA Margao.

Sd/-
(Dr. Anil Mehndiratta)
Hon. Secretary, IMA Goa State

INDIAN MEDICAL ASSOCIATION

GOA STATE BRANCH

Registered under Societies Regn. Act. 1860 No. 33/Goa/98 dt. : 09.02.1998

PRESIDENT

DR. H. P. PAI,

'Punyaee' H. No. 43/1, Lane 4,
Teoluz Gardens, Beyond Cottage Hosp.
Alto-Chicalim, Goa - 403 711.
Tel.: 0832-2510027 Cell :9422060868
E-mail : hppaigoa@rediffmail.com



www.goaima.in

HON. SECRETARY

DR. ANIL MEHNDIRATTA,

Mehndiratta Niwas, MHN 430, W-17,
Shantinagar, Vasco da Gama,
Goa 403 802.
Tel.: 0832-2516569 Cell : 9823017806
E-mail : anilmehndiratta@rediffmail.com

EXECUTIVE COMMITTEE 2012

TREASURER

DR. SUNITA H. PAI

'Punyaee' H. No. 43/1, Lane 4,
Teoluz Gardens, Beyond Cottage Hosp.
Alto-Chicalim, Goa - 403 711.
Tel.: 0832-2510027 Cell :9890419600

1ST VICE PRESIDENT

DR. GLADSTONE D'COSTA

CELL : 9422059379

2ND VICE PRESIDENT

DR. JAGDISH KAKODKAR

CELL : 9823928743

3RD VICE PRESIDENT

DR. PRASAD NETRAVALKAR

CELL : 9822102524

IMMED. PAST PRESIDENT :

DR. RAJENDRA DEV

CELL : 9422455901

IMMED. PAST SECRETARY :

DR. GOKULDAS SAWANT

CELL : 9423061345

IMMED. PAST TREASURER :

DR. DATTARAM DESAI

CELL : 9423882072

JOINT SECRETARY :

DR. RAHUL BORKAR

CELL : 9767948049

JOINT TREASURER :

DR. SURAJ PRABHU DESAI

CELL : 9823157826

REPRESENTATIVE TO CENTRAL WORKING COMMITTEE :

DR. BABAN PARULEKAR

CELL : 9422437421

EDITOR IMA NEWS :

DR. NIMISH PILLAI

CELL : 9823132042

Ref No: IMAGOA/2012-48

03/08/2012

NOTICE

24TH ANNUAL GENERAL BODY MEETING OF IMA GOA STATE

Date : Sunday, 30th September 2012

Time : 2.30 PM

Venue : HOTEL HOLIDAY INN, Cavelossim, Goa.

AGENDA:

- 1) Welcome address by the State President
- 2) Condolence resolutions if any.
- 3) Confirmation of minutes of the previous AGB & matters arising there from.
- 4) Confirmation of Office bearers of IMA Goa State for the year 2013
- 5) Confirmation of member from IMA Margao as Goa State Representative on the working committee of IMA HQ.
- 6) Adoption of Annual report by the immediate Past Hon. Secretary for the months from September to December 2011 and Secretary's report from January to August 2012.
- 7) Consideration of Audited Statement of accounts for previous financial year.
- 8) Resolutions if any brought forward by/to the executive committee.
 - Amendments to constitution --- Mode of communication for notices
 - Ratification of amendments to the constitution (Copy attached)
- 9) Resolution commissioning the Chairman of the Constitution Committee to update the constitution incorporating all the amendments since the first edition, and approval of the budget for printing 500 copies of the same at the quoted price as well as making available a CD edition of the same.
- 10) Appointment of Hon. Legal Advisor
- 11) Any other matter with permission of Chair

Kindly note that if there is no quorum, the meeting will be adjourned by half an hour and will be held at the same venue at 3.00 PM

Please make it convenient to attend the AGB Meeting and oblige.

Thanking you,

Yours truly,

Dr Anil Mehndiratta

Hon Secretary, IMA Goa State.

"TRUST : A MUST FOR BETTER HEALTH "



IMA News

AMENDMENTS TO THE CONSTITUTION

To be passed by the AGB

April - July 2012

OLD	AMMENDMENT	JUSTIFICATION
1) Notices for meetings should be sent under certificate of posting.	Notices for meetings should be sent by posting or by electronic media for those who were agreeable to receive the notices in this manner	This is in keeping with advances in technology and in support of the corporate green movement to reduce the use of paper. E-mail is now a legally accepted form of communication. The post master has informed the certificate of posting has
<u>2) WORKING OF THE FELICITATION COMMITTEE</u> A) A new member shall be appointed by the G.B, preferably from the branch which has no representation. B) A new Secretary shall be chosen by the members of the committee among themselves.	The new inductee into the felicitation committee should come from the same branch of the 3 rd V.P. of that year. Every year, a new secretary should be selected from the longest serving member of the committee. If there were two or more members fitting this description, the committee should select one and the others to follow suit in the subsequent years.	This will ensure a fair system of rotation as well as time for the new members to get acquainted with the working of the committee. This will ensure a fair system of rotation and equal opportunity for all members to serve in the posts of office bearers.
<u>3) ORATION FUND CONTRIBUTION</u> The branch hosting the conference shall donate a sum of Rs 50000/- towards the IMA Oration Fund from 2005 onwards.	As per the annual executive committee March 2012 resolution, the contribution is withdrawn from 2012 onwards.	The contribution is withdrawn as the initial purpose of supplementation of IMA Oration Fund has been achieved.

AMENDMENTS AS DIRECTED BY THE IMA HQ

FOR RATIFICATION BY AGB

1. Branch Representatives to the Central Council shall be in the following scales: - For every 60-100 members, one representative. Branches having less than 60 members can join together to form 60 members for the purpose of electing a representative. Thereafter, for every additional 100 members, or part thereof, one additional representative.
2. Branch representatives to the Central Council shall be life members of good standing of the local branch.
3. Branch representatives to the Working Committee shall be elected from amongst the members of the Branch who have been members of the Association continuously for at least five years preceding the election.
4. Conversion from Annual to Life Membership: The local Branch Secretary should get filled a new M.A. form from the member. The Branch Secretary should write in red ink/red ball point pen at the top of the form "Conversion from Annual to Life Member. His Serial Number from the general list is....."
5. A minimum of twenty persons who are eligible to be members of the Association as per the rules of the Association, who reside, practice or are employed in a place or its' neighbourhood may form themselves into a Local Branch of the Association by a resolution passed at a General Body Meeting of such persons convened for that purpose.
6. Life Membership Fees collected by Local and State Branches shall be kept in a separate account with a nationalised bank and shall be invested separately. The membership amount so invested shall under no circumstances be withdrawn or spent. In case a member changes the Branch, the original amount received by the Branch shall be paid to the new Branch which the Member has joined. This shall apply to Local as well as State Branches. On transfer of Membership, the member shall have all rights of the new branch he has joined, including voting and holding office. However, if there is any extra charge for any hospitality, it will be the members' option to join it or not.

Sd/
(Dr. Anil Mehndiratta)
Hon. Secretary, IMA Goa State.



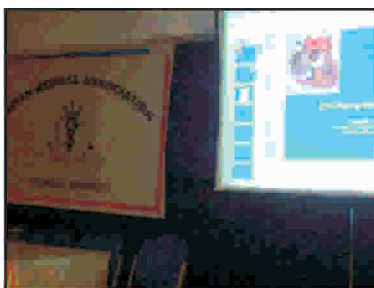
BRANCH ACTIVITIES

IMA TISWADI MONTHLY REPORT

IMA Tiswadi- Monthly Report for the month of April 2012

a) Monthly meeting of IMA Tiswadi for April 2012

The monthly meeting of IMA Tiswadi was held on Friday, 13th April 2012 from 8pm onwards at Hotel Orion, Porvorim, Goa. The speakers for the meeting were Dr. Joseph Xavier, Cardiothoracic and Vascular Surgeon who is Chief, Division of Paediatric Cardiac Sciences, Fortis Hospitals, Bangalore who spoke on "The many Faces of Fallot's Tetralogy – How to Handle?" and Dr. Shashidara, Consultant Interventional Cardiologist & Electrophysiologist, Fortis Hospitals, Bangalore, who talked on "ECG Recognition of Arrhythmias". The Goa Medical Council allotted credit points for the meeting. The meeting was followed by fellowship and dinner.



b) IMA Tiswadi activities for World Health Day:

IMA Tiswadi along with Rotary Club of Panjim held a meeting at Nalanda Hall, EDC Building, Panaji, to commemorate World Health Day. The Guest Speaker for the programme was Dr. Modit Khanna, Orthopedic Surgeon, Workhart Hospital, who talked on various aspects of Rheumatoid Arthritis. The speaker was introduced to the audience by Dr. Prasad Netravalkar, President, IMA Tiswadi.

c) Walk for Diabetes on 22nd April 2012:

The "Walk for Diabetes" was held on 22nd April Sunday at 8.00 am from Azad Maidan, Panaji led by Honorable Chief Minister Shri Manohar Parrikar, Honorable Health Minister Shri. Laxmikant Parsekar and Dr. Digambar Naik, President of Diabetes Society Goa. Dr. Prasad Netravalkar (President, IMA Tiswadi), Dr. Rajendra Tamba, Dr. Anant Palyekar other members of IMA Tiswadi participated.

Dr. Prasad Netravalkar Dr. Francisco Couto
Hon. President, IMA Tiswadi **Hon. Secretary, IMA Tiswadi**



IMA Tiswadi – Monthly Report for May 2012

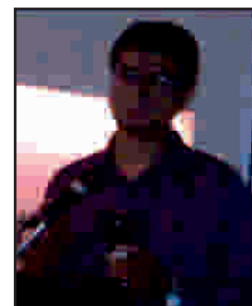
a) Monthly meeting of IMA Tiswadi for May 2012. The monthly meeting of the IMA Tiswadi for the month of May 2012 was held on Friday, 25th May 2012 at Hotel Fidalgo, Panaji. There were three speakers for the meeting. The first was Dr. Pankaj Mhatre, Consultant, Nuclear Department, Manipal Hospital, Dona Paula, Goa, who delivered an interesting lecture on “Diagnostic & Therapeutic Role of Nuclear Medicine in Clinical Practice – A Case Based Review”. This was followed by a short video presentation of “Total Knee Replacement Surgery” by Dr. Mahendra S. Kudchadkar, Consultant Orthopedic Surgeon and finally the last presentation was a very eagerly awaited talk on “Use of Smart Phones & its Applications with special reference to Medical Applications” by Mr. Rajesh Chheda, Chartered Accountant and Financial Planner and Gadget Expert. The Meeting was sponsored by Manipal Hospitals, Goa. The Goa Medical Council allotted credit points for the meeting. The meeting was followed by fellowship and dinner.



Dr. Prasad Netravalkar
Hon. President, IMA Tiswadi



Dr. Francisco Couto
Hon. Secretary, IMA Tiswadi



IMA Tiswadi – Monthly Report for June 2012

1) 14th June 2012 - Blood Donation Day:

Blood Donation Day was observed on 14th June 2012 by the Goa State Government at a function held at the Secretariat Building at Porvorim. Dr. Prasad Netravalkar (President, IMA Tiswadi) attended the meeting and represented IMA Tiswadi

2) 17th June 2012 - IMA Goa State Executive Meeting : The IMA Goa State Executive Meeting was held on 17th June 2012 in the IMA Hall at St. Inez, Panaji. Dr. Prasad Netravalkar (President), Dr. Francisco Couto (Secretary) and Dr. Damodar Bhonsule attended the meeting on behalf of IMA Tiswadi





3) 18th June 2012 - IMA Goa State CME:

The IMA Goa State held a CME on 18th June 2012 at Hotel HQ, Vasco in association with Medecins Sans Frontiers where a talk on "Kala Azar and Malnutrition in Ethiopian Context" was delivered by Dr. Alan De Lima Pereira and presentations were also made by officials of Medecins Sans Frontiers on their activities. Dr. Prasad Netravalkar, Dr. Francisco Couto and Dr. GovindKamat attended on behalf of IMA Tiswadi

4) 23rd June 2012 - IMA Tiswadi Meeting:

A short meeting was held in IMA Tiswadi Hall on 23rd June 2012 to discuss various urgent matters including member to be felicitated from IMA Tiswadi

5) Monthly Meeting for June 2012 of IMA Tiswadi:

The monthly meeting for June 2012 could not be held in the month of June due to unavoidable reasons and will be held on 6th July 2012 at Hotel Delmon.

Dr. Prasad Netravalkar
Hon. President, IMA Tiswadi

Dr. Francisco Couto
Hon. Secretary, IMA Tiswadi

Monthly Report of IMA Tiswadi for July 2012

1) Monthly Meeting for June 2012:

The monthly meeting for June 2012 could not be held in the month of June due to unavoidable reasons and was held on 6th July 2012 from 8pm onwards at Hotel Delmon, Panaji. The speaker for the meeting was Dr. Sandip K. Madhwapathy, MS, Surgical Oncologist and Chairman & Managing Director, Belgaum Cancer Hospital. Dr. Madhwapathy gave a very erudite lecture on "Radiation Therapy – An Overview". The meeting was sponsored by Belgaum Cancer Hospital Pvt. Ltd. The Goa Medical Council gave accreditation points for the meeting. The CME was followed by cocktails and dinner.





2) IMA Goa State CME on “Vector Borne Diseases”:

The IMA Goa State organized a CME on Sunday, 22nd July 2012 at the NIO Auditorium, Dona Paula on “Vector Borne Diseases”. A large delegation from IMA Tiswadi attended the CME and included among others Dr. Prasad Netravalkar (President, IMA Tiswadi), Dr. Francisco Couto (Secretary, IMA Tiswadi), Dr. Damodar Bhonsule and others. Dr. Nellie De Sa (Treasurer, IMA Tiswadi) was one of the Faculty for the CME.

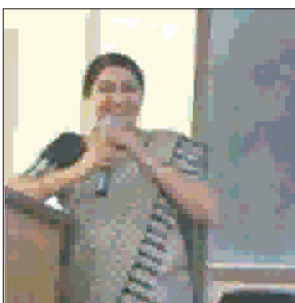


3) Books written by Dr. Anupama Kudcharkar released by Hon. CM Manohar Parrikar:

The release of two books written by IMA Tiswadi member Dr. Anupama Kudcharkar were published on 22nd July 2012 at hands of our Honorable Chief Minister Mr Manohar Parrikar at Hotel Mandovi. Dr. Rufino Monteiro spoke on the English book “Know your Skin better” and Mrs. Vasanti Nadkarni spoke on Marathi book “Arogya Sanskar”. IMA Tiswadi President Dr. Prasad Netravalkar shared his views on both the books and appreciated the work done by the author of the books Dr. Anupama Kudcharkar. Both the books are on health related issues and will be of immense use for the public. The book release function was well attended and included relatives and friends of the author as well as many doctors including Dr. Prasad Netravalkar (President, IMA Tiswadi) and Dr. Francisco Couto (Secretary, IMA Tiswadi).



4) Lecture by Dr. Anupama Kudcharkar at Dhempe College:



A lecture given by IMA Tiswadi member Dr. Anupama Kudcharkar at Dhempe College, Miramar, Panaji, for college section students of Science and Arts on 25th July 2012 from 10am to 1.30pm. The lecture was on Acne and Hair fall which was followed by question answer session and later by medical camp held for skin problems of students. More than 50 students were examined and were given various medications.

**5) Monthly meeting for July 2012:**

The monthly meeting of the IMA Tiswadifor July 2012 was held on Friday, 27th July 2012 at Hotel Fidalgo, Panaji, from 8pm onwards. There were two speakers for the meeting. The first speaker was Dr. Vishal Sawant, MS, MCh (Pediatric Surgery), Consultant Pediatric Surgeon, Manipal Hospital, Goa, and Head of Pediatric Surgery at Goa Medical College. Dr. Vishal Sawant spoke on "Challenging Cases in Pediatric Surgery". This was followed by the second speaker Dr. Preethi Pereira, MD, Consultant



Pediatrician, Manipal Hospital, Goa, who spoke on "Salient features in Pediatric Practice". The CME was awarded Credit Hours by Goa Medical Council. The meeting was sponsored by Manipal Hospitals, Goa. THE CME was followed by cocktails and dinner.

Dr. Prasad Netravalkar
Hon. President, IMA Tiswadi

Dr. Francisco Couto
Hon. Secretary, IMA Tiswadi

IMA BARDEZ MONTHLY REPORT**IMA Bardez - Monthly Report for the month of April 2012**

IMA bardez organised an adolescent education programme for students of 2 schools (given below) on the occasion of World Health Day, on 7th April 2012. 1. Valavalkar Higher Secondary School, Khorlim-Mapusa. talk by dr shailesh hede 2 Vidya Prabhodini Higher Secondary School, Porvorim. talk by dr Padmanabh Rataboli At both places, we had excellent interactive sessions with active participation from both teachers & students.



**IMA Bardez - Monthly Report for the Mayh of April 2012**

1. Our 4th CME meet was on ' Common Urological Problems - a basic approach' by Dr Elphiston F'des .This was held on 14th April 2012 at hotel Orion(porvorim) Urinary stones , urinary infections & prostatic enlargement were discussed... Some standard operating procedures (SOPs)in certain clinical situations were also discussed.
2. Our 5th CME meet was on ' Drugs & the Kidney' by Dr Amol Mahaldar, DNB-Nephrology. Correct choice of drugs, proper dosage , proper monitoring of renal functions, diagnosing renal dysfunction etc were discussed.
3. IMA Bardez has adopted 2 Old Age Homes for providing 'regular & comprehensive care' to their members. As part of this initiative, two teams from IMA Bardez visited the two old age homes as follows : a. Arc of Hope (Candolim) : Dr Shailesh Hede / Dr Vardhan Bhobe b. Mahilashram of Lok SevaTrust(Asagao) : Dr Seetaram Korgaonkar/ Dr A.Thali Dr Kaveri Prabhu. The members were medically examined & counselled.Medicines & some food items were distributed.(Photos attached) These visits would be held on the 1st sunday of each month.
4. A special General Body Meet was held on sunday, 3rd of June at hotel Orion to discuss & ratify the new constitution of IMA- Bardez.Newer suggestions were discussed & incorporated.It was decided that a legal opinion would be taken after making the suggested changes / additions.

IMA Bardez - Monthly Report for the June of April 2012

- 1.a general body meeting of the branch was calledon the 3rd of June 2012 at hotel Orion to discuss & ratify the new constitution of IMA Bardez.The draft was finalised .It was decided to get a legal opinion on the draft before finalisation & submission to the State IMA.
2. An 'Orientation programme' for resourse people of IMA Bardez on 'Adolescent Education Programme' was held on 9th June 2012 at 3pm at hotel Orion.Copies of the CDs given by the state IMA were also distributed.
- 3.A CME lecture on ' Neurocysticercosis & Epilepsy ' by dr Aaron de Souza (DM neurology) was held on 16th june at 8pm at hotel Orion.their was a interactive session in which various aspects of the disease were discussed..a total of 51 members attended the meet.
4. A blood donation camp was held on 24th June 2012 between 10am - 1pm at the District Hospital (mapusa). This was jointly hosted by IMA Bardez & the Rotary Club of Mapuca , and conducted by the Goa Medical College blood bank.69 people donated blood.
(pictures attached)

**IMA Ponda - MONTHLY REPORT****IMA Ponda - Monthly Report for the month of April 2012**

Monthly meeting of Ponda IMA branch and a CME held on 28/04/12 at IMA hall ponda. Dr Reshma Dalvi spoke on 'Optimizing imaging for maximizing diagnostic returns' A Multispecialty camp was organized at Usgaon and over 200 patients took the benefit.

participation from both teachers & students.

IMA Ponda - Monthly Report for the month of May 2012

1..Our 4th CME meet was on ' Common Urological Problems - a basic approach' by Dr Elphiston F'des .This was held on 14th April 2012 at hotel Orion (porvorim) Urinary stones , urinary infections & prostatic enlargement were discussed... Some standard operating procedures (SOPs)in certain clinical situations were also discussed.

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IMA Ponda - Monthly Report for the month of June 2012

The sixth monthly meeting of IMA Ponda was held on 30th June 2012 at 8:30pm at IMA hall Ponda.At the outset president Dr. Rajeev welcome members and guests speakers.Dr. Basavaraj Secretary read and confirmed the minutes of previous meeting held on 26th may 2012.Dr. Basavaraj also informed correspondence from IMA Goa state. Celebrated Doctors day function Oath taking. Felicitation of Meritorious student.· Felicitation of senior members of IMA – Dr. Suman A Manerkar, Dr. Avinash B Usgaocar. Recognition for Vocational Excellence – Mr. Shambhu S Sukhtankar, Mr. Anil S Borkar. CME "common Urological Problems in General Practice "by Dr. Elphiston Fernandez M S DNB, Consultant Urologist. Session sponsored by Cipla.

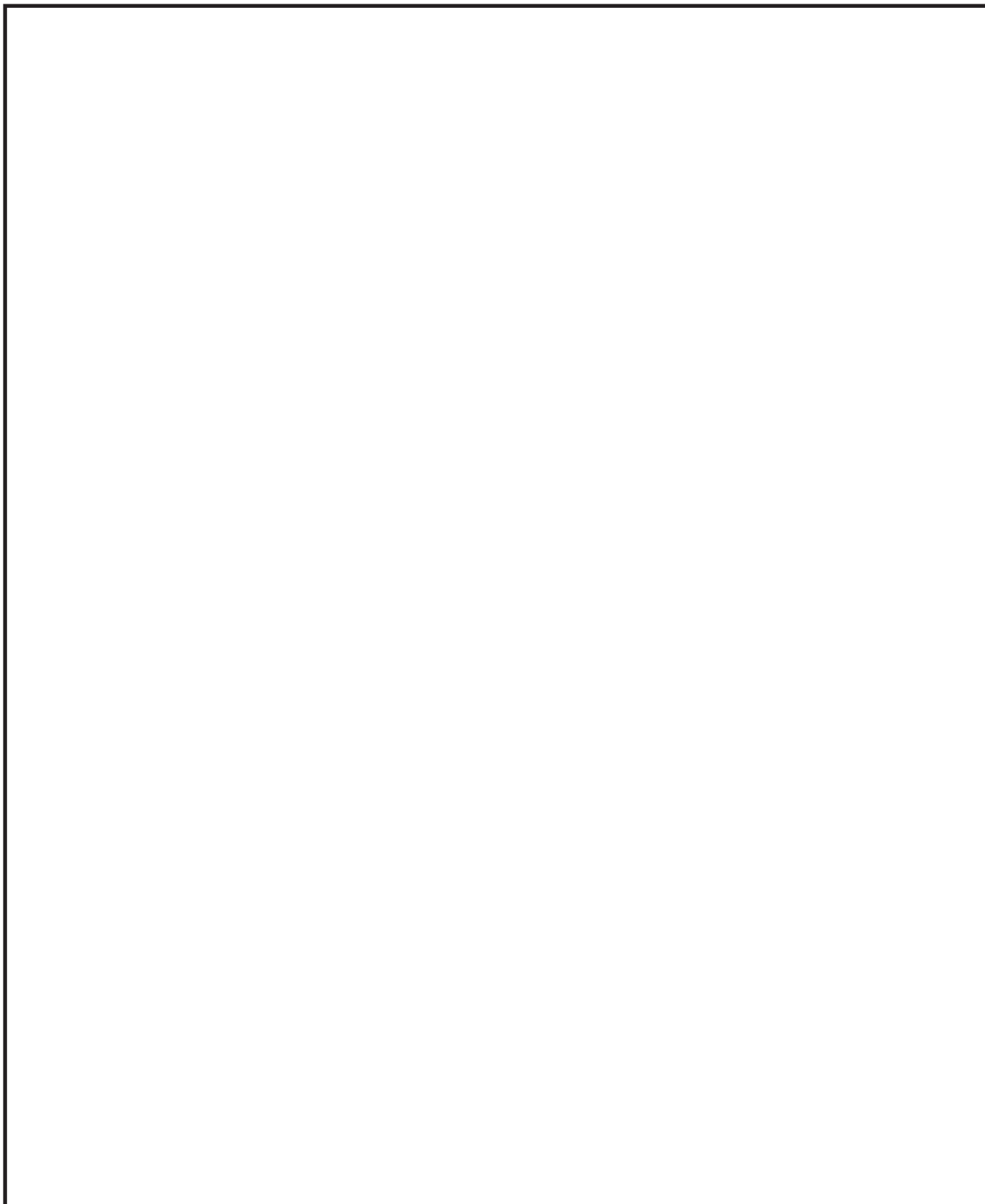
**IMA Ponda - Monthly Report for the month of July 2012**

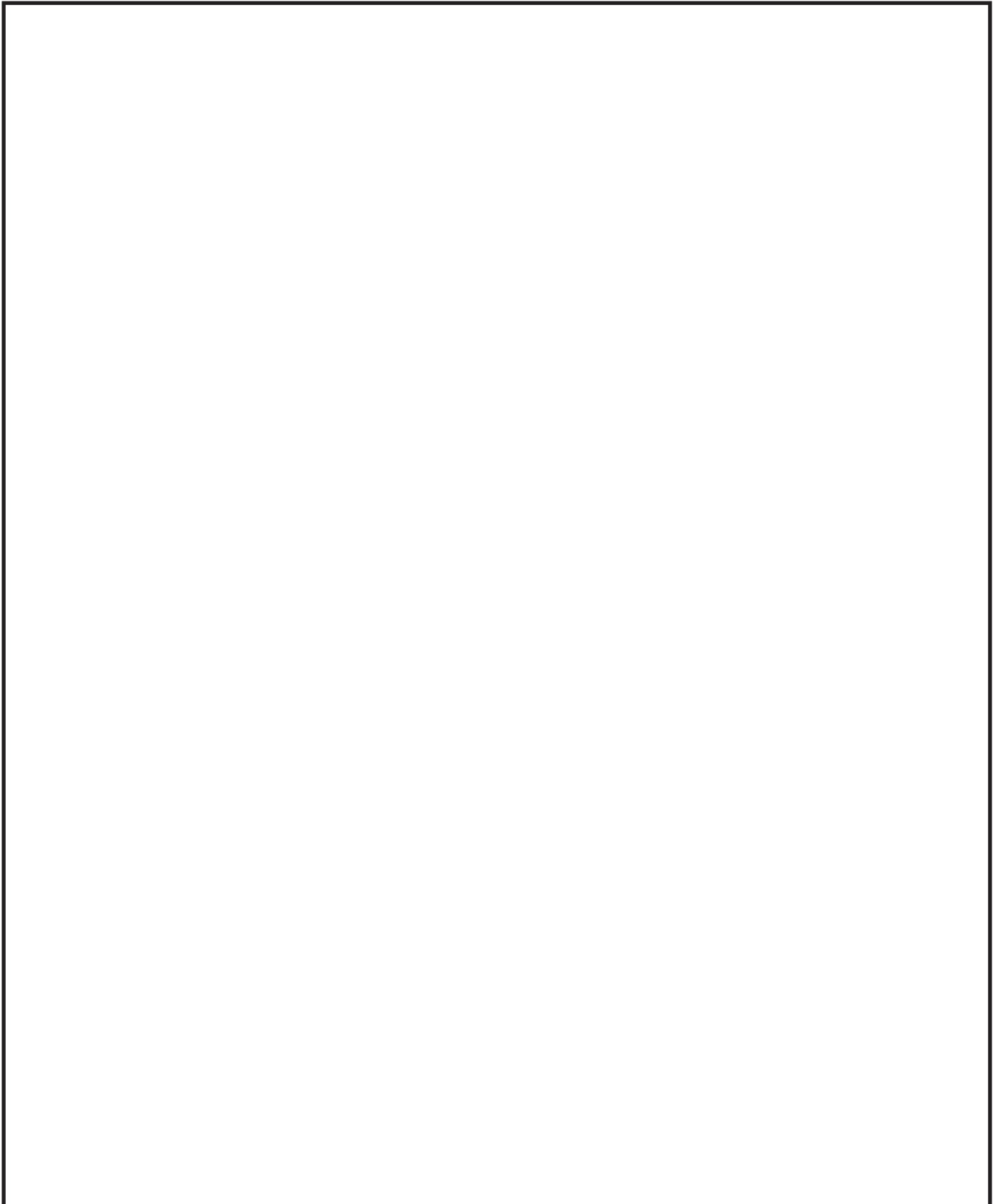
The seventh monthly meeting of IMA Ponda was held on 28th July 2012 at 8:30pm at IMA hall Ponda. At the outset Vice president Dr. Ajay welcome members and guests speakers. Dr. Ajay read and confirmed the minutes of previous meeting held on 30th June 2012. Dr. Basavaraj informed correspondence from IMA Goa state. 2 to 3 camps are planned in the month of August and September. Health camp for ladies under women cell at Kurti Khandepar area. Health screening camp at A.G.D. Alameda high school ponda for standard 9th and 10th Student. CME on Drugs and the Kidney. by Dr. Amol.Mahaldar MD, DM, Consultant Nephrologists.Session sponsored by Manipal Hospital.

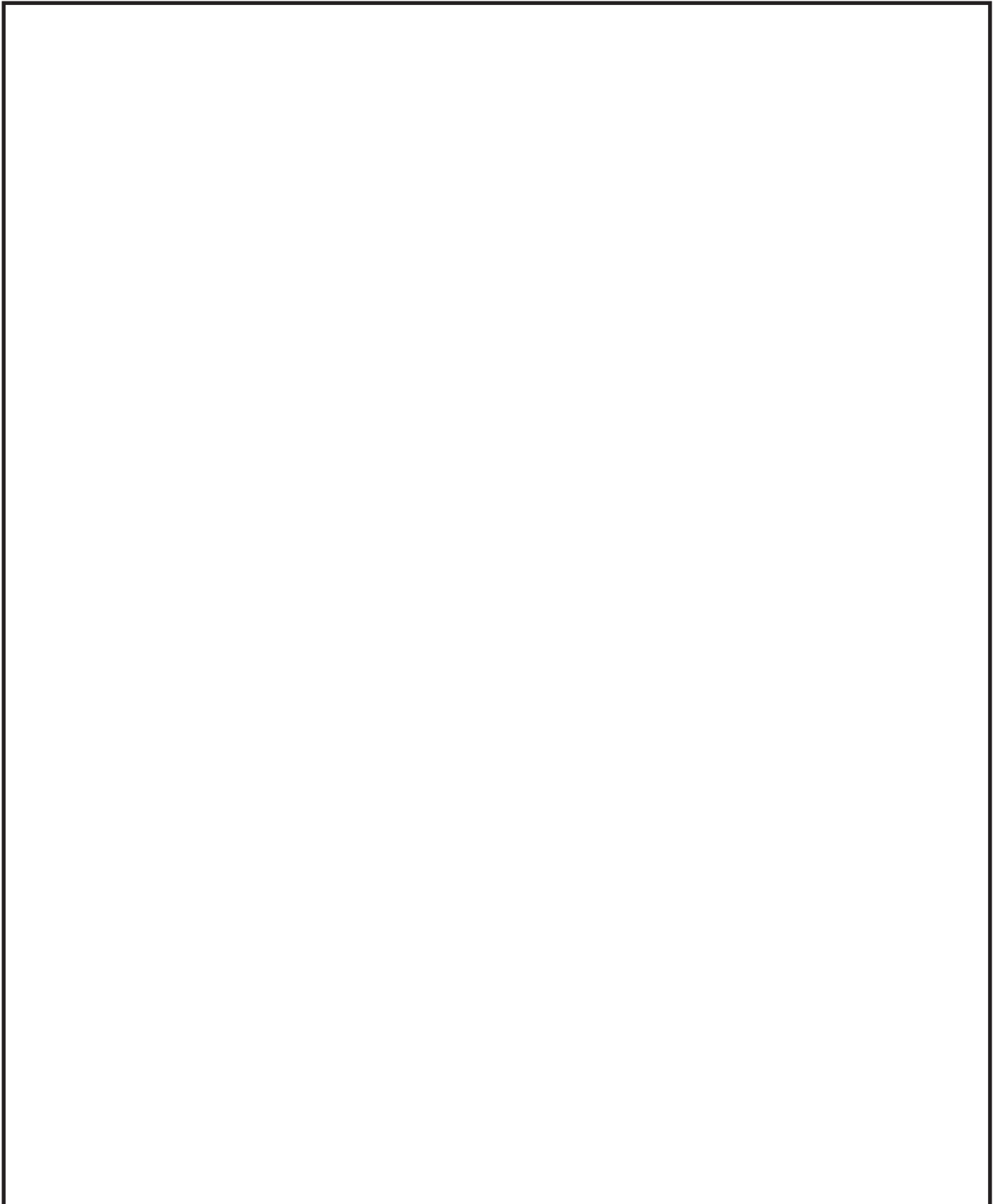


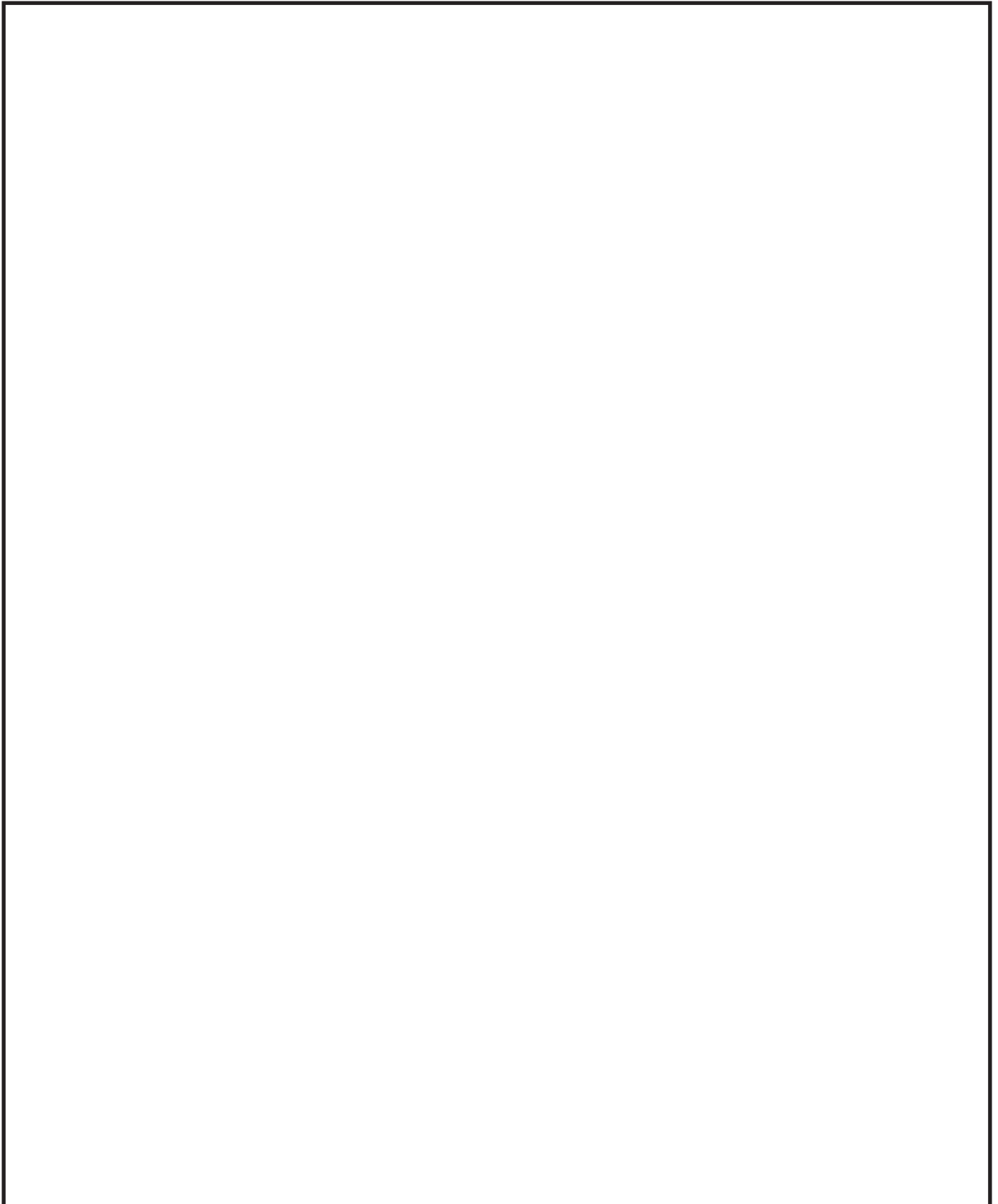
IMA News

April - July 2012











BRANCH ACTIVITIES

IMA TISWADI MONTHLY REPORT

A) Jan 2012

The installation of the new Committee for year 2012 of IMA Tiswadi was held on Friday, 20th January 2012 at Hotel Crown, Panaji, Goa. Since the old committee was asked to continue for another year (with a few changes) a formal installation and handing over was not required. Dr. Prasad Netravalkar (President) addressed briefly mentioned the achievements for the previous year and also vision for the forth coming year. Dr. Francisco Couto (Secretary) presented the Secretary's Report for the year 2011 and highlighted the various activities and achievements of the IMA Tiswadi in the past year. This was followed by the monthly meeting for the month of January 2012. The speaker for the meeting was Dr. Devananda N S, Consultant and Head of Department of Cardiothoracic Surgery, Manipal Hospital, Bangalore, who delivered two interesting lectures on "Aortic Anurysms and Dissections – Current Management" and "Minimally Invasive Cardiac Surgery". The meeting was followed by fellowship and dinner.



B) Feb 2012

i) Monthly meeting of IMA Tiswadi for February 2012

The monthly meeting of IMA Tiswadi was held on Friday, 24th February 2012 from 8pm onwards at Hotel Crown, Panaji, Goa. The speakers for the meeting were Dr. Manish Patel, Consultant in Aesthetic and Plastic Surgery, NUSI Wockhardt Hospital, Cuncolim who talked on "11 interesting cases in Plastic & Aesthetic Surgery" and Dr. Madhav D. Sanzgiri, Consultant Urologist, NUSI Wockhardt Hospital, Cuncolim who talked on "Recent Advances in Urology". The Goa Medical Council allotted credit points for the meeting. The meeting was followed by fellowship and dinner.



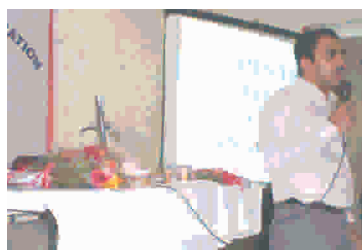
ii) Adolescence Programme on 23rd February:

On 23rd February 2012, IMA Tiswadi along with Rotary Club organised a lecture on "ADOLESCENCE, GROWING UP AND HEALTH PROBLEMS" for teenage girls of Peoples High School. Dr. Prasad Netravalkar (President, IMA Tiswadi) introduced the topic to students following which Dr. Ajit Nagarsekar, Assistant Professor of Gynaecology, Goa Medical College enlightened the teenage girl students with a well compiled power point presentation. The lecture went from 11am to 1.30pm. The students had lots of questions and answering them was delightful. It was emphasized that it is our duty to stress on good health and hygiene of adolescent girls because they are going to be the future mothers and let us all strive to bring in a healthier new generation. The lecture was attended by more than 100 girls and it was highly appreciated by the principal and staff. IMA Tiswadi plans to have similar activities in all schools of Panaji.



C) March 2012:

i) IMA Tiswadi held a meeting on 9th March 2012 from 8 PM onwards at the IMA Tiswadi Hall, Panaji. There were two presentations made. The first was a presentation by the Union Bank of India, Regional Office, Goa, on various Investment and Banking Products with special reference to Doctors. This was followed by a very interesting talk by Mr. Ashish Prabhu Verlekar, Chartered Accountant, on “When the Taxman comes knocking – Your rights, duties and responsibilities when Tax Officer comes for Survey” which was followed by a question answer session. The meeting was sponsored by Union Bank of India and was followed by fellowship and dinner.



ii) IMA Goa State CME on Diabetes on 16th March 2012:

The IMA Goa State CME on Diabetes was held by the IMA Tiswadi at Hotel Orion, Porvorim, Goa on Friday, 16th March 2012 from 8pm onwards. The IMA Goa State President Dr. H. P. Pai and IMA Goa State Secretary Dr. Anil Mehndiratta graced the occasion. Dr. Prasad Netravalkar (President IMA Tiswadi) welcomed the gathering and this followed by address by IMA Goa State President Dr. H. P. Pai. The IMA Goa State Secretary Dr. Anil Mehndiratta then introduced the speaker for the CME Dr. (Mrs). Neeta R. Deshpande, Endocrinologist & Consultant Diabetologist, Belgaum Diabetes Centre; Consultant Bariatric Physician, Weight Watch; and, Head of Department, Department of Medicine, Maratha Mandal Dental College, Belgaum. Dr. Neeta Deshpande talked on “Early Initiation of Insulin”.

iii) IMA Tiswadi – Disaster Management Cell programme on 2nd March 2012:

Dr. Sitakant Ghanekar, Past President IMA Tiswadi, conducted a Disaster Management Programme for industrial workers on 2nd March 2012 where various aspects of Disaster management were explained to the assembled workers numbering around 50 workers.



**IMA PONDA MONTHLY REPORT****A) Jan 2012**

The First monthly meeting of IMA Ponda for the year 2012 was held at IMA House Ponda, Goa on 28th Jan 2012 at 8:30pm. At the outset, President Dr. Rajiv Usagaocar welcomed the members and the guest speakers. Minutes of the previous meeting held on 17th Dec 2011 were read and confirmed. The President highlighted state president's call for participation in the ICDS program for adolescents (esp. girls and our appeal for volunteers to undertake education programs in schools.) Correspondence from IMA Goa State and IMA Headquarters and other matters was read by Dr. Basavaraj – Secretary, Ponda Goa. Report on joint executive meeting which was held on 18th Jan 2012 was read by the President Dr. Rajiv. Dr. N K Goyal was the guest speaker who spoke on: Innovations in the management of Kidney Stones. Dr. Mahendra Kudchadkar spoke on management of Arthritis.

Dr. Rajiv informed the members regarding the proposal from Dr. Vallabh Dhaimodkar, Secretary, IMA Ponda Charitable Trust for disposal of E Waste by Mr. Ashley.



B) Feb 2012 The second monthly meeting of IMA PONDA for the year 2012 was held at IMA house Ponda Goa on 25/2/2012.

At the outset, President Dr Rajiv Usagaocar welcome the members and guest speakers. Minutes of previous meeting held on 28/1/2012 were read and confirmed.

Dr Rajiv Usagaocar appreciated Dr. Dattaram, Dr. Nutan, and Dr.M. Mohandas for conducting leprosy skin and health camp at Savoi Verem. Also recent advanced treatment for leprosy was discussed. Proposal of camp at Keri was discussed. Dr. Basavaraj read information from IMA Goa State Branch. And also explained about giving awareness to the adolescent children about health and hygiene (The meeting was attended by Dr. Basavaraj and Dr. Vinod at Hotel HQ Vasco arranged by IMA Goa in association with DHS) Dr. Nutan Dev appealed to IMA Ponda members to report regarding Tuberculosis, Leprosy, Diabetes Mellitus and their number treated by Private Practitioners. Dr. Vallabha Dhaimodkar, Secretary Trust informed regarding delay in Land conversion process and approval on account of concerned staff from Collectorate office busy in election process. He also informed that if we succeed in completing all the formalities possibly we could start the process for laying of Foundation Stone of IMA GHAR on World Health Day i.e. April 7th. Dr. Dhaimodkar informed regarding donations to the Trust. Donations towards Corpus Rs 5000/- and more are exempted under 80 G of Income Tax. President Dr Rajiv Usagaocar welcomed Mr. Ashley who spoke on E-WASTE management and Dr. Anoopama Kudachadakar spoke on Pediatric Dermatology.

**IMA BARDEZ MONTHLY REPORT****A) Monthly Report Feb 2012**

a CME lecture on 'Emerging aspects of pain management in clinical practice' was held at hotel Orion on 18th Feb at 8 pm. The speaker, Dr Muralidhar Joshi, is a pain specialist & is also the Chief of Anaesthesia & Pain at Kamineni Hospital, Hyderabad. Dr Joshi explained the approach to pain in the individual patient and also highlighted the basis of using different types of drugs at lower doses to get a synergistic analgesic effect with less adverse effects.

B) Monthly Report March 2012

1) A workshop on 'Medical Certification of the Cause of Death' was held on the 4th March at 11am at hotel Orion. This workshop was hosted by IMA-Bardez branch in conjunction with the Directorate of Planning & Statistics. The need to fill up the correct details in the death certificate & the implications were discussed in detail by a team of experts. A total of 35 doctors from various fields attended the workshop. The workshop ended with lunch.

2) A CME lecture on 'RNTCP - a critical appraisal & emerging challenges' was held at hotel Orion on 10th March at 8 pm.

The speaker, Dr Uday Kakodkar, is a director-professor in the department of TB & Chest Medicine at Goa Medical College.

The role of RNTCP and its rationale were discussed in detail.

The issue of drug resistance was also discussed.

The role of the TB cell & its readiness to co-operate with the private sector was also discussed at length. The members were requested to report all cases of TB seen by them so that a correct statistical picture would be available.

3) A CME lecture on 'The art of initiating Insulin' was held at hotel Orion on 24th March at 8 pm. The speaker, Dr Shailaja Kale, is an endocrinologist from Pune. This lecture was an initiative by the IMA Goa State along with the Directorate of Health & Novo Nordisk Education Foundation. The importance of good control of sugar right from the beginning was highlighted.

IMA MORMUGAO MONTHLY REPORT**A) Monthly Report Jan 2012**

Installation of New Committee was held at Lapaz Gardens new office bearers of Indian medical association Mormugao branch for the year 2012 took charge. President Dr Shailesh Kamat, Secretary Dr Ajit Vaidya, Treasurer Dr Sumit Juwarkar were handed over the reins by Dr Baban Parulekar, Dr Wanda Veigas and Dr Gloria D'silva Kamat respectively.

On the occasion a CME on opportunistic infection of HIV and Renal transplant was organized. The guest faculty were Dr Rajesh Javherani and Dr Shital Lengade.

I) GOA STATE IMA INSTALLATION CEREMONY 08- 01-12

The installation ceremony of State Executive IMA ceremony was held on 8th January at Hotel HQ, Vasco Goa. The Chief Guest was Mr B Vijayan, Principal Secretary, Goa State. The special invitee being Dr Rajnanda Dessai, Director, Directorate of Health services, Goa. A CME programme was conducted on the same date on Endocrinology where Dr Uday Phadke, an Endocrinologist from Pune & Dr Ankush Dessai, an Endocrinologist from Goa, delivered talks on Diabetic Management & Thyroid Disorders respectively.

**II) Monthly meeting & CME held on 25-01-2012.**

Monthly meeting of Mormugao branch and a CME was held on 25th January at HQ hotel at 8.30 pm. Guest speaker of CME was Dr Raj Bramhabhatt sexologist from Mumbai. The CME is a part of series of CME's planned for all the branches by IMA Goa state on the Diabetes and its complication. At the outset Dr Anil Mehndiratta Hon. Secretary IMA Goa state informed the gathering about the planned CME's for all the branches. Then Mr Barde an senior official of Novo Nordisk foundation spoke on the diabetes registry in Goa state and appealed to all the members of IMA to take the benefit of registry and pass on the benefits to the attending patients.

Guest faculty Dr Raj Bramhbhatt spoke on the topic "Sexual dysfunction in diabetes mellitus", wherein he enumerated various ways by which diabetes affecting the sexual activity of an individual suffering from diabetes mellitus and enlisted measures to counter the same

The CME was sponsored by IMA Goa state in association with DHS and NovoNordisk foundation, it was accredited with 1 credit point by medical council.

B) Monthly Report March 2012

The Monthly Meeting and CME of IMA Mormugao was held at HQ hotel on 27th at 8.30 pm. Guest speaker for the CME was Dr Gladstone D'costa, consultant orthopaedic surgeon.

Dr Shailesh Kamat welcomed the gathering and announced the various committees for the GIMACON XXIV to be held on 29th and 30th of September 2012. All committees were approved unanimously. Dr Gladstone spoke on the topic

"Medical Councils and Medical Practice". He spoke about the functions & powers of different State Councils and Medical Council of India. Then he informed about the need of Registration and Renewal of registrations and need to attend CME, the various bodies authorized to organize CME's for credit points. Meeting was sponsored by HDFC BANK, Vasco da Gama, the representatives of bank spoke about different products/schemes of bank with special reference to doctors community. The meeting was attended by 51 doctors and was credited with 1 credit point by medical council.

Other activities :

1. Dr Namita Kamat held a pediatric camp at New Vaddem English High School on 08-02-2012, which was attended by over 100 students.
2. Two of our members Dr Uday Nagarsekar and Dr Shailesh Kamat were faculty for the training programme conducted by IMA, Goa state with DHS for resource persons from various branches of IMA.

**C) MONTHLY REPORT OF MARCH 2012.**

Following activities were conducted by Marmugao IMA branch in the month of March.

1. HEALTH CHECKUP CAMP AT ZUARINAGAR – 04TH MARCH.
2. ADOLESCENT HEALTH PROGRAMME – 21ST MARCH.
3. CME PROGRAMME – 22ND MARCH.
4. LECTURE ON RNTCP – 24TH MARCH.
5. LECTURE ON ALCOHOLISM – 25TH MARCH.

Prior to the holding the camp, entire area was surveyed by student formed NGO of BITS Pilani Goa Campus called NIRMAL. The survey included their economy, family size, education level, health care facilities, chronic illnesses, habits, sanitation etc.. About 200 people were examined and advised by the specialist doctors and required medication was provided free of cost. The NIRMAL student group also helped in creating awareness about the camp and motivating people to attend the camp and take the benefit of it. The staff of Zuari Industries Ltd health centre took part in the camp and helped in conducting the same. At the end school management thanked the doctors and student NGO for organizing such camp, creating awareness and screening people for various illnesses.

ADOLESCENT HEALTH PROGRAMME:

Under the adolescent health programme for schools a lecture was organized by our branch at English medium high school at New vaddem Vasco on 22nd of this month. Dr Shailesh Kamat and Dr Hema Mayekar spoke on the occasion. Dr Ajit Vaidya Secretary Marmugao branch was also present. The programme was attended by about 100 students and parents.

**CONTINUED MEDICAL EDUCATION (CME):**

Monthly meeting of Marmugao branch and a CME was held on 22nd March at the HQ hotel.

Meeting started with Dr Shilesh Kamat welcoming the gathering and thanking all the doctors, NIRMAL student NGO members for the successful camp held on 4th March. Few announcements regarding GIMACON, member registration and IMA news were made by Secretary Dr Ajit Vaidya. Meeting was followed by continued medical education programme wherein two guest speakers Dr Pankjam Vaidya and Dr Irineu Pereira spoke on “WOMEN & CAD” and “LEG ULCERS A SURGEON'S PERSPECTIVE” respectively. The meeting was sponsored jointly by VIVUS SMRC Heart centre and Astra Zeneca pharmaceuticals. The CME is accredited with 1 credit point by medical council.



LECTURE ON RNTCP:

Our Member Dr Anil Mehndiratta gave a lecture on RNTCP (Revised national Tuberculosis control programme), MDR & XD Tuberculosis to MPT Doctors, Nurses & paramedical staff on the occasion of world TB day on 24th march 2012.

LECTURE ON ALCOHOLISM:

Our member Dr Rajesh Patil associate Prof of Surgery GMC gave a guest lecture on "Alcoholism a disease and Alcoholics Anonymous a way out", on 25/03/2012 at Don Bosco high School Panjim to celebrate completion of 33 years of AA group of Panjim Goa.

IMA BICHOLIM - REPORT NOT RECEIVED

IMA MARGAO - REPORT NOT RECEIVED

IMA CQS - REPORT NOT RECEIVED



Height of humiliation plus insult....
A grammar freak girlfriend to her boyfriend
U R as useless as an 'ay' in 'okay'...



The doctor asks the patients : what is your weight ?
The patient replies : It is 55kg with spectacles.
The doctor asks : And without spectacles ?
The patient replies : I Can't see weighting machine without spectacles.



A newspaper reporter was writing a feature story about prison life and was interviewing one of the prisoners. "Do you watch much television here?"
Only the daytime shows " the inmate said. " At night we're locked in our cells and don't see any television."
"That's too bad, "the reporter said, "But I do think it is nice that the warden lets you watch it in the daytime."
"What do you mean, nice?" the inmate said. "That's part of the punishment."



HIGHLY PATHOLOGICAL AVIAN INFLUENZA

Unusual mortality among wild crows due to Highly Pathological Avian Influenza (HPAI) has been reported from number of states like Jharkhand, Maharashtra & Orissa. The strain of the virus is H5N1. Poultry deaths were also reported from Orissa, Meghalaya & Tripura.

Hence, Director General of Health Services, New Delhi and Directorate of Health Services, Goa has issued guidelines for the handling of dead birds.

Human cases of Avian Influenza has a high case fatality of approximately 60%. There is improved outcome if treatment is started early. Hence it is imperative that the passive surveillance for lower respiratory tract infection should be done in areas reporting crow deaths. Any lower respiratory tract infection reported from areas reporting crow/ poultry deaths and having history of exposure to dead birds should be started on Oseltamir. At the same time nasopharyngeal/ oropharyngeal swab should be taken and should be sent to the identified laboratories for the confirmatory diagnosis.

Also, around 300 cases of H1N1 are reported from Maharashtra, Gujarat, Tamilnadu and Andhra Pradesh. There are 21 deaths reported due to H1N1.



Value every minute

To realize the value of one Year : ask a student who has failed a final exam.

To realize the value of one month : Ask a mother who has given birth to a premature baby.

To realize the value of one week: Ask an editor of a weekly newspaper.

To realize the value of one hour: Ask the lovers who are waiting to meet.

To realize the value of one minute: Ask the person who has missed the train, bus or plane.

To realize the value of one second : Ask the person who has survived an accident.

To realize the value of one millisecond : Ask a person who has won a silver medal in the olympics.

Time waits for no one. Treasure every moment you have. You will treasure it even more when you can share it with someone special.

**Dr. UDAY NAGARSEKAR**

M.D. DGO. FICOG, PAST-VICE CHAIRMAN
INDIAN COLLEGE OF OBST - GYNECOLOGY
(ICOG)

NAUSEA AND VOMITTING OF PREGNANCY (NVP)

Nausea and vomiting of Pregnancy (NVP) is the most common medical condition in pregnancy, affecting 50 – 90% of women. “Morning Sickness” that heralds news of pregnancy in Indian homes is however a misleading name for the condition as only 13% of women have symptoms exclusively in the morning. The majority of women have symptoms before and after midday. The most severe form of NVP is commonly referred to as hyper emesis gravid arum (HG). HG defined as persistent vomiting that leads to weight loss greater than 5% of pre-pregnancy weight, with associated electrolyte imbalance and ketonuria occurs in 1% of pregnancies. Although NVP may be classified as mild, moderate or severe, the severity of nausea in vomiting may not adequately reflect the distress it causes. The most common etiologies for NVP include the hormonal changes associated with pregnancy, the physiologic changes in the gastro intestinal tract and a genetic predisposition. Many have postulated that nausea and vomiting are protective in pregnancy to reduce exposure to potentially teratogenic materials. Hyperemesis may have a genetic component as sisters and daughters of women with hyperemesis have a higher incidence. Hyperemesis is also associated with multiple gestation, triploidy, trisomy 21, molar pregnancy and hydrops fetalis.

Differential diagnosis:

Gastritis and peptic ulcer disease
Appendicitis
Cholecystitis and biliary colic
Diabetic ketoacidosis
Gastroenteritis

Urinary tract infection
Hepatitis
Ovarian torsion
Hyperthyroidism

Laboratory studies: These are required to be done after hospital admission in patient with hyperemesis. In all patients blood count and urine analysis to be done for Ketone estimation and to rule out urinary infection. Depending on clinical judgment other tests like serum electrolytes, creatinine, LFT may be done.

Imaging studies: The patients should have an ultrasonographic evaluation of her pregnancy to look for molar pregnancy or multiple gestation.

Management: Early treatment of nausea and vomiting of pregnancy may prevent progression to hyper emesis of gravidarum.



Dietary and life style changes: Recommendations include eating small frequent meals consisting of bland foods, avoiding salty, spicy and fatty foods. Avoid sensory stimuli particularly strong odours. Fatigue increases NVP and women are encouraged to increase their rest when they are symptomatic.

Non pharmacological therapies:

Ginger: This can be taken in the form of tea or tablet extracts. However, ginger is a non-regulated food product and purity and composition of preparations are uncertain.

Acupuncture & Acupressure: Stimulation of the P6 (Neiguan) point located three fingers breadth proximal to the wrist has been used for thousands of years by acupuncturists to treat nausea and vomiting from a variety of causes. Bands worn on the wrist to apply acupressure may also be needed.

In summary alternative therapies such as ginger supplementations, acupuncture and acupressure may be beneficial.

Pharmacological therapies:

Pyridoxine (Vit. B6) : 10 – 25 mg. PO tid-qid or can be given once a day in sustained release form.

Doxylamine: It is an H1 receptor antagonist and is currently available in most countries as a fixed combination of 10 mg doxylamine with 10 mg. pyridoxin. This has the most data on safety and efficacy including data in the first trimester. The usual dose is 2 tablets at bedtime and additional one tablet in the morning if required. Doxylamine is classified as FDA category B drug but is approved by Canadian, RCOG and American College of Obst. Gynaecology for its efficacy and safety as based on numerous studies.

Intravenous (IV) therapies: Fluid replacement by IV fluids with multivitamin IV supplementation is required in Hyperemesis gravidarum to correct dehydration.

Pharmacotherapy of refractory cases: Cases refractory to first line treatment with antiemetics require antiemetics like promethazine, ondansetron, prochlorperazine as second or third line therapy. However, their safety particularly in first trimester is not yet fully established. They are to be used in hospital set up under specialist care. Steroid like methylprednisolone is used as a last resort when maternal interest outweighs other issues in cases of very severe form of hyperemesis gravidarum with complications like Wernicks Encephalopathy, liver failure etc.

Termination of pregnancy: This is done as last option in intractable cases and also done for molar pregnancy.

Although NVP and HG are two of the most common medical conditions of pregnancy, management can be challenging to the clinicians. Not only is appropriate diagnosis essential in order to initiate treatment, but timing of diagnosis is just as critical to avoid delay in management.



**NATIONAL COMMISSION FOR HUMAN RESOURCES FOR HEALTH-BILL 2011
(NCHRH)**

The Govt. of India has decided to pass NCHRH Bill 2011 in the Parliament. The Bill is already tabled in the Rajya Sabha. There are many flaws & loopholes in the Bill ; hence the Indian Medical association after discussion and deliberations, has decided to oppose the bill in its present form. The reasons for the same are mentioned below :

The Indian Medical Association totally rejects the proposed “National Commission for Human Resources for Health Bill 2011 for the following reasons:-

(1) Supervision and regulation is not by dissolving. The Bill in its preamble says “..... to supervise and regulate professional Councils in various disciplines of health sector”. However subsequently it dissolves all the existing Councils and takes away all their duties and fund.

(2) Autonomy is lost. i) The statement of objects and reasons says “to empower the Central Government to supersede Commission, Board, Committee or National Council”. It gives autocratic power to Central Government to make the Commission to dance to its tunes i) And also clause 115 (2) page says “If the Commission or Board or Committee or National Council as the case may be fails (or) neglects to comply with such order, Central Government may make the regulations (or) amend (or) revoke the regulations made by the Commission, as the Central Government thinks fit. iii) National Commission, Board, Committee all will have only appointed or nominated members by the Central Government and no elected person will be there. iv) Clause 12 says Central Government may by order remove from office the chair person or any members of the Commission.

(3) Reduce the shortage and uneven distribution ? The statement of object and reason for the bill says “..... to reduce shortage, standardize quality and bridge the uneven distribution of existing workforce in the health sector”. No roadmap how the Government is going to reduce the shortage of manpower by forming this Commission is said without statistical evidence based input. Using attractive words will not solve the problem. No need to dissolve the existing health Councils to achieve this purpose. Health is a State subject and resources cannot be redistributed by Central Government. There is acute shortage of water & electricity in various parts of country. Will the Central Government constitute the Commission to make even distribution?”

(4) Do we need more specialists (or) Family Physicians ? Prime Minister of India said India needs more Family physicians and efforts will be taken to increase the importance of Family physicians. The bill does not talk about this but says..... to ensure uniform augmentation of trained specialist and super specialist” as its priority. 4 (g) Says “to constitute a fund to be called the National Commission for Human Resources for Health Fund” and 4 (h) says to transfer the assets, liabilities, rights, duties etc., of the existing Council to the Commission. There are different Councils with age old registered members and their fees as assets and transferring them to common pool and vesting the authorities with Central Government appointed Commission is not



acceptable. Funds of democratic Councils cannot be) Fund Transfer is the vision? transferred to autocratic body.

(5) What about the Ayush Council and Rehabilitation Council ? 4(k) page 54 says “to repeal the INC Act 1947, Pharmacy Act 1948, Dentist Act 1948 and IMC Act 1956 and dissolve the respective Council. However we are having AYUSH Council dealing with Health Care and Rehabilitation Council of India Act 1991. What will happen to this Council ?

(6) Audit and Accounting Clause 77 says even the accounts of State Councils will be audited only by the CAG of Central Government. State will have no role on this.

(7) Is the bill above the existing laws? Clause 100 & 101 says the decisions of the Commission cannot be questioned in the court of law and the agreed persons cannot seek legal remedies.

(8) Doctor doing any other occupation is misconduct ? The seventh schedule in continuation of section 68 in Part I (10) says engaging in any business (or) occupation other than health profession is a misconduct. This prohibits all career opportunities for health professionals.

(9) No elected members from Professional Associations in National Commission 1) National Commission the proposed supreme body with vested powers will have no elected members and State representatives to represent their needs and demands. 2) Professionals from other discipline of Management technology and law given place in this Commission will pave way for dilution and nepotism. 3) It is unfortunate in a democratic country that an elected representative of the Council is brought under appointed non democratic body.

(10) Common Entrance Examination by National Board of Health Education i) The proposed Common Entrance Examination by National Board, without providing common syllabus for +2 exams, will affect the students not having opportunity to study CBSE syllabus. This will imbibe the social fabric and reservation systems in each state. Many students study +2 in their regional language. So entry level common entrance is not a viable option. ii) Screening test for foreign graduates is welcome. But power of commission to exempt persons from appearing in screening test will jeopardize the system. iii) Power of National Board for Health Education to give equivalency certificate with foreign National Course is objectionable. iv) The role of democratic National Medical Council responsible for Medical Education is taken away and handed over to 7 members of National Board of Health Education. It is strange that no representative of Council (or) State is included in the Board. v) Distance education mode without hands on training is a dangerous move for licensing a human handler. vi) The vision to promote cross disciplinary programmes in health sector will enhance quackery (clause 30 (z))

(11) National evaluation and Assessment Committee 1) With only 6 members and quorum of 2 will be a mess to evaluate and take decision on the nearly 20,000 health institutions in all disciplines (Clause 37 e). 2) Using external evaluation agency will increase discrepancy.

(12) National Council i) The vision and objective with which the National Council is constituted is thrown in to dust bin and only the power of registration is restored with Councils. State Councils are

made merely the branches of Central Council. ii) The membership pattern is unacceptable. ii) Instead of one member for each state, one member for 5000 doctors must be emphasized .



(13) Registration in State Council valid only for the state. In contrast to the existing practice as per clause 57 (4), a candidate who has registered in State Council can practise only in the State of registration, and only when one registers in the National Council one can practise anywhere in India. This will negate State Councils and no one will come forward to register in the State Council.

- MEDICAL EDUCATION IS A SPECIFIED AREA.

- IN SHORT NCHRH IS OF THE GOVERNMENT BY THE GOVERNMENT AND FOR THE GOVERNMENT & NOT FOR THE HEALTH PROFESSION & EDUCATION.

- NCHRH WILL DEFINITELY AFFECT THE HEALTH EDUCATION AND HEALTH SCENARIO OF INDIA.

- INDEPENDENT COUNCIL IS THE NEED OF THE MEDICAL PROFESSION.

Prof. Dr. G.K. Ramachandrapa
National President, IMA

Dr. D.R. Rai
Hon. Secretary General, IMA



Wife comes home late at night and quietly opens the door to her bedroom.
From under the blanket she sees four legs instead of two.
She reaches for a Baseball bat and starts hitting the blanket as hard as she can.
Once she done, She goes to the kitchen to have a drink.
As she enters, she sees her husband there, reading a magazine.

"Hi Darling" he says,
"Your parents have come to visit us, so i let them stay in
our bedroom. hope you said hello to them"





XXIV GIMACON 2012

At Holiday Inn, Cavellosim, Salcete, Goa

On 29th and 30th September 2012

Host: Indian Medical Association, Mormugao Branch

Reg No : 161/Goa/2001 dated 25-09-2001

Dear fellow IMA Members,

Greetings from IMA Mormugao Branch.

We the members of IMA Mormugao Branch take immense pleasure in inviting you for the Annual IMA

Goa State Conference, XXIV GIMACON 2012 to be held on 29th and 30th of Sept 2012.

Keeping up with the tradition of IMA, Mormugao of introducing a new venue every time, we have chosen exotic location of "Holiday Inn" at Cavellosim, Salcete, Goa as the venue for the same.

We plan to make it a memorable event as far as the scientific session is concerned. In this regard we would like to provide you with a scientific extravaganza over the weekend, comprising of national as well as international faculty.

In order to minimize the fatigue component associated with crammed programme for 2 days, we have for the first time worked out a concessional package for those families which would like to extend their stay at the hotel prior to or following the conference. This will enable you to spend some quality time with your families thus mixing business with pleasure.

All the efforts put in by the organizing committee will be worthwhile only with support and active participation from all the members. So join us to make this annual mega event really a "MEGA EVENT".

Hoping and wishing that you come in large numbers and make the event successful and return back satisfied personally and professionally.

Dr. H. P. Pai	Dr. Shailesh Kamat	Dr. Ajit Vaidya	Dr. N. P. S. Savoikar	Dr. Anil Mehndiratta	Dr Sumeet Juwarkar
Chairman	Organizing President	Org. Secretary	Org. Secretary	State Co-ordinator	Treasurer

Secretariat :-Dr Ajit Vaidya, Medical Officer, Health Centre, Zuari Industries Limited, Zuari Nagar, Goa. 403726

Phone No :- (0091) (0832) 2592602, 2592102 Mobile :- 9881257929

E-mail :- AGVaidya@zuari.adventz.com



XXIV GIMACON 2012

Registration Form

Name : 1. GMC reg No
2. GMC reg No
Children 3. Age/Gender
4. Age/Gender

Member of IMA Branch/ Non Member

Address :

Tel No : Mob : Email :

Payment Break up Amount

Delegate fees (category A/B/C /D) -----

Accommodation charges (Category A/B/C/D/E/F) -----

Extended Stay (28-09-2012 / 30-09-2012/both)-----

Outstation cheque-----

TOTAL -----

Enclosed herewith cash/DD/ Cheque No of

in favour of 'INDIAN MEDICAL ASSOCIATION, MORMUGAO BRANCH'

Bank dated_____ for an amount_____

Date : Signature

**Delegate Fees****• Non Residential Delegates**

Category		Upto 31st Aug	Upto 15th Sept	Spot if possible
A.	Single IMA member delegate	Rs. 1600	Rs. 2200	Rs. 2500
B.	Couple IMA member delegate (Medical / Non Medical Spouse)	Rs. 3000	Rs. 4200	Rs. 4800
C.	Non IMA member delegate	Rs. 2000	Rs. 2500	Rs. 3000
D.	Ima Student wing member	Rs. 800	Rs. 1000	Rs. 1500

- Residential Delegates – Accommodation Tariff + Delegates fee as applicable .In order to avail of accommodation, it is mandatory to register as delegate except for children.

Accommodation Tariff

Category		
	• Single Occupancy	Rs. 5000 per person
A	• Double Occupancy (Twin Sharing)	Rs. 2500 per person
B	• Child above 12yrs with bed	Rs. 2200 per person
C	• Child above 12 yrs without bed	Rs. 1800 per person
D	• Child Between 6yrs and 12 yrs	Rs. 1200 per person
E	• Child below 6yrs	No Charges

Special Offer for GIMACON delegates

Anybody desirous of extending their stay at Holiday Inn either prior to the conference(28-09-2012) or afterwards(30-09-2012) can do so at concessional rates of Rs 3250 per person on twin sharing basis inclusive of all 3 meals. Child below 6 yrs will be free. Child between 6 and 12 yrs will be charged Rs 1200 per head . Child between 12 and 18 yrs without bed will be charged Rs 1800 per person. Child above 12 years with bed will be charged Rs 2200 per person.

Payments through cash/DD or payable at par cheques only. Add Rs 50 for outstation cheques